

The Quarto Group | Spring 2022: Adult



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WWW.QUARTOKNOWS.COM



The Quarto Group  
Spring 2022: Adult



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## The Quarto Group UK

**Aurum** a narrative non-fiction list showcasing great writing and compelling storytelling with a range of titles from memoir to polemic, food, feminism, history, nature and travel writing.

**Frances Lincoln** was founded in 1977 and publishes books on art and culture, gardening, London, and walking and the outdoors. We also have a well-established stationery list, in particular our bestselling line of products created with the Royal Horticultural Society. We produce beautifully crafted, premium quality books that will be a source of information and pleasure for many years.

**Ivy Press** produces titles that will inspire you, books that will show you how to make things, books that will make your mouth water, books that will inform you, books that will expand your mind, and books that will stimulate you, however much you already know. Its bestselling non-fiction list includes titles on natural history, general reference, popular science, art, craft, design and the internationally acclaimed *30-Second* series which has been translated into 30 languages.

**Leaping Hare Press** creates beautiful books to inspire and empower readers to translate ethical and spiritual values into practical, meaningful life choices. From planting a wildflower seedbomb to mindfully walking along a busy street, our books are guides to connecting to each other and the natural world. Penned by heart-led, expert authors, our conscious living titles embrace community spirit and explore ecological principles in a positive way – delivering that feel-good factor too.

**White Lion Publishing.** Our books are designed to invite you in, using fresh voices and exploring new ideas that entice and inspire the reader. We focus on searching for authors with a growing platform, who speak directly to readers as experts with voices that resonate. Full of possibility, our list ranges across lifestyle, issues and activism, food & drink, travel, self-care, spirituality and popular culture.



Welcome to **Aurum**, Quarto's narrative non-fiction list, home to great writing and compelling storytelling.

We publish a highly curated list of eight to ten new titles a year, from memoir to polemic, food, feminism, nature and travel writing. Our books win prizes. They're discussed by reading groups, recommended to friends and read on holiday.

New to the list are Hannah Bourne-Taylor's extraordinary debut nature memoir *Fledgling*, the laugh-out-loud travel memoir *Shape of a Boy* by Kate Wickers and Rachael Lennon's feminist history of marriage, *Wedded Wife*. Jen Benson's *The Wild Year* tells her story of camping wild in the UK and Helen Humphreys celebrates canine companionship in *And A Dog Called Fig*.

Aurum's mission is to discover and nurture new writing talent, publish with passion and panache and reach the widest possible readership for our books.

Follow our latest news on Twitter: @Aurumpress.

With best wishes,

*Katie Bond*

Publisher, Aurum



**APRIL 2022**  
9780711266674  
£16.99  
288pp | 135 x 216mm | HB  
Rights: Commonwealth exc US &  
Canada  
Nature Memoir

## FLEDGLING

Hannah Bourne-Taylor

Hannah Bourne-Taylor grew up loving birds. Her parents taught her about the wonders of the British countryside before she could read or write. Years later, after moving to Ghana for her husband's work, Hannah's life radically changed, and it was the birds that offered a glimmer of hope. Striving to belong in the rural grasslands far away from home, *Fledgling* examines the struggles of reshaping an identity when normal life has fallen away.

Fuelled by the quiet power of nature, *Fledgling* is the raw and uplifting account of Hannah's

unexpected bonds with two wild birds which she rescued, raised and released back into the wild.

Full of determination and compassion, *Fledgling* is a powerful meditation on our instinctive connection to nature. It shows that even the tiniest of birds can teach us what is important in life and how to embrace every day.

- Debut author with prize-winning potential.

**HANNAH BOURNE-TAYLOR** graduated from the London College of Fashion, with a First in Photography. After a decade in Ghana, she now lives in Chipping Norton in Oxfordshire and is working on her second book. Twitter: @WriterHannahBT

Fledgling artwork © Helen Crawford-White



**“A tender, passionate and absorbing memoir, shot through with love for the natural world.”**

**Lev Parikian**

**“A book about love and longing, and the necessity of being needed. Nature lovers will find so much to move them in this warm-hearted, uplifting book.”**

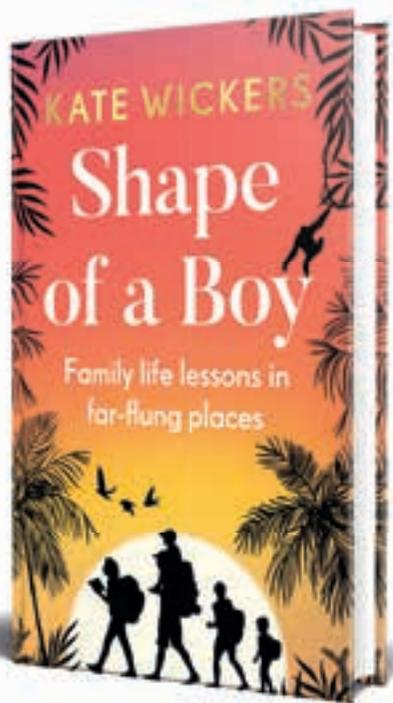
**Cal Flynn**

**“Haunting and joyously immersive.”**

**Richard Girling**

**“*Fledgling* gladdens the heart.” Stephen Moss**

**“A book full of hope.” Tessa Boase**



**JANUARY 2022**  
9780711267176  
£16.99 | \$20.00 US | \$25.00 CAN  
272pp | 135 x 216mm | HB  
Rights: World English  
Travel Memoir/Parenting

**SHAPE OF A BOY**  
FAMILY LIFE LESSONS IN FAR-FLUNG PLACES  
*Kate Wickers*

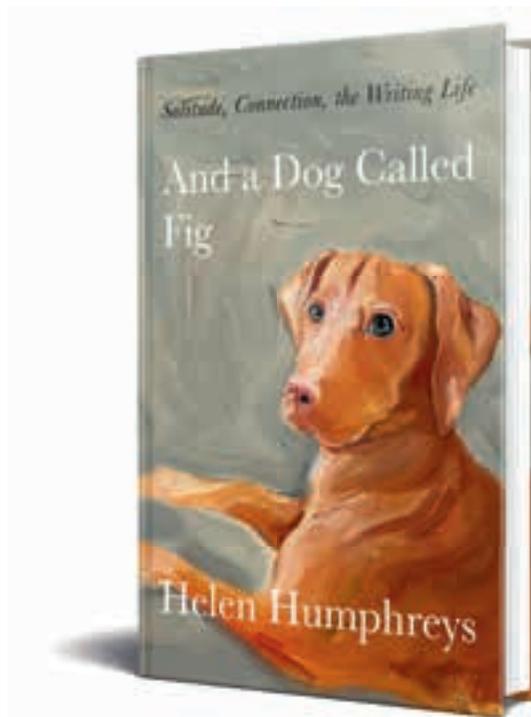
***Shape of a Boy* is a laugh-out-loud travel memoir by the mother of three boys.**

“Have kids, will travel” is veteran travel journalist Kate Wickers’ mantra. Her intrepid spirit is infectious in this warm, engaging account of her family’s adventures and misadventures. She shares the life lessons learnt on their travels, from overcoming disappointment in Thailand to saying sorry in Japan, discovering perseverance in Borneo and learning about conservation in

Malaysia. Kate’s vivid evocation of the highs and lows of family time make you belly-laugh and bring a lump to your throat.

From the plains of the Serengeti to the cowboy towns of Cuba to the rainforests of Borneo, *Shape of a Boy* captures the essence of being a parent in the thick of it and learning on the hoof. Inspirational for anyone who has dreaded travelling with a baby, toddler, or teen, it is life-affirming read for every wannabe-traveller.

**KATE WICKERS** is a travel journalist who writes for national newspapers and magazines in the UK, US and Australia. She lives in Windsor and is writing her second book. Twitter: @KateWickers



**MARCH 2022**  
9780711267145  
£12.99  
272pp | 129 x 198mm | HB  
Rights: UK & Commonwealth  
excluding Canada  
Dogs/Memoir

**AND A DOG CALLED FIG**  
*Helen Humphreys*

‘It’s not often that a book inspires as much as it entertains, but somehow I felt like a better person after reading *And a Dog Called Fig*... It’s a rich, sumptuous, and brilliant book.’  
Patricia McConnell, author of *The Education of Will*

**A love song to the dogs who come into our lives, and everything they bring – sorrow, mayhem, meditation and joy.**

Award-winning novelist and poet, Helen Humphreys’ memoir of the writing life told through the dogs

she has lived with and loved over a lifetime, culminating with the recent arrival and settling in of Fig, a Vizsla puppy. Interspersed are stories of other writers and their companions: Virginia Woolf and Grizzle, Gertrude Stein and Basket, Thomas Hardy and Wessex – the dog who walked the dining table at dinner parties, taking whatever he liked – and many more.

“Humphreys is unquestionably one of Canada’s best. Her writing is graceful, poetic, and sublime.” Peter Robb, author of *Midnight in Sicily*.

**HELEN HUMPHREYS** is an acclaimed and award-winning author of fiction, non-fiction and poetry. Born in Kingston-on-Thames in the UK, she lives in Kingston, Ontario in Canada.



**MAY 2022**  
9780711267305  
£16.99 | \$22.99 US | \$29.99 CAN  
320pp | 135 x 216mm | HB+Jacket  
Rights: World  
Biography & Autobiography/Personal  
Memoirs

## THE WILD YEAR

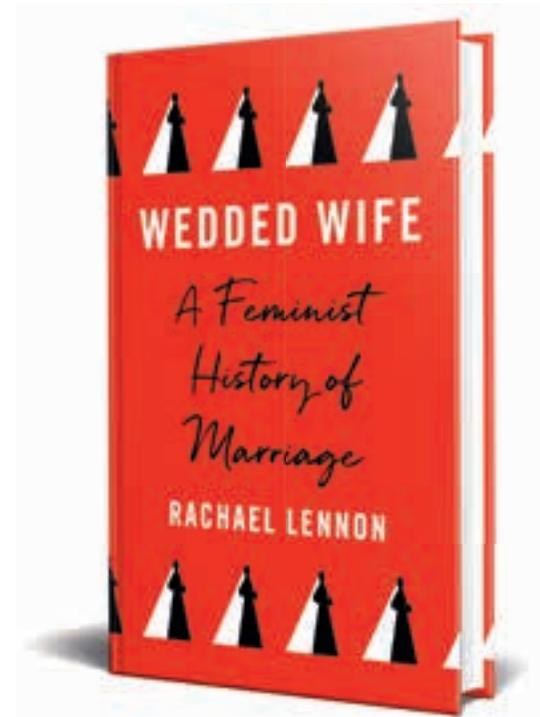
*Jen Benson*

**Nature writ large - with the joys and challenges of each season experienced under canvas.**

With a baby and a toddler, mounting debt, work demands and stress trampling over their desire to spend time together as a family in nature, Jen and Sim Benson move out of

their rented accommodation, sell their possessions and live in a tent for a year as nomads around rural Britain. This is their story - the highs and the lows - the doubts, epiphanies and, of course, the weather.

**JEN BENSON** has a passion for wild places and sustainable adventures. A marathon, ultramarathon and Ironman triathlon runner, she writes regularly for the national press. Jen and her husband Sim live in Bradford-upon-Avon with their two young children. They have co-written several books including *Wild Running*, *Short Walks in Beautiful Places*, *Amazing Family Adventures* and *100 Great Walks with Kids*. Twitter/Instagram @jenandsim



**JUNE 2022**  
9780711267114  
£16.99 | \$22.00 US | \$29.99 CAN  
304pp | 135 x 216mm | HB  
Rights: World  
History/Social History

## WEDDED WIFE

A FEMINIST HISTORY OF MARRIAGE

*Rachael Lennon*

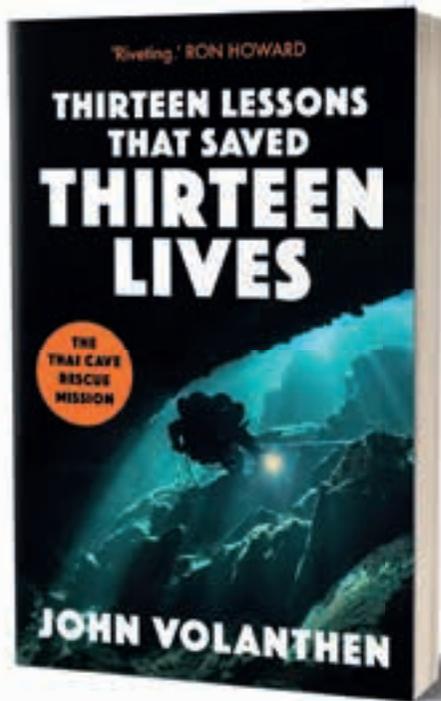
**This is an intimate but wide-ranging intersectional history of marriage, tracing the improvement in women's lot over 500 years.**

Feminist historian Rachael Lennon examines marriage traditions and rituals, interspersed with her own experience of planning a same-sex wedding. From Eleanor of Aquitaine to Tudor queens, the lives of enslaved Africans to East India Company children - Rachael explores the brutal realities of women's experiences, together with centuries of activists who have transformed the institution of marriage. And in

shaking off patriarchal expectations, Rachael celebrates a more joyful present.

*Wedded Wife* is a timely reappraisal of marriage by a recently-married feminist historian. It is a joyful celebration of marriage suitable for an engagement or wedding present for the couples (2.1 million in the US, 250,000 in the UK and 120,000 in Australia) getting married each year.

**RACHAEL LENNON** is a curator of hidden histories. Having grown up understanding that marriage was between a man and a woman, she married her wife Claire in Northumberland in 2017. Rachael curated the National Trust's award-winning *Prejudice and Pride*, a programme of LGBTQ+ exhibitions, publications, podcasts and events across England, Wales and Northern Ireland.



'Ron Howard's movie *Thirteen Lives* releases on April 2022. *The Rescue*, the documentary from the directors of *Free Solo* is out October 2022

**MARCH 2022**  
 9780711266100  
 £9.99 | \$15.00 US | \$20.00 CAN  
 304pp | 198 x 129mm | TPB  
 Rights: World English  
 Autobiography/Cave diving

## THIRTEEN LESSONS THAT SAVED THIRTEEN LIVES

THE THAI CAVE RESCUE MISSION

John Volanthen

*Thirteen Lessons that Saved Thirteen Lives* is the inside story of one of the most incredible rescues of all time.

British diver John Volanthen tells how he found and saved the Thai youth soccer team trapped in the flooded cave at Tham Luang. Paperback publication coincides with the release of the major Hollywood motion picture *Thirteen Lives*, directed by Oscar-winning director Ron Howard. Colin Farrell stars in the movie as diver and author John Volanthen.

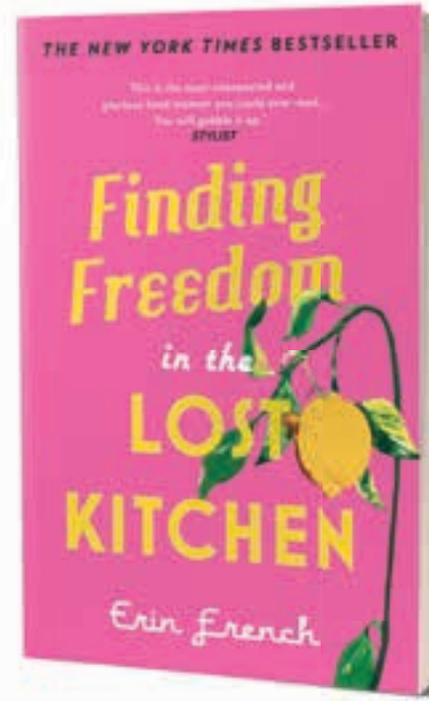
"Riveting... The suspense and emotion are palpable. A powerful

story written by a hero who lived it." Ron Howard

"A profound and thrilling read." Colin Farrell

"In his new book, *Thirteen Lessons That Saved Thirteen Lives*, John reveals the nail-biting moments that left him preparing for the worst - from sedating the boys with ketamine to the exhausting swim for survival... He tells of the operation in heart-stopping detail, while also sharing the coping techniques he employed which can be used in everyday life." *Daily Mirror*

**JOHN VOLANTHEN** began caving with the Scouts at the age of 14. He is now a record-holding British cave diver whose many awards include the George Medal. He lives in Bristol and is always on standby for the next rescue.



THE UNPUTDOWNABLE  
 NEW YORK TIMES BESTSELLER -  
 NOW IN PAPERBACK

**MAY 2022**  
 9780711265349  
 £12.50  
 320pp | 138 x 216mm | TPB  
 Rights: UK & Commonwealth  
 excluding Canada  
 Memoir/Food

## FINDING FREEDOM IN THE LOST KITCHEN

Erin French

*Erin French's life-affirming memoir about survival, renewal and the pleasure of bringing joy to people through food.*

From Erin French, owner and chef of the critically acclaimed The Lost Kitchen, comes a life-affirming memoir about survival, renewal and the pleasure of bringing joy to people through food.

"This is the most unexpected and glorious food memoir you could ever read... You will gobble it up." *Stylist*

"A story of the triumph of true passion against all odds. With grit,

honesty, and lyrical writing, Erin French takes us on her journey... *Finding Freedom* is a wild ride, one you won't soon forget." Stephanie Danler, author of *Sweetbitter*

"*Finding Freedom in the Lost Kitchen* is a tale of hard knocks, second chances and a feverish passion for fancy, joy-inducing food." *Sunday Times Style Magazine*

"What impresses me most about this book is Erin French's evocative writing about food. She describes it so well you can taste it." *Wall Street Journal*

**ERIN FRENCH** fell in love with food working at her dad's diner and found her calling as a professional chef. From medical student to pregnant teen, survival as a jobless single mother broken by heartbreak and addiction, she rebuilt her life around the solace she found in food. This rollercoaster memoir reveals the passion and courage behind The Lost Kitchen's fairytale success.

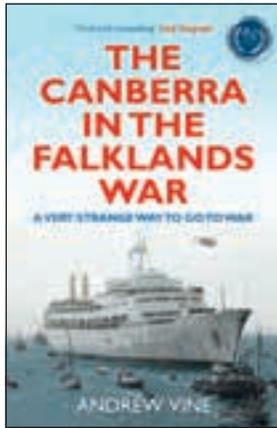


**MARCH 2022**  
 9780711275379  
 £9.99 | \$15.00 US | \$20.00 CAN  
 208pp | 198 x 129mm | PB  
 Rights: World  
 Eco-Activism

**SMALL WORLD, BIG IDEAS**  
 ECO-ACTIVISTS FOR CHANGE

*Small World, Big Ideas* brings together twelve of the most inspiring and courageous activists to present an inspiring vision of what each of us can do to make a better world today. Satish Kumar curates eco-activism inspiration from leading global environmental campaigners including Bill McKibben, Deepak Chopra, Roger Hallam and Jane Goodall. Published ahead of Earth Day on 22 April 2022, this anthology shows what each of us can do to save the planet.

A former Jain monk, Satish Kumar is an international peace and environment activist, the long-standing editor of *Resurgence* and the *Ecologist* and the co-founder of Schumacher College.



**MARCH 2022**  
 9780711276161  
 £9.99 | \$16.00 US | \$20.00 CAN  
 326pp | 198 x 129mm | PB  
 Rights: World  
 Falklands War History

**THE CANBERRA IN THE FALKLANDS WAR**

A VERY STRANGE WAY TO GO TO WAR  
*Andrew Vine*

Published to coincide with the 40th anniversary of the Falklands War (2 April-14 June 1982), this is the extraordinary story of a luxury ocean liner requisitioned as a troop ship to carry the Marines and Paratroops into battle in the Falklands. The ship's crew of waiters, cooks, nurses and cleaners suddenly found themselves thrust onto the front line.

It's a captivating story, drawing from first-hand accounts and previously unpublished archives, of the heroic courage of ordinary British men and women under fire. Against all odds SS Canberra survived, playing a vital role as a hospital ship. At the end of the war she arrived back in Southampton to a heroes' welcome.



DRAFT COVER

**APRIL 2022**  
 9780711276925  
 £9.99  
 192pp | 198 x 129mm | TPB  
 Rights: World  
 Nature/Endangered Species

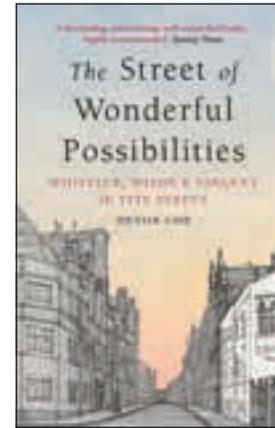
**GONE**  
 A SEARCH FOR WHAT REMAINS OF THE WORLD'S EXTINCT CREATURES

*Michael Blencowe*

"Really, really well written." Chris Packham

*Gone* tells the compelling stories of eleven extinct species from the Greck Auk to Xerces Blue, the Dodo to Schomburgk's Deer.

Inspired by his childhood obsession with extinct species, Blencowe takes us around the globe - from the forests of New Zealand to the ferries of Finland, from the urban sprawl of San Francisco to an inflatable crocodile on Brighton's Widewater Lagoon. Spanning five centuries, each extinction story is different. Warm, wry and thought-provoking, *Gone* is a clarion call to protect our incredible wildlife.



**JUNE 2022**  
 9780711274525  
 £9.99  
 288pp | 198 x 129mm | TPB  
 Rights: World  
 History/Art/London

**THE STREET OF WONDERFUL POSSIBILITIES**

WHISTLER, WILDE AND SARGENT IN TITE STREET  
*Devon Cox*

"A fascinating, entertaining, well researched book... highly recommended."  
*Sunday Times*

A cultural biography portraying a fascinating slide of London history, *The Street of Wonderful Possibilities* focuses on one of the most influential artistic quarters in the late nineteenth and early twentieth centuries - Tite Street. Here a staggering amount of talent thrived, including James Abbott McNeill Whistler, Oscar Wilde and John Singer Sargent.



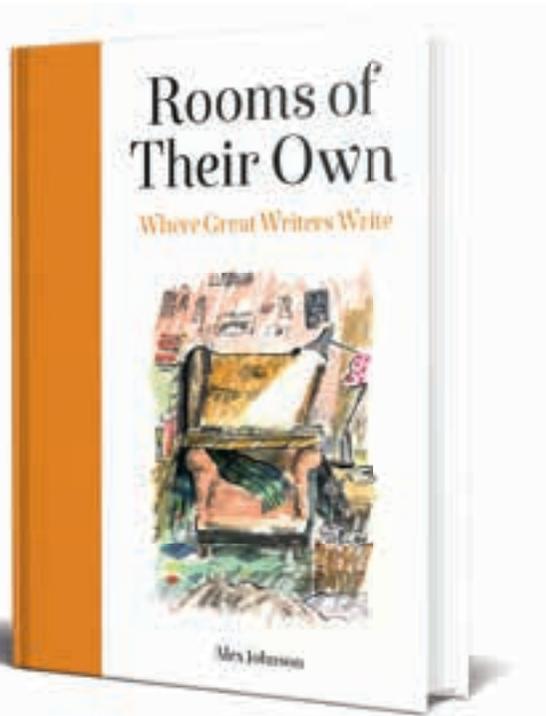
**F** FRANCES  
**F** LINCOLN

**Frances Lincoln** was founded in 1977 and publishes beautifully crafted, premium quality books that will be sources of information and pleasure for many years. We have a highly regarded, long established list on gardening that includes a host of well-known names and we are also the publisher of the much loved walking guides by Alfred Wainwright. Other areas of focus include books on the history of Britain and London and an ever growing list of innovative titles on art and culture.

This spring we have an outstanding list of gardening titles. In particular we are launching an exciting new line of books in partnership with the beautiful and inspiring *Bloom* magazine. These present traditional gardening knowledge in a fresh and original way, mixing expert advice with stunning design and photography. Also in gardening we have a topical book on sustainability and enticing gift books on philosophy and medicine for the curious gardener. In art and culture, we have *Women's Work*, a fascinating study of how modern women artists have elevated decorative arts and crafts into fine art, as well as a wonderful book on writer's rooms.

*Philip Cooper*

Publisher, Frances Lincoln



**APRIL 2022**  
 9780711258013  
 £16.99 | \$24.99 US | \$29.99 CAN  
 192pp | 170 x 225mm | HB  
 175 illustrations  
 Rights: World  
 Biography & Autobiography/Literary  
 Figures

**ROOMS OF THEIR OWN**  
 WHERE GREAT WRITERS WRITE

Alex Johnson

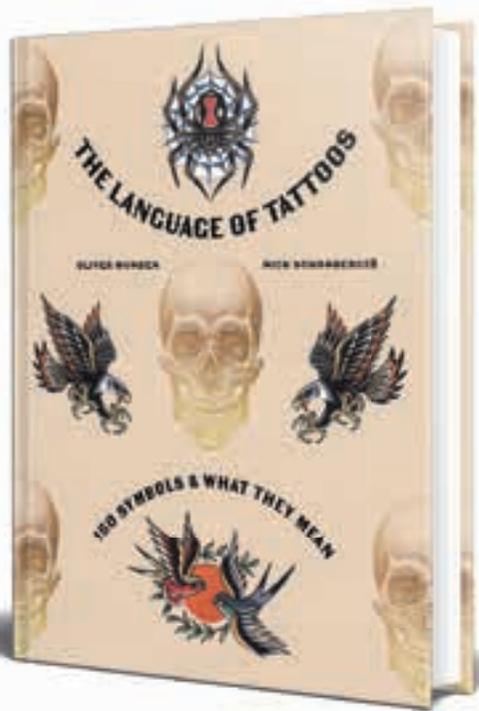
In *Rooms of Their Own*, Alex Johnson travels around the world, across centuries, continents and genres, to examine the unique spaces in which famous writers created their most notable works.

Discover the writing rooms of fifty great authors – from attics and studies to billiard rooms and bathtubs, private islands, hotel rooms and towers – and learn how each preferred to write and the routines and habits they perfected. Bibliophiles will be transported to other worlds, budding writers will find inspiration and lovers of literature will gain deeper insight into their favourite authors.

ALEX JOHNSON is a journalist, blogger and the author of *A Book of Book Lists*, *Improbable Libraries*, *Bookshelf* and *Shedworking: The Alternative Workplace Revolution*. He runs the websites *Shedworking* at [www.shedworking.co.uk](http://www.shedworking.co.uk) and *Bookshelf* at [www.onthebookshelf.co.uk](http://www.onthebookshelf.co.uk).

- The perennial question asked of all authors is “How do you write?”. This stimulating and entertaining book outlines the spaces, habits and routines of the world’s most loved writers. Perfect for bibliophiles, aspiring writers and anyone interested in the routines and lives of creative people.
- The ultimate escapism: transports you across centuries, continents and genres in the company of some of the most lively characters in the literary world.





**MAY 2022**  
9780711267862  
£16.99 | \$28.00 US | \$33.00 CAN  
224pp | 170 x 224mm | HB  
Rights: World  
Art/Body Art & Tattooing

## THE LANGUAGE OF TATTOOS

150 SYMBOLS AND WHAT THEY MEAN

*Nick Schonberger*

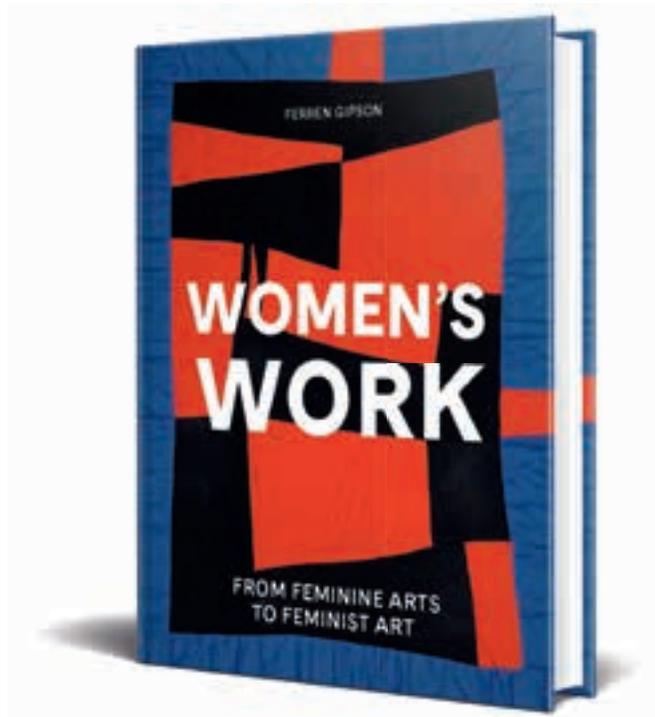
**Tattoos are everywhere: one in three of us has at least one. Body art is one of the most popular ways of expressing our identity and beliefs.**

This book uncovers the meanings behind tattoo symbols, delving into the history of the most popular motifs that recur in many different tattoo styles, including tribal, traditional, Japanese and realistic.

Over 150 symbols are grouped according to their meanings, whether it's good luck, freedom, wisdom, power, spirituality or love. Both a visual delight and a fascinating insight into the rich cultural heritage of tattooing, this is the perfect book for anyone wanting to learn more about tattoo symbolism – or who just loves tattoo art.

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**NICK SCHONBERGER** is a writer, blogger and critic on fashion, culture and music, based in New York. He is the co-author of *TTT: Tattoo* (2018) and *The Graphic Art of Tattoo Lettering* (2019).



**MARCH 2022**  
9780711264656  
£25.00 | \$35.00 US | \$45.00 CAN  
224pp | 195 x 245mm | HB  
140 colour illustrations  
Rights: World  
Art/Women Artists

## WOMEN'S WORK

FROM FEMININE ARTS TO FEMINIST ART

*Ferren Gipson*

**A celebration of the innovative, brilliant artists reclaiming the idea of “women’s work”.**

In the history of western art, decorative and applied arts – quilting, embroidery, ceramics – were devalued, separated from the “high arts” of painting and sculpture and deemed more suitable for women. But artists began to reclaim and

redefine them, energising them with vision, imagination and the expression of the female experience. *Women's Work* highlights the artists who defied the long-standing hierarchy and who, through, experimentation, invention and assertion of identity, transformed their medium.

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**FERREN GIPSON** is an art historian, writer and presenter. She is the host and producer of the Art Matters podcast, a doctoral researcher at SOAS, University of London and the author of *The Ultimate Art Museum* (Phaidon).



**bloom**  
gardening • nature • inspiration

### Bloom books for Frances Lincoln

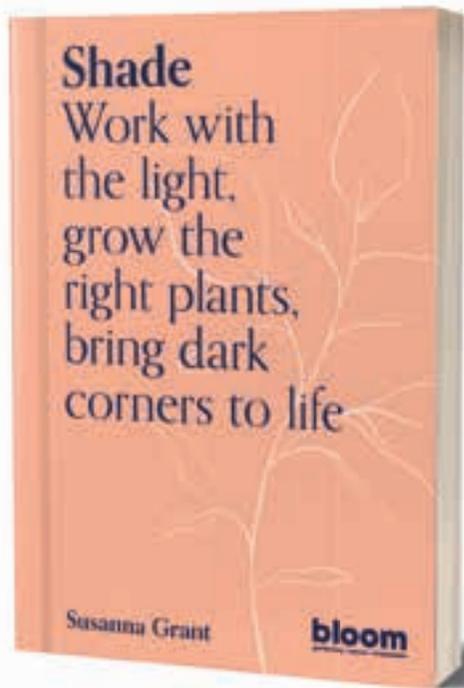
A collaboration between modern print magazine *Bloom* and highly regarded publisher Frances Lincoln, this new range of books is a celebration of gardening and nature for a contemporary audience. The titles range from practical and instructive to thought-provoking and reflective, providing readers with the tools and inspiration they need to explore and engage with this beautiful planet in exciting ways.

### About Bloom

*Bloom* is a seasonal magazine for gardeners, plant admirers, curious explorers and outdoor adventurers. Bringing together expert gardening advice with diverse stories about nature, it looks to deepen our relationship with green spaces, whether they're in the countryside or the city, groomed or totally wild.

[bloommag.co.uk](http://bloommag.co.uk) / [@bloom\\_the\\_magazine](https://twitter.com/bloom_the_magazine)





**bloom**  
gardening • nature • inspiration

A Bloom book for Frances Lincoln

**APRIL 2022**

9780711269569

£12.00 | \$18.00 US | \$23.00 CAN

160pp | 139 x 198mm | PB+Flaps

100 colour photographs

Rights: World

Gardening/Shade

## SHADE (BLOOM GARDENER'S GUIDE)

*Susanna Grant*

**Transform dark and shady areas of your garden with lush, vibrant and colourful planting.**

Whether your whole garden, courtyard or balcony is cast in shade, or you simply have a window box on a shadowy sill, this book will inspire you to transform the space with planting that looks good (and is beloved by wildlife) all year round.

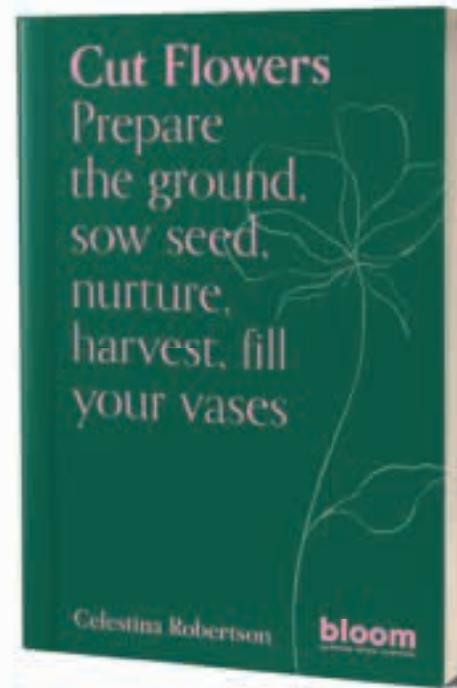
This hardworking handbook covers everything you need to understand

shade, plan your plot, grow the right plants and nurture them so they thrive from season to season.

*Shade* includes top tips on tackling all sorts of shady areas, a directory of plants to dip into, as well as pro advice on achieving year-round colour and structure.

It's time to bring those dark corners to life.

**SUSANNA GRANT** is a writer, gardener and sound artist. She is co-founder of Linda, a shade-plant specialist and planting design consultancy in east London. Described by *Stella Magazine* as “having impeccable taste and a fundamental understanding of low-maintenance gardening”, she is a life-long gardener who is passionate about helping green-up neglected urban and shady spaces.



**bloom**  
gardening • nature • inspiration

A Bloom book for Frances Lincoln

**APRIL 2022**

9780711269958

£12.00 | \$18.00 US | \$23.00 CAN

160pp | 139 x 198mm | PB+Flaps

100 colour photographs

Rights: World

Gardening/Flowers/General

## CUT FLOWERS (BLOOM GARDENER'S GUIDE)

*Celestina Robertson*

**Grow and harvest beautiful flowers, and create vase-worthy arrangements all year round.**

Growing flowers not only brings colour and life to the garden, it also gives you an abundance of floral material to use at home.

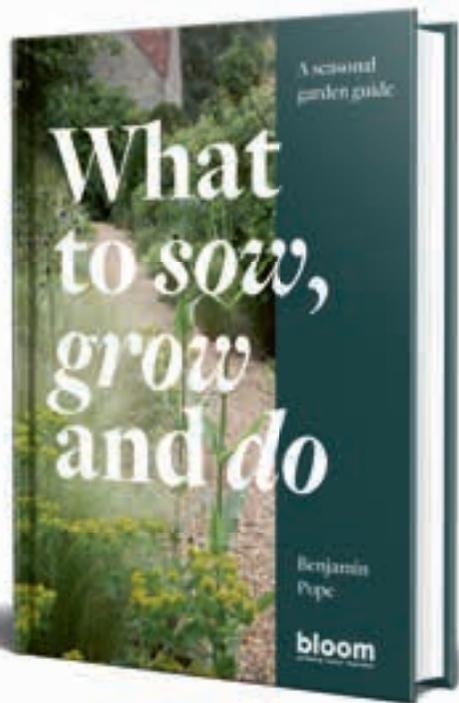
This hardworking handbook shows you how to nurture and arrange your own blooms so you have garden-gathered flowers for the vase in

every season, all without the carbon footprint of shop-bought flowers.

This book covers everything you need to understand cut flowers, plan your plot, grow the right plants and to harvest countless stems of myriad varieties throughout the year.

It's time to ditch the supermarket flowers and keep in touch with the seasons inside and out.

**CELESTINA ROBERTSON** is the founder of artisan flower farm Forever Green Flower Company based in Norfolk, UK. She is passionate about growing seasonal cut flowers in a sustainable way and has been working in the industry for over 20 years, originally training in horticulture and garden design at Capel Manor College. Her eco-conscious approach extends to her floral arrangements, which are designed in a “garden-gathered” style.



**bloom**  
gardening • nature • inspiration

A Bloom book for Frances Lincoln

**MAY 2022**

9780711269934

£22.00 | \$29.99 US | \$38.00 CAN

240pp | 170 x 225mm | HB

250 colour photographs

Rights: World

Gardening/General

## WHAT TO SOW, GROW AND DO

A SEASONAL GARDEN GUIDE

*Benjamin Pope*

**Discover what to do at just the right time to create a garden that's full of life and colour all year round.**

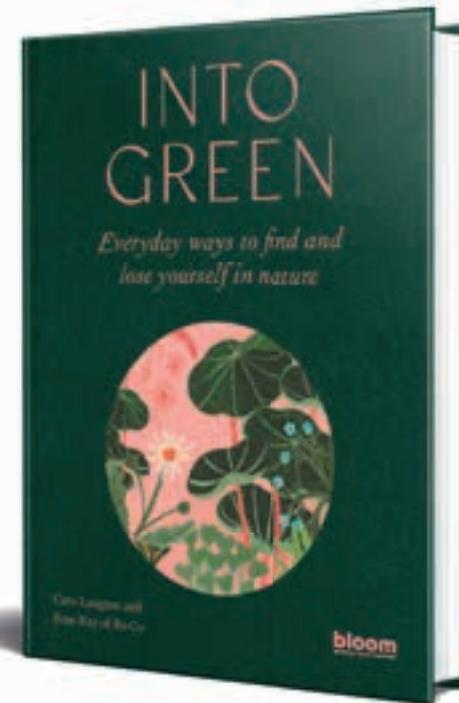
*What to Sow, Grow and Do* offers a season-by-season guide to the garden, with projects, advice and ideas to help you plan your time and inspire your planting.

Keeping on top of the best time to sow seeds, plant bulbs or get your pruning shears out can be tricky for new and experienced gardeners with busy lives. Tracking a year in the garden, this book shows you what to do when in a series of

straightforward how-tos and handy checklists. It also celebrates each season, highlighting the plants to enjoy, the wildlife to spot and the changes you can notice in the garden and beyond.

Seasonal tasks cover everything from sowing salad leaves to pruning roses, together with ideas on encouraging birds to nest, hedgehogs to hibernate and supporting a garden that's full of life. Armed with this book, you can create a thriving, flourishing garden that's a joy to be in all year round.

**BENJAMIN POPE** has been working in horticulture for over two decades and is currently head gardener of a private estate in West Sussex. He writes regularly for magazines including *Gardens Illustrated* and holds a RHS Master of Horticulture and is a member of the RHS Herbaceous Committee.



**bloom**  
gardening • nature • inspiration

A Bloom book for Frances Lincoln

**ALREADY PUBLISHED**

9780711269767

£14.00

192pp | 188 x 139mm | HB

40 colour illustrations

Rights: World exc North America

Body, Mind & Spirit/Nature Therapy

## INTO GREEN

EVERYDAY WAYS TO FIND AND LOSE YOURSELF IN NATURE

*Caro Langton and Rose Ray. Illustrations by Georgie McAusland*

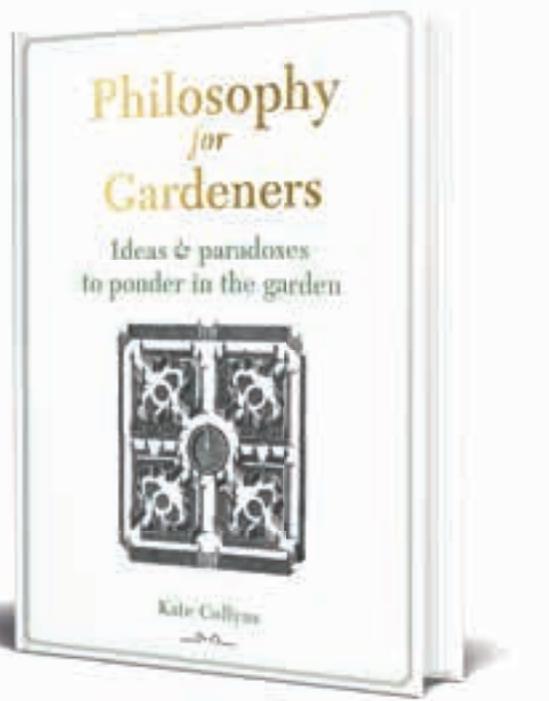
**An inspiring collection of projects, wisdom and ideas that guide you to journey into nature.**

We've all heard the advice: that to find wellbeing and happiness, we need to reconnect with nature and to tune in to the natural world around us... Most of us are sold on the idea, but what does 'connection' really mean? And how to do we find it?

*Into Green* is a meditative and engaging guide to bringing nature

into your headspace, no matter how green your neighbourhood. By sharing simple and achievable ways to find true connection, this uplifting book gives you the tools you need to find yourself, lose yourself, reignite the senses, embrace the accidental, unlock emotions and nurture hope, all with the support of nature. It's like holding a map that takes you to a wild, secret garden.

**ROSE RAY** and **CARO LANGTON** run the successful biophilic design studio Ro Co, which is dedicated to transforming urban spaces with plants. They are the authors of the international hit, *House of Plants*, and the first indoor plant propagation handbook, *Root Nurture Grow*.



**MARCH 2022**  
 9780711268210  
 £12.99 | \$16.99 US | \$21.99 CAN  
 144pp | 155 x 210mm | HB  
 60 black and white images  
 Rights: World  
 Gardening/Essays & Narratives

**PHILOSOPHY FOR GARDENERS**  
 IDEAS AND PARADOXES TO PONDER IN THE GARDEN

*Kate Collyns*

**Explore ideas, consider the big questions and learn life lessons in your garden.**

Gardening is an innately thoughtful as well as practical pastime: planning ahead, imagining how plants will grow, deciding what will make a “good” garden, and noticing how ecosystems work. This delightful and engaging collection of essays illustrate how many philosophical ideas arise naturally in gardeners’ everyday work, covering science,

evolution and aesthetics through to politics, economics and ethics.

- Ties into a growing trend for thoughtfulness and mindfulness in the garden.
- Engaged and expert author presents a fresh angle on two popular subjects – accessible text alongside beautiful botanical illustration gives an introduction to philosophy for gardeners and to gardening for philosophers!

**KATE COLLYNS** is a gardener and philosopher. She set up her sustainable market garden at Hartley Farm in Wiltshire and has an MA in Philosophy from the University of London.



**MAY 2022**  
 9780711274334  
 £30.00 | \$45.00 US | \$55.00 CAN  
 208pp | 235 x 270mm | HB  
 Rights: World  
 Gardening/Garden Design

**RHS BRIDGEWATER**  
 CELEBRATING THE NEW MASTERPIECE

*The Royal Horticultural Society and Phil McCann*

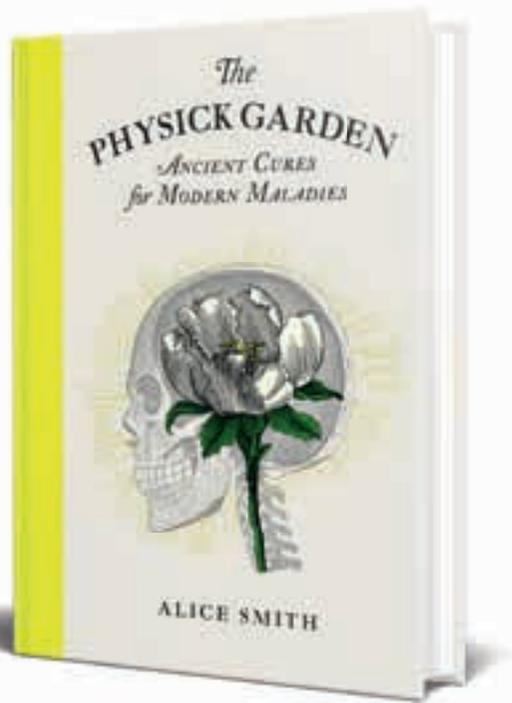
**A celebration of RHS Garden Bridgewater, the Royal Horticultural Society’s newly reopened public garden.**

RHS Garden Bridgewater has a rich history, deeply entrenched personal connections with the local community and now a dazzling and exciting future. *RHS Bridgewater* charts the glory years of royal visits; its descent into disrepair and the

gardens’ subsequent restoration and development. With personal memories from those who shaped the gardens, the book provides a complete insight into how a garden was and will be an integral, inspirational part of the community.

- A richly illustrated celebration of the newly reopened RHS Garden Bridgewater.

The **ROYAL HORTICULTURAL SOCIETY** was founded in 1804 and has established itself as the leading gardening charity, aiming to inspire passion and excellence in the science, art and practice of horticulture. The world-famous RHS Lindley Library holds unique collections of early printed books on gardening, botanical art and photographs.



**APRIL 2022**  
9780711266339  
£14.99 | \$24.99 US | \$28.99 CAN  
176pp | 150 x 200mm | HB  
100 illustrations  
Rights: World  
Gardening/Herbs

**THE PHYSICK GARDEN**  
ANCIENT CURES FOR MODERN MALADIES

*Alice Smith*

***The Physick Garden* introduces 80 plants that have curious medicinal pasts.**

Since the dawn of history, people have used plants as remedy. But can comfrey really be used to heal broken bones? And can St John's

wort scare away more than bad spirits? Taking you from the brain to the bowels, Alice Smith brings to life these ancient plants with lively and surreal illustrations and shows that sometimes there is method in the madness.

**ALICE SMITH** is an artist and freelance illustrator and designer based in Lancashire, UK. She is the art director for *The Idler* magazine and is the co-founder of Bracketpress - which publishes mostly philosophical and political books and prints. Her work has been exhibited at various venues in the UK, USA and in Europe, and regularly exhibits and sells her work at print fairs in the UK. A selection of clients and collaborations include *The Idler*, Penguin, Unbound, Pan Macmillan, Frances Lincoln, Ebury and Barbican Art Gallery.



VALERIAN 🌿 ENTRY TITLE 🌿 BRAIN



**MARCH 2022**  
9780711267886  
£18.00 | \$22.50 US | \$29.50 CAN  
160pp | 170 x 230mm | HB  
200 colour photographs  
Rights: World  
Gardening/Techniques

## SUSTAINABLE GARDEN

PROJECTS, TIPS AND ADVICE FOR THE ECO-FRIENDLY GARDENER

*Marian Boswall. Photography by Jason Ingram*

**A stylish, inspirational and practical guidebook to maintaining a more sustainable garden.**

Marian Boswall walks us through the process of creating and maintaining a sustainable outdoor space, offering tips, guidances and step-by-step projects designed to help you lead a more low-impact lifestyle. Whether it's by making your own fertilisers, converting to peat-free compost, reducing your consumption of plastic, saving your own seeds or creating raised beds with reused timber, there are numerous ways – both big and small – to make a difference.

- Stylish, accessible guide to living a more conscious lifestyle, capitalising on the ever increasing trend towards zero-waste living.
- Expert tips, techniques and step-by-step projects designed to help you lead a more low-impact lifestyle.
- Expert author who has appeared on BBC *Gardeners' World*, and gave a TEDx talk on how our gardens can save us.

**MARIAN BOSWALL** is a leading landscape architect and horticulturalist, and co-founder of the Sustainable Landscape Foundation. Marian writes and lectures on sustainable design and was awarded the Garden Columnist of the Year in 2019. **JASON INGRAM** is an award-winning garden and food photographer.



## The best-selling illustrated diaries from the Royal Horticultural Society.

### RHS DESK DIARY 2023

Royal Horticultural Society

#### MAY 2022

9780711271692

£13.99 | \$24.00 US | \$28.99 CAN

112pp | 170 x 230mm | HB | 60 colour

illustrations

Rights: World

Reference/Planners

The *RHS Diaries* bring together a wonderful selection of botanical illustrations. The remarkable artworks reproduced in these diaries are sourced from the unique collection housed at the RHS Lindley Library, which dates back to 1897. The beautifully produced diaries are illustrated in colour throughout, with a silk ribbon marker and internal storage pocket.

The Royal Horticultural Society was founded in 1804 and has established itself as the leading gardening charity, with the aim of inspiring passion and excellence in the science, art and practice of horticulture. The world-famous RHS Lindley Library holds unique collections of early printed books on gardening, botanical art and photographs.

- Hugely popular, beautifully illustrated week-to-view diary, available in desk and pocket format.

### RHS POCKET DIARY 2023

Royal Horticultural Society

#### MAY 2022

9780711271708

£7.99 | \$14.00 US | \$15.99 CAN

112pp | 102 x 138mm | HB | 60 colour

illustrations

Rights: World

Reference/Planners



#### MAY 2022

9780711271715

£13.99 | \$24.00 US | \$28.99 CAN

112pp | 170 x 230mm | HB

60 colour illustrations

Rights: World

Reference/Planners



#### JANUARY 2022

9780711264663

£16.99 | \$24.99 US | \$29.99 CAN

224pp | 160 x 210mm | HB

Colour illustrations

Rights: World

Reference/Event Planning

### RHS WILD IN THE GARDEN DIARY 2023

Royal Horticultural Society

#### Best-selling wildlife photographic diary from the RHS.

The *RHS Wild in the Garden Diary 2023* celebrates British wildlife. It is illustrated with photographs of birds, mammals, amphibians, insects, flora and fauna and includes ideas and tips on how to manage your garden to enhance wildlife potential, to add interest and enjoyment. This week-to-view diary features colour photographs throughout, with an internal storage pocket and silk ribbon marker.

### RHS WEDDING PLANNER

Royal Horticultural Society

#### A beautifully designed guide to help remove the stress from planning for your special day.

With sections on Dress, Budget, Venue, Ceremony, Guests, Gifts, Flowers, Photography, Invitations, Transport and Honeymoon, this planner has everything you need to ensure all goes smoothly on the big day. It includes checklist reminders, calendar countdowns and blank pages for notes, tabbed sections, an expanding pocket, lay-flat binding, ribbon markers and an elastic enclosure.



DRAFT COVER

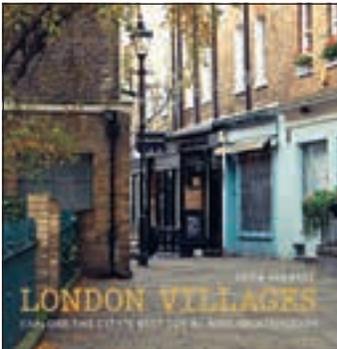
**MAY 2022**  
9780711276246  
£9.99 | \$15.95 US | \$17.95 CAN  
144pp | 160 x 160mm | HB  
Rights: World  
Travel/Europe/Great Britain

## QUIET LONDON

UPDATED EDITION

*Siobhan Wall*

*Quiet London* is a guide to interesting, attractive and quiet places to meet, drink, eat, swim, rest, shop, sleep or read. It includes short descriptions, travel and contact details and simple but atmospheric photographs.



DRAFT COVER

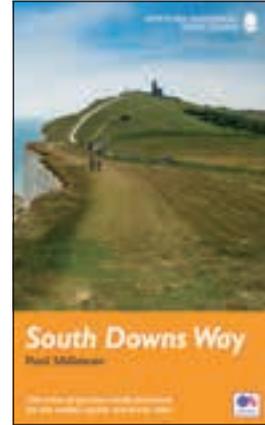
**MAY 2022**  
9780711276222  
£9.99 | \$15.95 US | \$17.95 CAN  
192pp | 160 x 160 mm | HB  
Rights: World  
Travel/Europe/Great Britain

## LONDON VILLAGES

UPDATED EDITION

*Zena Alkayat*

Explore London's best local neighbourhoods, small, locally-known enclaves of independent shops, cafés and public spaces that give the capital its inimitable character. From Columbia Road to Clarendon Cross, there are dozens of tucked away "villages" in London and this compendium of thirty of the most unique and vibrant is your key to exploring the city in a new way. Featuring atmospheric photographs, an illustrated map for each village, and a short text that sums up its spirit, history and location.



DRAFT COVER

**MARCH 2022**  
9780711274839  
£14.99 | \$22.99 US | \$29.99 CAN  
168pp | 130 x 210mm | TPB  
Rights: World  
Travel/Special Interest/Hikes & Walks

## NATIONAL TRAIL GUIDES

SOUTH DOWNS WAY

*Paul Millmore*

**An essential for both the first-time walker and well-seasoned hiker.**

This volume of the official *National Trail Guide*, published in association with Walk Unlimited, gives us up to date guide to the beautiful South Downs Way which runs for 100 miles (160 km) over the chalk downland of Sussex and Hampshire, from Eastbourne to Winchester. Whether you're an experienced long-distance walker or a weekend stroller, this is the only companion you need.



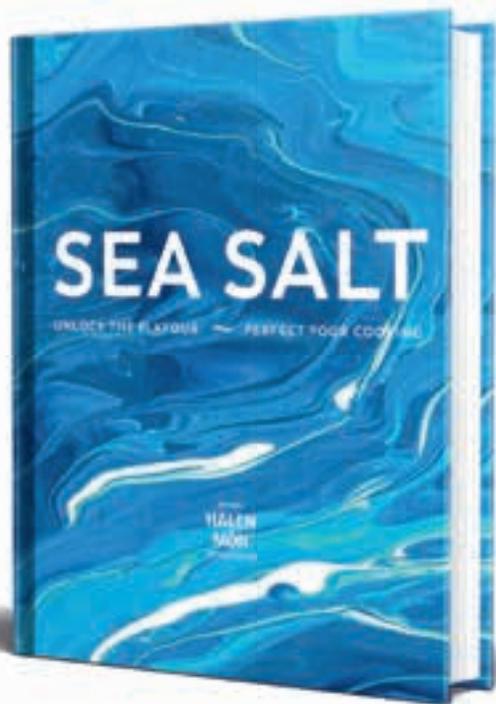
**White Lion Publishing** is one of the newest imprints within the Quarto Group and our spring programme is full to the brim with delights, continuing to build on our simple mission: to enhance, enrich and illuminate.

We are excited to be bringing you a range of expert voices and brands, including Sink the Pink's manifesto to join their brave and empowered community, the transformative power of sea salt in cooking from *Halen Môn*, a contemporary and vibrant guide to unlocking and balancing chakras from the founder of Luminosity Crystals, a complete eco-conscious handbook to shopping, cooking and eating from the Sustainable Food Story and a unique, culinary extravaganza in *The Official Peaky Blinders Cookbook*, inspired by the critically acclaimed BBC period crime drama.

There is something for everyone this season, and we're delighted to be sharing these books with you as we continue to evolve and grow our list.

*Jessica Axe*

Publisher, White Lion Publishing



**MAY 2022**  
9780711265745  
£25.00 | \$35.00 US | \$45.00 CAN  
224pp | 195 x 245mm | HB  
150 illustrations  
Rights: World  
Cooking/General

## SEA SALT

UNLOCK THE FLAVOUR – PERFECT YOUR COOKING

*The Lea-Wilson Family, owners of Halen Môn Anglesey Sea Salt*

**A beautiful and unique book showcasing the versatility of this most essential, and often misunderstood, ingredient in cooking.**

After 20 years of making an award-winning sea salt the Lea-Wilson family have put together a collection of recipes on how to showcase this often misunderstood and misused ingredient. A core part of cooking, correct seasoning is what separates a good meal from a great one. It isn't a simple case of how much is used but when these salty crystals are used: at the beginning of meal prep to help sunny tomatoes sing; dusting your meat just before cooking to

help the salty char form and the meat stay juicy; or right at the very end scattered over a chocolate torte to make it all the more chocolate-y. And where would we be without the perfect combination of delicate sea salt and caramel?

Covering the basics from low-fuss "cooking" with raw ingredients in simple salads and the perfect salted butter, to salty snacks and comfort food for rainy days.

These recipes will help alter how you use salt in all aspects of your cooking, making it work harder and bring better seasoned dishes to your table.

**HALEN MÔN** started harvesting their "Welsh Gold" from the waters surrounding Anglesey in 1997. Today, their sea salt is enjoyed around the world by chefs, food lovers and even Barack Obama. It has even been served at the London 2012 Olympics, political summits and royal weddings.





## Gem lettuce summer rolls

Recipe: Marco White

Time taken 30 minutes

Serves 4-6

### For the anchovy dipping sauce

6 anchovy fillets in oil  
85ml/3fl oz (1/3 cup) extra virgin olive oil  
75ml/2 1/2 fl oz (5 tbsp) ice-cold water  
1 large garlic clove, peeled  
20ml/1 fl oz (4 tsp) lemon juice  
2 tbsp tightly packed soft white breadcrumbs  
1/2 tsp maple syrup  
1/4 tsp curry powder  
1 tsp snipped chives  
Freshly ground black pepper

### For the rolls

1/2 cucumber, cut into 1cm/1/2 in segments  
10 radishes, finely sliced into rounds  
100g/3 1/2 oz mixed baby carrots, peeled and quartered  
1 avocado, peeled, pitted and cut into 1cm/1/2 in segments  
Small bunch of spring onions, white and light green parts cut into thin strips  
100g/3 1/2 oz mangetout, cut into 5mm/1/4 in lengths  
Extra virgin olive oil, for drizzling  
1/2 tsp flaked sea salt  
2 heads of baby gem lettuce, leaves separated

If you like anchovies, then this is the sauce for you. A vibrant and light lunch or starter that really celebrates the best of summer vegetables. It uses sweet lettuce leaves as the roll wrapper for added crunch. If you want to bulk it up for a supper, crumbling in some of the cured tofu on p.xx or layering in some cooked and drained rice noodles wouldn't go amiss. For meat eaters, this is a fresh and lovely accompaniment to the chicken wings on p.xx for a relaxed and hands-on meal.

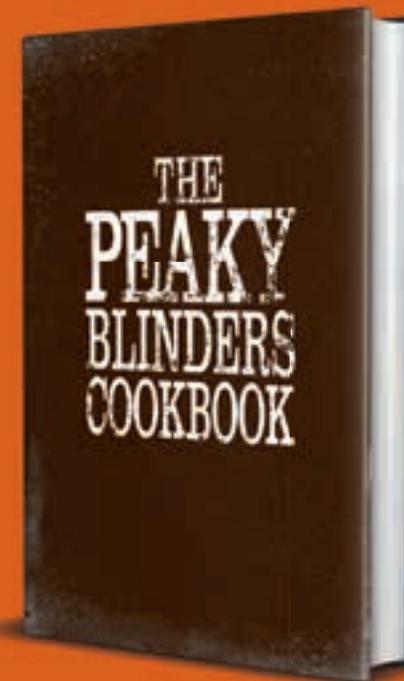
Drain the anchovies and add to a high-speed blender with the olive oil, water, garlic, lemon juice, breadcrumbs, maple syrup and curry powder. You can also use a stick blender, but will need to choose a deep bowl to prevent splattering. Season generously with black pepper and blitz until a thick, pale sauce forms.

If using a stick blender, blitz the anchovies, garlic, lemon juice and breadcrumbs to a paste with the spices, then pour in a quarter of the oil before blitzing, followed by a quarter of the water. Continue adding the oil and water until it is combined and the mixture is smooth. Stir in the maple syrup and season with black pepper.

Transfer the sauce to a bowl, cover and chill in the fridge until ready to use. The sauce can be made up to three days in advance.

Arrange the vegetables on a platter, drizzle over a jug of olive oil to make the vegetables glisten in places, then sprinkle over the salt. Place the lettuce on another plate.

Remove the anchovy sauce from the fridge and scatter over the chives. To construct the rolls, take 2-3 pieces of each vegetable and place in the centre of a piece of lettuce. Drizzle over 1 teaspoon of the anchovy sauce (with the rest in a bowl for dipping), then roll the leaves from the edge into the centre to secure the vegetables and eat while everything is fresh and crunchy.



COVER TO BE  
REVEALED

Publication to coincide with the release of sixth and final season of the TV series. Over 2.5 million viewers are expected to watch it

**MARCH 2022**

9780711276307

£14.99 | \$24.99 US | \$29.99 CAN

144pp | 252 x 195mm | HB

Rights: World

Cooking/Media Tie-in

## THE OFFICIAL PEAKY BLINDERS COOKBOOK

50 RECIPES SELECTED BY THE SHELBY COMPANY LTD

*The Shelby Company Ltd*

*The Official Peaky Blinders Cookbook serves up delicious recipes, all inspired by the critically acclaimed BBC period crime drama.*

Featuring 50 recipes inspired by the Shelby family story arc, including classic locations and key moments, such as a night out at the Garrison, lunch at the Derby or the Eden Club, this book will have everything you need to eat and drink like the Peaky Blinders.

From grills over an open flame, hearty family fare, to snacks, sandwiches and bar food, as well as lavish canapes and lunches associated with a day at the races, the book will culminate in an extravagant Shelby clan feast to remember at Arrow House.

This unique cookbook will allow readers to immerse themselves in the world of Peaky Blinders with a culinary event for any occasion.

### Also available:

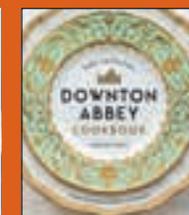
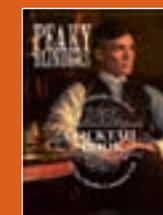
**The Peaky Blinders Cocktail Book**

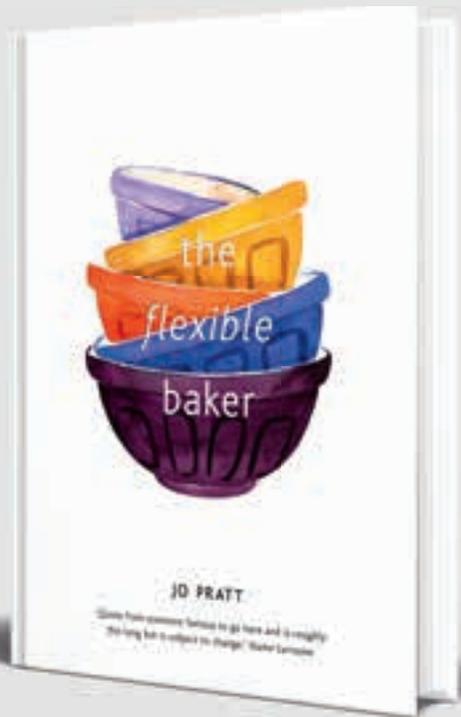
9780711258716 | £12.99 | HB

Over 40k copies sold!

**The Downton Abbey Cookbook**

9781781319574 | £26.00 | HB





**MARCH 2022**  
9780711263468  
£20.00 | \$35.00 US | \$45.00 CAN  
192pp | 180 x 245mm | HB  
100-120 illustrations  
Rights: World  
Cooking/General

## THE FLEXIBLE BAKER

75 VERSATILE AND FOOLPROOF RECIPES FOR CAKES, BAKES, TARTS AND BREADS

Jo Pratt

**75 foolproof baking recipes, with over 200 variations to suit all sorts of needs and tastes.**

Covering a wide-range of bakes including sweet and savoury, cakes and traybakes, biscuits and cookies, pastries, puddings and desserts, each recipe also includes flexible adaptations that can help cater for a variety of allergies, intolerances and lifestyle choices, plus a clear dietary index covering everything from gluten-free, nut-free, dairy-free cooking and veganism so the reader can see at a glance which recipe suits their requirements without compromising flavour or appeal.

- The *Flexible* series titles have so far sold over 90,000 copies.

### Also available:

**The Flexible Vegetarian**  
9780711239043 | HB

**The Flexible Pescatarian**  
9780711239708 | \$39.00 CAN | HB

**The Flexible Family**  
9780711251687 | HB

All titles: £20.00 | \$35.00 US | \$45.00 CAN



**JO PRATT** is an award-winning writer, cook, food stylist and presenter. She is a best-selling author of seven cookbooks, including *In the Mood for Food*, *The Flexible Vegetarian*, *The Flexible Pescatarian* and most recently, *The Flexible Family Cookbook*. Jo has worked with many high-profile chefs and brands including Marcus Waring, Jamie Oliver, Gary Rhodes.



## Baked blueberry cheesecake

*It's hard not to go over-board when describing this recipe, but it really is absolutely delicious and as one of my lovely friends Jules said to me when I gave him a huge slice to try, it was the best cheesecake he has ever eaten! The light yet rich creamy cheesecake filling is studded with pops of blueberries, which is encased in crunchy biscuit crumb and to top things off there are even more juicy, glossy blueberries spooned over the top. This is a dessert not to be rushed, but with a little patience you'll be more than impressed with the end result.*

Nut-free/soy-free

### For the base

200g/7 oz digestive biscuits  
(Graham Crackers)  
100g/3½ oz butter, melted

### For the filling

500g/1 lb 2 oz full fat cream cheese  
250g/9 oz caster (superfine) sugar  
2 tbsp cornflour (cornstarch)  
2 tsp vanilla bean paste  
125ml/4 fl oz sour cream  
3 eggs, beaten  
250g/9 oz fresh or frozen blueberries

### For the topping

250g/9 oz fresh or frozen blueberries  
60g/2 oz caster (superfine) sugar  
2 tbsp lemon juice  
1 tsp cornflour (cornstarch)

**Time taken:** 1 hour 40 minutes, plus 2 hours cooling and 4 hours chilling (Prep: 40 minutes, Cooking: 1 hour / Serves: 10-12)

Heat the oven to 160°C/140°C fan/325°F/gas 3. Grease a 20cm/8 inch springform cake tin, and line the base with baking parchment.

Place the biscuits in a plastic bag and crush with a rolling pin to fine crumbs, or simply blitz in a food processor. Pour the melted butter directly into the bag and mix together until combined. Tip the buttery biscuits into the cake tin. Press into the base and up the sides of the tin, using a straight-sided glass or mug to create a smooth even layer. Chill in the fridge for 20 minutes to allow the butter to set.

In a large bowl, beat together the cream cheese, sugar, cornflour and vanilla until smooth, then add the sour cream and briefly beat again. You want to avoid incorporating too much air as this will cause the filling to crack when cooking. Gradually add the eggs, beating until you have a smooth batter.

Stir the blueberries into the cheesecake mixture and pour onto the biscuit base. Sit on a baking tray and cook for 1 hour. The top should be lightly golden, a little puffed up, and have a slight wobble when you give the tray a gentle shake. Leave for a few minutes longer if you feel it's not quite there.

Once the cheesecake is cooked, turn off the oven and prop open the door so that it is slightly ajar and leave the cheesecake to cool in the oven for about 2 hours – this prevents the top from cracking when cooling.

Once the oven is cool, transfer the cheesecake to the fridge to chill for at least 4 hours or overnight.

### Flexible

**Vegan:** for the base, check the biscuits are vegan, and use a plant-based butter. As for the cheesecake filling, whether you are vegan or not, this is a delicious alternative. Soak 150g/5½ oz cashew nuts in cold water overnight to soften (or hot water for 15 minutes). Drain and put in a food processor along with 300g/10½ oz silken (not firm) tofu, 200ml/7 fl oz maple or agave syrup, 100ml/3½ fl oz lemon juice, 2





**MAY 2022**  
9780711257030  
£16.99 | \$21.00 US | \$28.00 CAN  
160pp | 210 x 250mm | HB  
200 illustrations  
Rights: World  
Crafts & Hobbies/Flower Arranging

## MODERN DRIED FLOWERS

OVER 20 EVERLASTING PROJECTS TO CRAFT, STYLE, KEEP AND SHARE

Angela Maynard

**A contemporary guide to the sustainable art of preserving and styling stems.**

Versatile, chic, environmentally mindful, affordable and low maintenance – there are many reasons to love dried flowers. Whether for weddings and special events or simply to add charm to your home, these timeless, reimagined arrangements can bring a room to life. *Modern Dried Flowers*

offers nature-led inspiration, a zero-waste philosophy and step-by-step instructions to gain all of the basic skills, tools and techniques necessary to grow, cut, dry and style your stems to perfection.

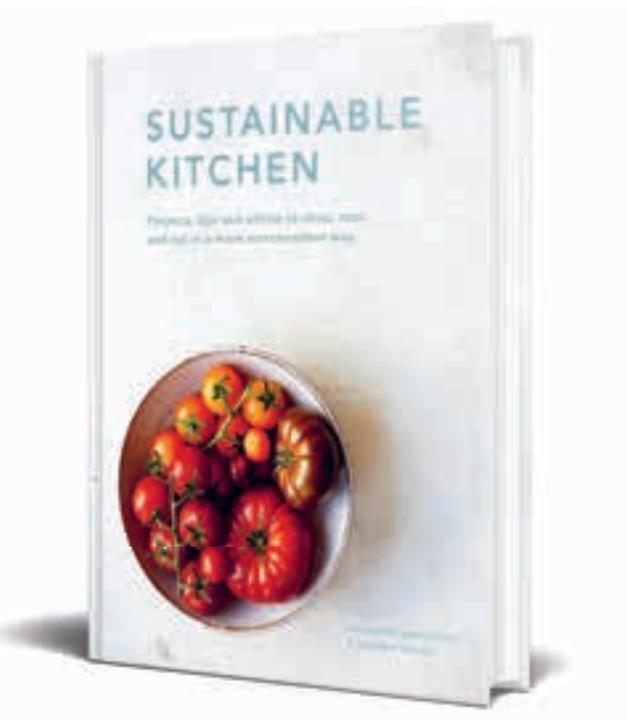
- With a 93% increase in dried stems sales over lockdown, preserved flowers are fast taking over from succulents as the style of choice.

**ANGELA MAYNARD** is the creative director of Botany, a floral design studio in East London and is a leader of the dried flowers renaissance. Angela's stunning creations, workshops and seasonal flower walks have featured in the *Independent*, *Financial Times*, *Evening Standard*, *Time Out*, *Elle Decor*, *Le Monde*, *Vogue*, *World of Interiors*, *House Beautiful* and *Homes & Gardens*. Visit [botanyshop.co.uk](http://botanyshop.co.uk) and her 55,000-strong Instagram (@botanyshope5) to see more of Angela's work.

### THE STEMS USED IN MY SPRING BOUQUET:

- 1 GREVILLEA . Grevillea 'Ivanhoe'
- 2 EUCALYPTUS . Eucalyptus
- 3 BROOM CORN . Broom corn
- 4 CHASMANTHIUM LATIFOLIUM . Sea oats
- 5 SECALE CEREALE . Rye wheat (bleached)
- 6 BRIZA . Quaking grass
- 7 LAGURUS OVATUS . Bunny tail
- 8 PHALARIS . Phalaris
- 9 DELPHINIUM . Delphinium (white)
- 10 RUSCUS . Ruscus (bleached)
- 11 DACTYLOGLYPTA . Wild carrot (umbels)
- 12 CENTAUREA PODS . Centaurea pods
- 13 NIGELLA . Nigella
- 14 AGERATUM . Ageratum
- 15 HELICHRYSUM . Helichrysum
- 16 PROTEA . Protea
- 17 TRITICUM . Bearded wheat
- 18 SECALE CEREALE . Rye wheat (undyed)
- 19 PAPAVER . Poppy seed heads
- 20 THERYPTOMENE CALYCINA . Ivory lace
- 21 ECHINOPS . Globe thistle
- 22 LAVENDULA . Lavender
- 23 MENTHA . Flowering Mint





**APRIL 2022**  
 9780711265769  
 £18.00 | \$24.00 US | \$32.00 CAN  
 176pp | 170 x 230mm | HB  
 Rights: World  
 Cooking/Seasonal

## SUSTAINABLE KITCHEN

PROJECTS, TIPS AND ADVICE TO SHOP, COOK AND EAT IN A MORE ECO-CONSCIOUS WAY

*Sadhbh Moore and Abi Glencross*

***Sustainable Kitchen* is a positive, practical handbook on how to shop, cook and eat in an ecologically sustainable way.**

Founders of the Sustainable Food Story Abi and Sadhbh have put together tips and step-by-step projects on how to adapt your kitchen habits to a more eco-friendly way of life.

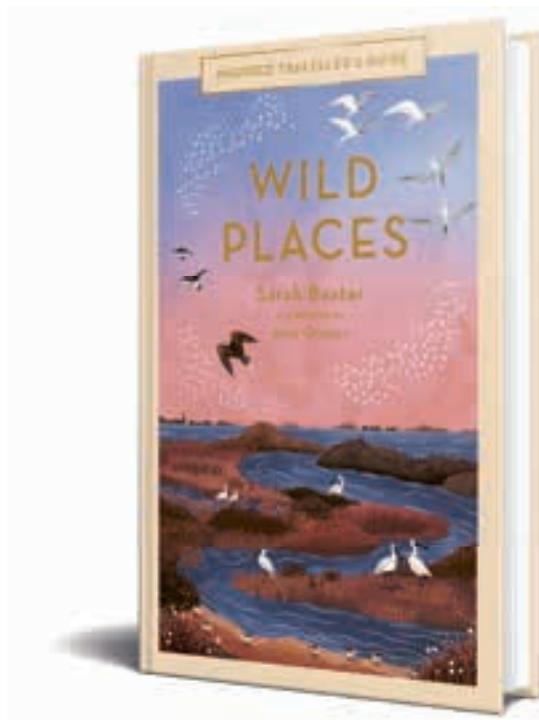
Whether you are unsure about the best places to shop, what to do with your leftover lemons or how best to clean your kitchen without impacting the environment, *Sustainable Kitchen*

is the complete guide to changing the way you think about food and the kitchen, in a way that is healthier for you and healthier for the planet.

Having a sustainable approach to your kitchen will help you save money, connect to your community and produce better food, all whilst being kind to the planet.

With small changes to make those choices easier, and a few recipes along the way to help battle food waste, here are several achievable ways to start making a difference.

**SADHBH MOORE** and **ABI ASPEN GLENCROSS** are founders of The Sustainable Food Story, a roving supperclub that travels around the world, exploring the origins of food and discussing where it comes from and how we can eat better for our health and the planet.



**MARCH 2022**  
 9780711260290  
 £14.99 | \$19.99 US | \$24.00 CAN  
 144pp | 140 x 210mm | HB  
 60 illustrations  
 Rights: World  
 Travel/Essays & Travelogues

## INSPIRED TRAVELLER'S GUIDES: WILD PLACES

*Sarah Baxter. Illustrated by Amy Grimes*

**Get back to nature and explore sites unspoilt by humankind with this wanderlust-filled guide.**

*Wild Places* is the perfect escape for the thoughtful traveller. Discover 25 untamed and epic natural wonders that reveal the curious story of our wild planet and why we need to protect it. From the glacial British valleys to snow-capped Lapland summits, from a Namibian whale-watcher's paradise to the vast landscape of Utah's Canyonlands – each unforgettable place is brought to life through fascinating insights and stunning illustrations.

**Also available:**

**Literary Places**

9781781318102 | £14.99 | HB

**Spiritual Places**

9781781317426 | £14.99 | HB

**Artistic Places**

9780711254534 | £14.99 | HB



**SARAH BAXTER** is passionate about travel and has contributed to many Lonely Planet guides. She features in the *Guardian*, *Telegraph* and *Independent*, and was associate editor of *Wanderlust*. **AMY GRIMES** draws inspiration from the natural world to create evocative, watercolour-like works. She lives in London.

*SinkThePink's*

# MANIFESTO FOR MISFITS

**Claim your misfit power with this perspective-shifting book.**

Join a brave and empowered community of eccentrics, freaks, geeks, rebels and oddballs worldwide with this inclusive and joyous guide to becoming a proud misfit. Work through personal development exercises, follow witty commandments, take strength in stories of becoming - from idols like the Spice Girls' Mel C through to Little Mix's Jade Thirlwall - and learn to love who you really are. Founder of LGBTQ+ collective Sink the Pink Glyn

Fussell helps you to redefine 'normal' and unlearn societal narratives that make you less than you are.

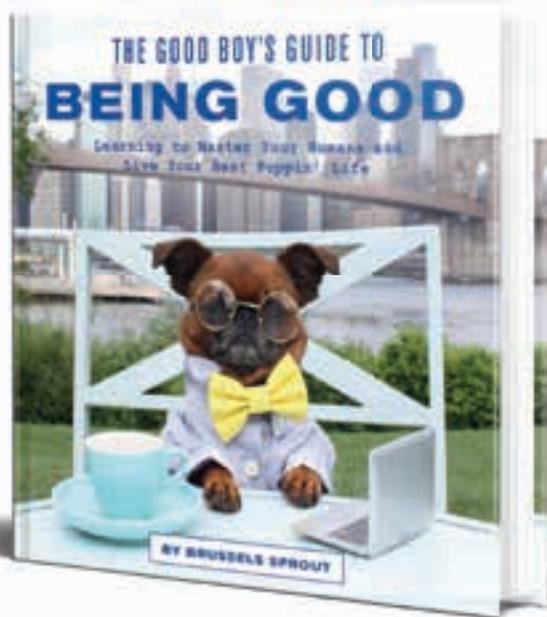
- Featuring a foreword by Lily Allen.
- Sink the Pink events sell out in minutes and their friends include Sam Smith, Fearne Cotton, Jessie Ware, Eve, Roisin Murphy, Olly Alexander, All Saints, Nick Grimshaw, Gok Wan, Rylan, Edie Campbell and many more.

**GLYN FUSSELL** is the founder of Sink the Pink, the largest LGBTQ+ collective in the UK. Famed for continuously challenging the status quo and freedom of expression through mind-blowing events, they are the antidote to sameness in all areas of life. At Sink the Pink, everyone is welcome and everyone is celebrated.

**COVER  
TO BE  
REVEALED  
SOON!**

**Sink the Pink's Manifesto for Misfits  
Join the Revolution**

**MAY 2022**  
9780711267794  
£14.99 | \$22.00 US | \$24.99 CAN  
176pp | 160 x 210mm | HB  
100 illustrations  
Rights: World  
Self-Help/Personal Growth/Self-Esteem



**MARCH 2022**  
 9780711265943  
 £9.99 | \$16.00 US | \$19.99 CAN  
 128pp | 175 x 175mm | HB  
 100 illustrations  
 Rights: World  
 Pets/Dogs/General

## THE GOOD BOY'S GUIDE TO BEING GOOD

LEARNING TO MASTER YOUR HUMANS AND LIVE YOUR BEST PUPPIN' LIFE

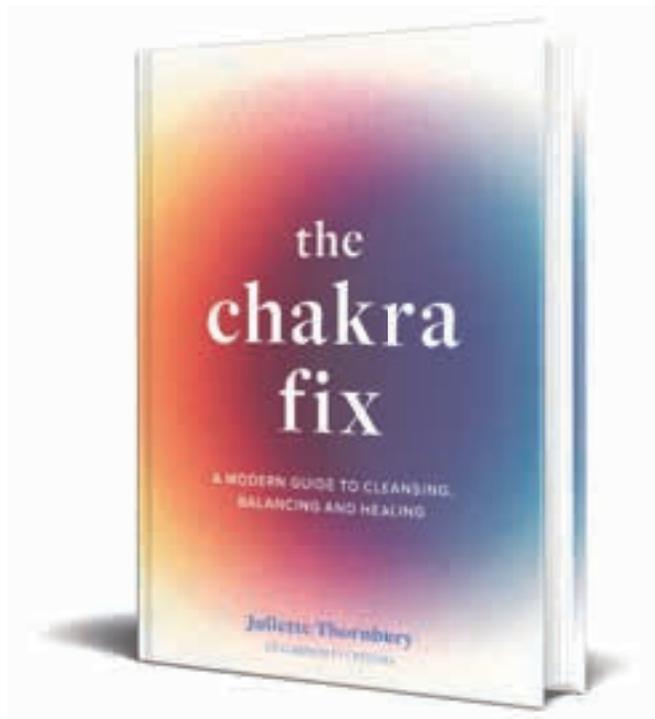
*Brussels Sprout*

***The Good Boy's Guide to Being Good* is an entertaining account of a dog trying to understand humans and live his best life.**

Written from Sprout the dog's point of view, it uses humorous real-life anecdotes to provide a light-hearted take on how to raise a well-behaved dog, while offering simple, useful insight to help dog owners start down the right path. Sprout's

"wisdom" covers understanding and successfully living alongside humans, progresses to navigating the outside world and learning manners, and culminates with a few simple yet unique tricks. Each tip is accompanied by a human translation to break down the actual principle Sprout is describing so that dog owners can apply the wisdom to their own pets.

**SPROUT**, the star of the Instagram account @Brussels.Sprout, is a four-year-old Brussels Griffon with a repertoire of over 30 tricks and cued behaviours. He is a voracious chewer of books and pays little attention to anything that is not a snack, a lap, or a teeny tiny tennis ball. He also has no idea what Instagram is. But that's where his human comes in. **SIGRID NEILSON** is a Manhattan-based intellectual property lawyer and lover of all puns. A dog owner for most of her life, but none quite as special as Sprout. She started @Brussels.Sprout as a way to connect with other Brussels Griffon owners, but the account soon became the creative outlet she never knew she needed.



**MARCH 2022**  
 9780711264885  
 £16.99 | \$24.00 US | \$29.99 CAN  
 176pp | 170 x 230mm | HB  
 80 illustrations  
 Rights: World  
 Body, Mind & Spirit/Healing/  
 Energy (Qigong, Reiki, Polarity)

## THE CHAKRA FIX

A MODERN GUIDE TO CLEANSING, BALANCING AND HEALING

*Juliette Thornbury*

**A contemporary guide to finding your flow, unlocking positive energy and living a high-vibe life.**

The chakras are connecting, radiating cores that map out the energy within us, and our potential. Focusing on the seven major chakras, this book shows you how to locate, nurture and activate these untapped sources for optimal wellbeing in daily life. Whatever your dilemma – fatigue, loneliness, even physical pain – answer your most pressing needs with over 50 simple but effective “fixes” aligned with each chakra, from cleansing meditations to healing crystal grids and nourishing yoga practices.

**Also available:**

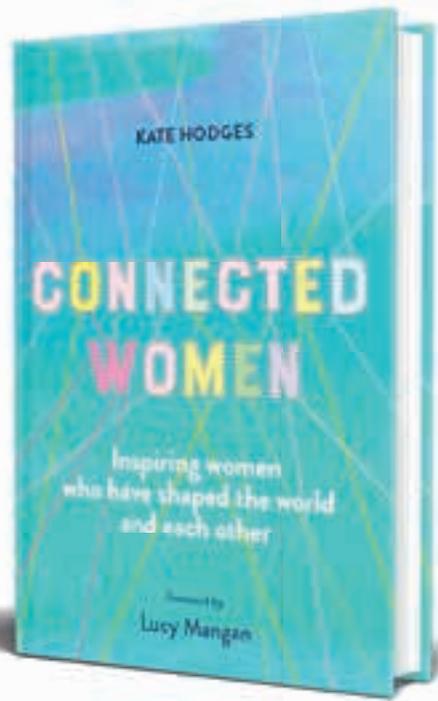
**The Crystal Fix**  
 9781781318126 | £18.99 | \$25.00 US | \$32.00 CAN | HB

**The Moon Fix**  
 9781781319482 | £16.99 | \$22.99 US | \$29.99 CAN | HB

**The Astrology Fix**  
 9780711255258 | £14.99 | \$19.99 US | \$26.99 CAN | HB



**JULIETTE THORNBURY** is the founder of Luminosity Crystals in Australia, a sustainable shop with a focus on healing for the mind, body and soul and a dedicated community of 100,000 Instagram followers. A talented photographer, Juliette's images are regularly shared on social media. To see her work visit @LuminosityCrystals.



**MARCH 2022**  
 9780711255876  
 £9.99 | \$14.99 US | \$18.99 CAN  
 192pp | 140 x 200mm | HB  
 Rights: World  
 Biography & Autobiography/Women

## CONNECTED WOMEN

INSPIRING WOMEN WHO HAVE SHAPED THE WORLD AND EACH OTHER

Kate Hodges

A unique exploration of feminist history, presented through the previously invisible bonds that connect incredible women through history.

The extraordinary achievements, relationships and secret histories of 84 pioneering women are revealed in inspirational stories of connection, which together show the indomitable strength of womankind, from innovative aviatrixes to gun-toting revolutionaries and women with incomparable intellects. *Connected Women* creates a gigantic web of womanhood around the world.

**Also available:**

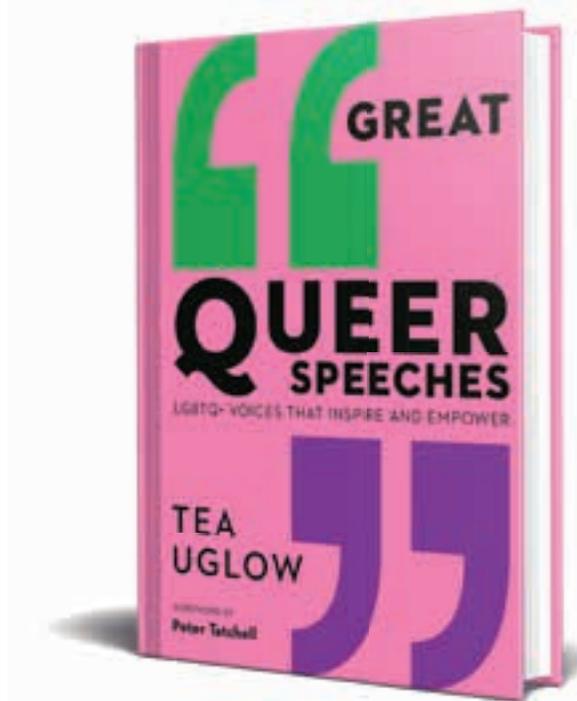
**Warriors, Witches and Women**  
 978-1-78131-926-0 | £18.99 | HB

**Modern Women**  
 9780711237896 | £20.00 | HB

**Artistic Circles**  
 9780711255869 | £12.99 | HB



**KATE HODGES** has over 20 years' writing experience on magazines, having been a staffer on publications including *The Face*, *Bizarre*, *Just Seventeen*, *Smash Hits* and *Sky*, and written for many more, including the *Guardian*, *Kerrang!* and *NME*. She has also worked for Rapido TV and P For Production films. She is the author of three books on London.



**JUNE 2022**  
 9780711275003  
 £9.99 | \$14.99 US | \$18.99 CAN  
 176pp | 140 x 200mm | HB  
 Rights: World  
 Social Science/LGBTQ+ Studies/  
 General

## GREAT QUEER SPEECHES

Tea Uglow. Foreword by Peter Tatchell

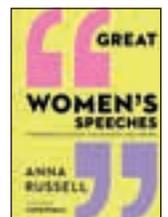
Discover the inspiring voices that have changed our world, and started a new conversation.

A sister title to *Great Women's Speeches* (2021), this is a pioneering collection of over 40 empowering and influential speeches that chart the history of the LGBTQ+ movement. Photocollage portraits and enlightening commentaries accompany the words of Audre Lorde, Harvey Milk, Munroe Bergdorf, Sir Elton John and more, who speak on all aspects of LGBTQ+ life from equal marriage to the AIDS crisis,

bullying to parenthood, the first 19th century campaigns through to trans rights allyship today. We are stronger when we stand together, and this collection from award-winning activist Tea Uglow encourages us to do just that whilst celebrating the beauty of our differences.

**Also available:**

**Great Women's Speeches**  
 9780711255852 | £9.99 | \$14.99 US | \$18.99 CAN | HB



**TEA UGLOW** is a decorated trans activist, TedX speaker and creative director for Google in Sydney, Australia. In May 2018, Tea was celebrated as one of Australia's #OUT50LGBTQ Leaders by Deloitte. Tea was instrumental in the creation of the first trans flag emoji which was released in February 2020.



THE COSMOS EXPLAINED, PAGE 64



For over 20 years **Ivy Press** has prided itself on producing beautifully designed books that celebrate the best life has to offer. From stunning architecture to incredible natural history, contemporary pop culture to fascinating popular science, Ivy's ability to explain subjects in an insightful, accessible way has led to an internationally renowned reputation for quality publishing.

This season Ivy is proud to help readers learn more about the world around them and beyond with *The Cosmos Explained* and *The Ocean Hero Handbook*, as well as *Formula One: The Pinnacle* a stunningly illustrated guide to the pivotal events that made F1 the greatest motorsport series.

*Richard Green*

Publisher, Ivy Press



**APRIL 2022**  
 9780711274204  
 £35.00 | \$45.00 US | \$60.00 CAN  
 240pp | 247 x 304mm | HB  
 300+ illustrations  
 Rights: World  
 Sports & Recreation/Motor Sports/  
 Automobile Racing

**FORMULA ONE: THE PINNACLE**  
 100 PIVOTAL EVENTS THAT MADE F1 THE GREATEST MOTORSPORT SERIES  
*Dieter Rencken*

**Formula One: The Pinnacle tracks a history of the changes which have taken F1 from its rudimentary beginnings to the exhilarating high octane spectacle it is today.**

The biggest change in a generation is coming to F1 in 2022. Technical changes aimed at levelling the playing field for the teams combined with the sport's tightening budget cap will make the races closer than ever. There will be more sprint races – trialled in 2021 – and greater fan interest driven by Netflix's hugely successful "Drive to Survive" series.

So, how did we get here? How did F1 become the acknowledged "Pinnacle of Motorsport"? Dieter Rencken has identified the 100 most significant changes to the series since its inception in 1950.

New fans will welcome a complete and highly illustrated guide to the history of F1, while older fans will be able to compare their own views of what were the pivotal moments of change, in a book written by a current F1 journalist with a lifetime's knowledge of the sport.

**DIETER RENCKEN** grew up in South Africa, watching F1 national races at the Roy Hesketh Circuit. After a 20-year motor industry career he moved to Europe to concentrate on Formula 1. He contributes to *Autosport*, *F1 Racing*, *RaceFans*, *Racecar Engineering* and many European publications including *Sport Auto*, *Motorsport Total*, *RacingNews365* and *F1 News*. He has received FIA F1 permanent accreditation, attending over 350 grands prix.



**Also available:**

**Formula One: The Pursuit of Speed**  
 9781781317082 | £34.99 | \$45.00 US | \$60.00 CAN | HB

**Formula One: The Champions**  
 9781781319468 | £35.00 | \$45.00 US | \$50.00 CAN | HB





## THE COSMOS EXPLAINED

Charles Liu

A chronological exploration of the cosmos from the very first second to the future.

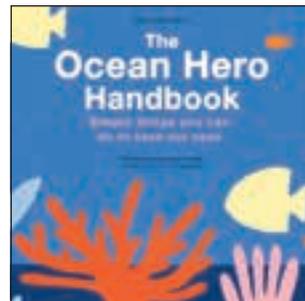
**APRIL 2022**  
9780711252745  
£18.00 | \$22.00 US | \$29.99 CAN  
192pp | 203 x 254mm | HB  
90 illustrations and photos  
Rights: World  
Science/Space Science/  
Astronomy

## HOW TO MEASURE ANYTHING

Christopher Joseph

How scientists measure everything from the temperature of colour to the speed of a tornado.

**MARCH 2022**  
9780711268036  
£18.99 | \$24.99 US | \$32.99 CAN  
224pp | 170 x 235mm | HB  
150 illustrations  
Rights: World  
Science/Reference

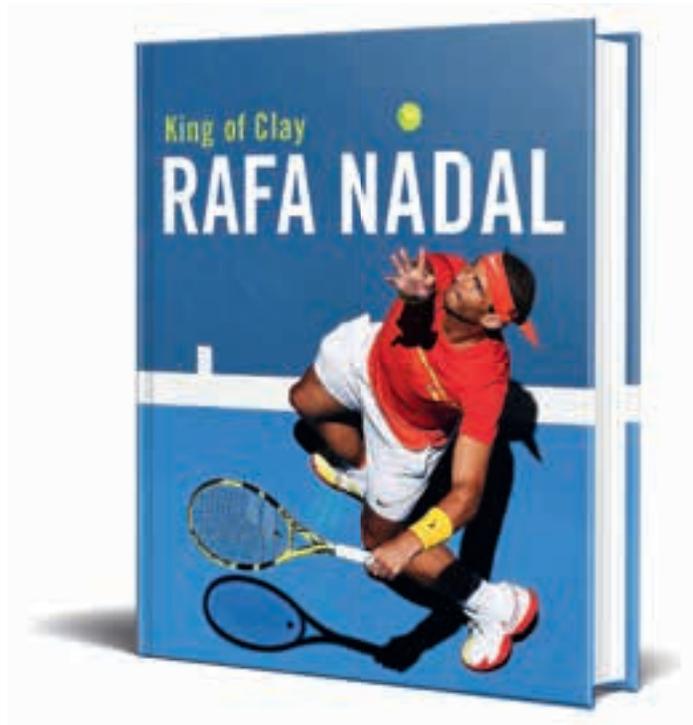


## THE OCEAN HERO HANDBOOK

Tessa Wardley. Foreword by Lewis Pugh, UN Patron of the Oceans

Exposing the extensive damage being done to the oceans and what simple changes we can make to protect our seas.

**APRIL 2022**  
9780711266254  
£9.99 | \$14.99 US | \$19.99 CAN  
144pp | 150 x 150mm | TBB  
50 illustrations  
Rights: World  
Nature/Environmental  
Conservation & Protection



## KING OF CLAY: RAFA NADAL

Dominic Bliss

The story of the most successful clay court player of all time.

A fully illustrated biography of Rafa Nadal from his formative days coached by Uncle Toni Nadal in Mallorca when he dreamed of becoming a professional footballer like his other uncle, Miguel Ángel. It covers his early tournament career, turning professional, his first senior ATP win, first grand slam win at Roland Garros, first Wimbledon win and first Olympic gold medal.

Structured around 10 key matches in his long career, it takes readers

**JUNE 2022**  
9780711276130  
£18.99 | \$30.00 US | \$35.00 CAN  
200 colour photographs and illustrations  
Rights: World  
Sports & Recreation/Ball Sports/  
Tennis  
Biography/Sport

from his first national junior championship win at age 14 (when he played with the pain of a broken finger on his racquet hand) through to his 20th Grand Slam title in 2020 and the 2021 season, where he just fell short of his 21st title in an epic five-set match with Novak Djokovic.

Also available:

**Fedegraphica**  
9781781315293 | £20.00 | \$29.99 US | \$35.99 CAN | HB



**DOMINIC BLISS** has been writing on tennis for the past 25 years. Former editor of *Ace Tennis* and *British Tennis* magazines, he also worked as tennis correspondent for the *Financial Times*, and has written two other books on tennis. He has interviewed Rafa several times over the years, first when the young player was embarking on the ATP Tour, and later on assignment for magazines in Paris, Madrid and Mallorca.



PAINTING HAPPINESS, PAGE 80



This spring we invite you to embrace **Leaping Hare's** conscious living trinity of me-you-nature. Wake up to the earth's energy with *The Witch of the Forest's Guide to Earth Magick*, spring clean your soul in *Awakening Minds*, get rewilding in *Let's Wildflower the World*, discover *Painting Happiness* with cats on big hair! And nourish positive mental health with *Mind Food*.

Bring on the spring and let's hop to it!

*Monica Perdoni*

Senior Commissioning Editor, Leaping Hare Press



**JANUARY 2022**  
 9780711264571  
 £20.00 | \$26.00 US | \$32.00 CAN  
 192pp | 180 x 230mm | HB  
 200 illustrations  
 Rights: World  
 Cooking/Vegan

## MIND FOOD

PLANT-BASED RECIPES FOR POSITIVE MENTAL HEALTH

Lauren Lovatt

**Feed your mind with delicious plant-based food and wellness insights for positive mental health.**

A delicious invitation to eating whole foods, with a mind-nourishing twist! Inspired by research around how plant-based food can make us happy and boost our moods, founder of Feed Your Mind Candy, Lauren Lovatt mindfully reconnects readers to the adage of “we are what we eat”. Focusing on hero ingredients

of plants, whole grains, healthy fats, legumes, and tonic herbs, vibrant vegan recipes offer emotional balance with a splash of creativity.

- A compelling voice at the heart of the mood food movement presents a mindful call to action for now.

**LAUREN LOVATT** is a vegan chef and pioneer in the mood food movement with radical supper club, Feed Your Mind Candy. She is the co-founder of the Plant Academy in Hackney East London where she chefs and teaches at. Lauren runs popular festival events at Glastonbury and Shambhala, and is regularly interviewed on how to express, support and inspire better mental health through plant-based, far out food. Lauren has taught and chuffed in LA, London, Barcelona, and recently set up the first vegan restaurant in Paris at the Hoy hotel.



Also available:

**Silo**  
 9781782406136 | £20.00 |  
 \$29.99 US | \$38.99 CAN | HB



LIFT

## PUCKER-UP MIMOSA

This is a sharp and sweet drink that is exceptionally refreshing. I love this drink especially served very cold on a hot day. Citrus is full of vitamin C and many minerals that support our brain health. But over all in this recipe, it leaves us feeling totally refreshed.

**Serves:** 2  
**Time taken:** 5 minutes

1 lemon  
1 orange  
2.5cm (1in) piece of fresh turmeric or 60ml (2.1cup) of Ginger Bug (see page) (optional but amazing)  
150ml (2/3 cup) Plain or Ginger Kombucha (see page 000)  
100ml (generous 1/3 cup) sparkling water  
1-2 tsp honey or agave  
Pinch of salt  
Dried chilli flakes, to taste  
Ice cubes (optional)

Over a large bowl or jug, juice the lemon, orange and turmeric through a juicer over a large bowl or jug. Alternatively, blend them together in a food processor or blender and then pass through a nut milk bag or fine muslin cloth.

Pour in the kombucha and sparkling water and add the honey, salt and chilli. Top up with ice if you would like this drink extra cool. Serve in a cold glass and pucker up.

**TIP** – you could put sugar and salt around the rim of the glass if you're feeling fancy.

LIFT

## MAGIC MILK

Whether you're heading to a summer festival or an evening picnic, this plant-based, mood-boosting drink will keep you energized. This milk is designed to keep you dancing through the night. Think of this like your new espresso martini.

It's a fantastic natural lift with mood boosters that never fails to keep me skipping through the fields.

**Makes:** 1 cup  
**Time taken:** 5 minutes

1 tbsp cacao powder  
1 tsp maca powder  
120ml (1/2 cup) cold brew coffee  
(or brewed regular coffee if cold brew isn't available)  
1 tsp honey  
Pinch of salt  
240ml (1 cup) plant-based milk  
Ice cubes (optional)

Put the cacao and maca in a cup with the honey and salt and 1 tablespoon of the coffee. Stir it well to form a paste and remove any lumps from the powders.

Add the rest of the coffee, milk and cacao paste to a cocktail shaker and shake well over ice. If you are in the fields, away from utensils, pour everything into a jar or bottle and shake well.

Sip, savour and go wild.



## CONSCIOUS CRAFTS

Meditative crafts that place mindfulness and well-being at the heart of making.

### FEBRUARY 2022

£12.99 | \$18.00 US | \$23.00 CAN

144pp | 151 x 189mm HB

150 illustrations

Rights: World

Crafts & Hobbies/Needlework/Knitting

### CONSCIOUS CRAFTS: KNITTING

20 MINDFUL MAKES TO RECONNECT HEAD,  
HEART AND HANDS

*Vanessa Koranteng and Sicgmone Kludje*

9780711266049

Bringing together two key trends, the co-founders of the Black Girl Knit Club placed mindfulness and wellbeing at the heart of making. Meditative insights are cast on alongside basic techniques and instructional steps for 20 modern projects, from wall hangings to the traditional scarf and mittens. Clean photographs, contemporary illustration and heart-warming text are knitted together for a beautiful craft book to cherish.



### JUNE 2022

9780711276321

£14.99 | \$18.99 US | \$25.99 CAN

160pp | 230 x 170mm | PB+Flaps

Rights: World

Art/Techniques/Drawing

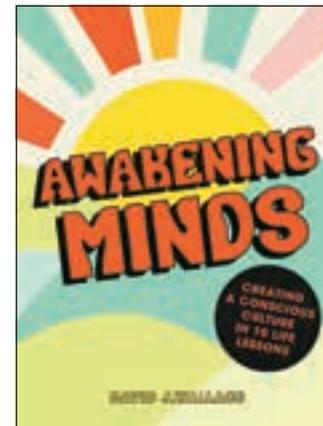
### FROM PETAL TO PATTERN

20 CREATIVELY MINDFUL PATTERNS THAT  
DRAW ON NATURE

*Michelle Pascarandolo*

Reconnect to nature's beautiful floral shapes and intricate patterns through the mindful art of drawing in this aspirational, how-to guide from New York pattern designer and illustrator Michelle Pascarandolo.

With wellness affirmations and nostalgic flowerlore scattered mindfully throughout, this is a nature drawing book with a timely retro twist.



### MARCH 2022

9780711272507

£10.99 | \$14.99 US | \$19.99 CAN

128pp | 160 x 210mm | PB+Flaps

50 illustrations

Rights: World

Body, Mind & Spirit/Mindfulness  
& Meditation

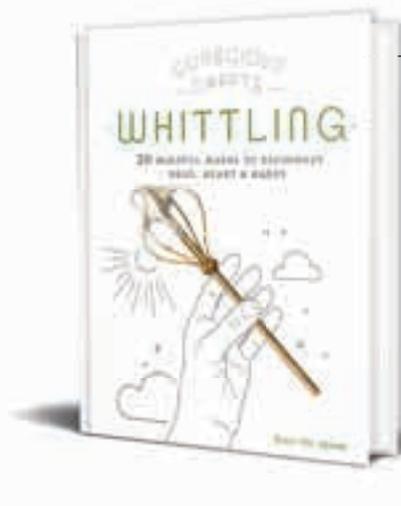
### AWAKENING MINDS

CREATING A CONSCIOUS CULTURE IN 10 LIFE  
LESSONS

*Dr David J. Wallace. Illustrated by Gabrielle Mabazza*

The layman's guide to sparking personal transformation, innovation and empowerment.

With a focus on spiritual and social awareness, this enlightening workbook shines a light on how every action, thought, and feeling begins with the mind. Structured around ten empowering life lessons, Dr David J. Wallace guides you on a transformational journey of reflecting, processing and moving forwards to create a conscious culture and positive future. Engage, question and relearn your beliefs to help pave a transformational path for a kind new world.



### CONSCIOUS CRAFTS: WHITTLING

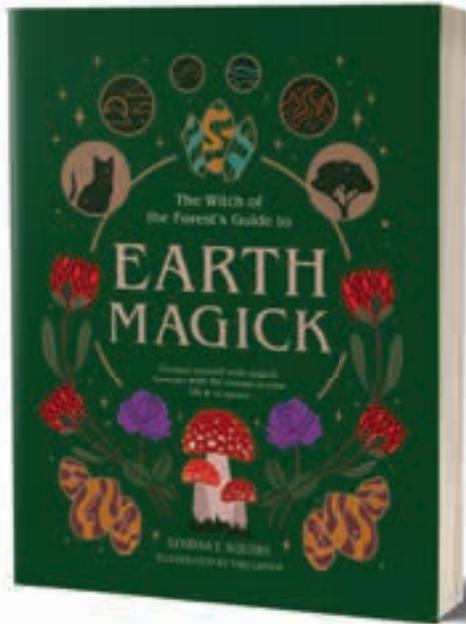
20 MINDFUL MAKES TO RECONNECT HEAD,  
HEART AND HANDS

*Barn The Spoon*

9780711266063

Crafts & Hobbies/Woodwork

Tapping into the booming popularity of hand-working and crafting for wellbeing, popular whittler Barn the Spoon shares his meditative insights alongside basic techniques and instructional steps for working with wood. Photographs, contemporary illustration and meaningful text are beautifully brought together for a beginners' craft book that celebrates the art of the handmade.



**MARCH 2022**  
 9780711271722  
 £14.99 | \$20.00 US | \$25.00 CAN  
 176pp | 160 x 210mm | TPB+Jacket  
 80 illustrations  
 Rights: World  
 Body, Mind & Spirit/Witchcraft  
 (see also Religion/Wicca)

## THE WITCH OF THE FOREST'S GUIDE TO EARTH MAGICK

Lindsay Squire. Illustrated by Viki Lester

**A practical beginner's guide to magick, focusing on how you can use witchcraft for wellbeing to stay grounded in the 21st century.**

The Earth is bursting with magickal energies, and connecting with these can transform your relationship with yourself, others, and the natural world. Discover how to use simple witchcraft to boost your wellbeing, keep yourself grounded, and connect to your own natural energy "seasons" in your life, as well as in your craft. Ground yourself in your magick, and embrace this down to earth, powerful side of the modern witching hour!

- Written for beginners and specifically tailored for the author's rapidly growing (450,000) Instagram following.

### Also available:

**The Witch of the Forest's Guide to Natural Magick**  
 9780711266834 | £14.99 | TPB+Jacket  
**Conscious Dreamer**  
 9780711261211 | £12.99 | \$16.99 US | \$22.99 CAN | TPB+Flaps  
**Cosmic Flow**  
 9780711253483 | £12.00 | \$ 16.99 US | \$21.99 CAN | TPB

**LINDSAY SQUIRE** is a practitioner of eclectic Witchcraft and is the Witch behind the popular Instagram account, @thewitchoftheforest. **VIKI LESTER** of Forensics & Flowers is an illustrator from London. Her work inspires people to feel magical, and features positivity with a dark botanical twist.



**APRIL 2022**  
 9780711272521  
 £12.99 | \$16.99 US | \$22.99 CAN  
 160pp | 165 x 135mm | PB+Flaps  
 Rights: World  
 Self-Help/Death, Grief, Bereavement

## DRAWING ON GRIEF

EXPLORING LOSS THROUGH CREATIVITY

Kate Sutton

**Drawing On Grief is a uniquely creative journal and mindful keepsake which draws on the soothing therapeutic power of drawing and creativity to help people navigate the pain of bereavement.**

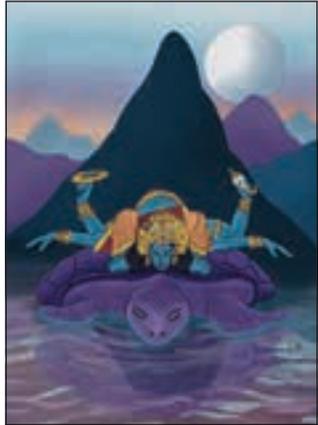
In this moving book of self-help through art therapy, author Kate Sutton draws on her own experiences of losing a loved one to help others on this difficult journey, presenting guided creative prompts as well as memories of her own and quotes from others on the painful topic of loss.

By guiding readers through creative exercises from drawing fond memories together to creating an ocean of

tears with colouring pencils, this book helps people visualise the pain they are going through, so as to better understand and navigate their grief. The book also contains written prompts such as writing a letter to yourself and to your loved one, designed to help people express the difficult emotions which bereavement brings.

Part self-help book, part memoir, *Drawing On Grief* emphasizes the importance of self-care in the grieving process, allowing people to explore their own feelings through creative medium.

**KATE SUTTON** is an author and illustrator based in The Lake District, who works for *The Times*, *Lonely Planet* magazine, Urban Outfitters, the *Wall Street Journal*, *Howies*, *Quicksilver* and Penguin. Other clients include Waitrose, The Royal Horticultural Society and Chronicle Books.



COVER NOT FINAL

**MAY 2022**  
9780711271883  
£18.99 | \$28.00 US | \$38.00 CAN  
224pp | 170 x 230mm | HB  
55 illustrations  
Rights: World  
Health & Fitness/Yoga

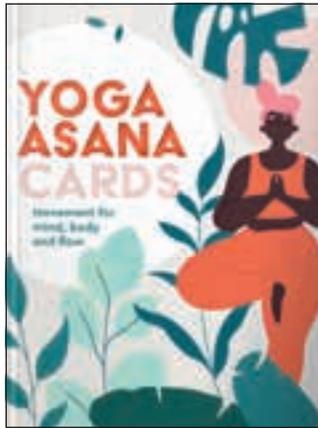
## THE STORIES BEHIND THE POSES

DISCOVER THE STUNNING MYTHOLOGY BEHIND 50 KEY YOGA POSES AND ENHANCE YOUR PRACTICE

*Dr Raj Balkaran*

**A stunningly illustrated and accessibly written book exploring the beautiful Hindu mythology behind 50 key yoga poses.**

Join storyteller, scholar and teacher Dr Raj Balkaran and learn, through the mythology of the poses, more about the roots of this ancient practice and how you can use their teachings to better appreciate and respect yoga's true origins. Enhance your practice by reading one story before or at the end of class, and incorporating the poses and their teaching into your life, as well as your yoga practice, and transform the way you view and practice this timeless art.



**FEBRUARY 2022**  
9780711271852  
£14.99 | \$0.00 US | \$25.00 CAN  
50 cards | 119 x 159mm | Kit  
Rights: World  
Health & Fitness/Yoga

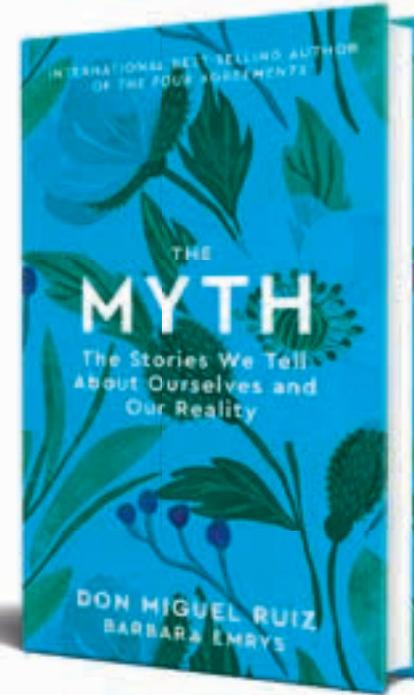
## YOGA ASANA CARDS

MOVEMENT FOR MIND, BODY AND FLOW

*Natalie Heath*

**A set of 50 striking yoga pose cards – use them to follow one of 25 themed workouts.**

Choose a workout to suit your mood and lay the cards out in front of your mat before following along with the routine. From a before bed wind-down, to a pre-run stretch or mood-boosting workout, each step-by-step routine and pose is perfect for yogis looking to advance in their practice. For more advanced practitioners, the booklet also includes guidance on how to use the cards to create your own unique yoga classes.



**JANUARY 2022**  
9780711267244  
£9.99  
160pp | 138 x 216mm | HB  
b/w chapter openers  
Rights: Commonwealth excl Americas  
Body, Mind & Spirit/Healing/General



## THE MYTH

THE STORIES WE TELL ABOUT OURSELVES AND OUR REALITY

*Don Miguel Ruiz and Barbara Emrys*

**A short, accessible book designed to help readers achieve insight and understanding in their everyday lives.**

The third book in the *Mystery School* series, *The Myth* is a five-day course that enlightens readers, and guides them to observe and challenge preconceived ideas that do not serve them. Written by international best-selling authors Don Miguel Ruiz and Barbara Emrys, it shows them how to challenge the myths, and replace them with new ideas that can help them let go, and reach their true potential.

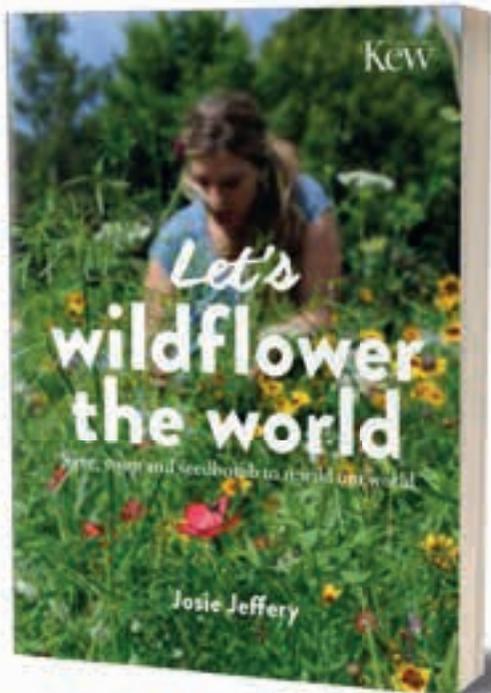
- The new book from international bestselling author Don Miguel Ruiz, author of *The Four Agreements*.

### Also available:

<b>The Actor</b> 9780711267220	<b>Grief</b> (Sept 2022) 9780711267268
<b>Eros</b> 9780711267282	£9.99   \$12.99 US HB



**DON MIGUEL RUIZ** is a renowned spiritual teacher and the international bestselling author of *The Four Agreements*, *The Fifth Agreement* and *The Voice of Knowledge*. **BARBARA EMRIS**'s apprenticeship with Don Miguel Ruiz began 25 years ago. Her shamanic training gives her unique insights into human behaviours and an artistic approach to life.



**APRIL 2022**  
9780711275393  
£14.99 | \$18.99 US | \$25.99 CAN  
208pp | 225 x 165mm | PB  
Rights: World  
Gardening/Flowers/Wildflowers

## LET'S WILDFLOWER THE WORLD SAVE, SWAP AND SEEDBOMB TO REWILD OUR WORLD

*Josie Jeffery*

This is an exciting introduction to the global seed-swapping and grassroots gardening movement by passionate seed activist Josie Jeffrey, who explores why we should care about our plant heritage and, most importantly, how we do it.

With an invaluable directory of all the best common seeds to save and swap, alongside essential seedbomb recipes to transform concrete oases into colourful wildlife havens, this timely handbook provides all the tools you need to start your very own green revolution.

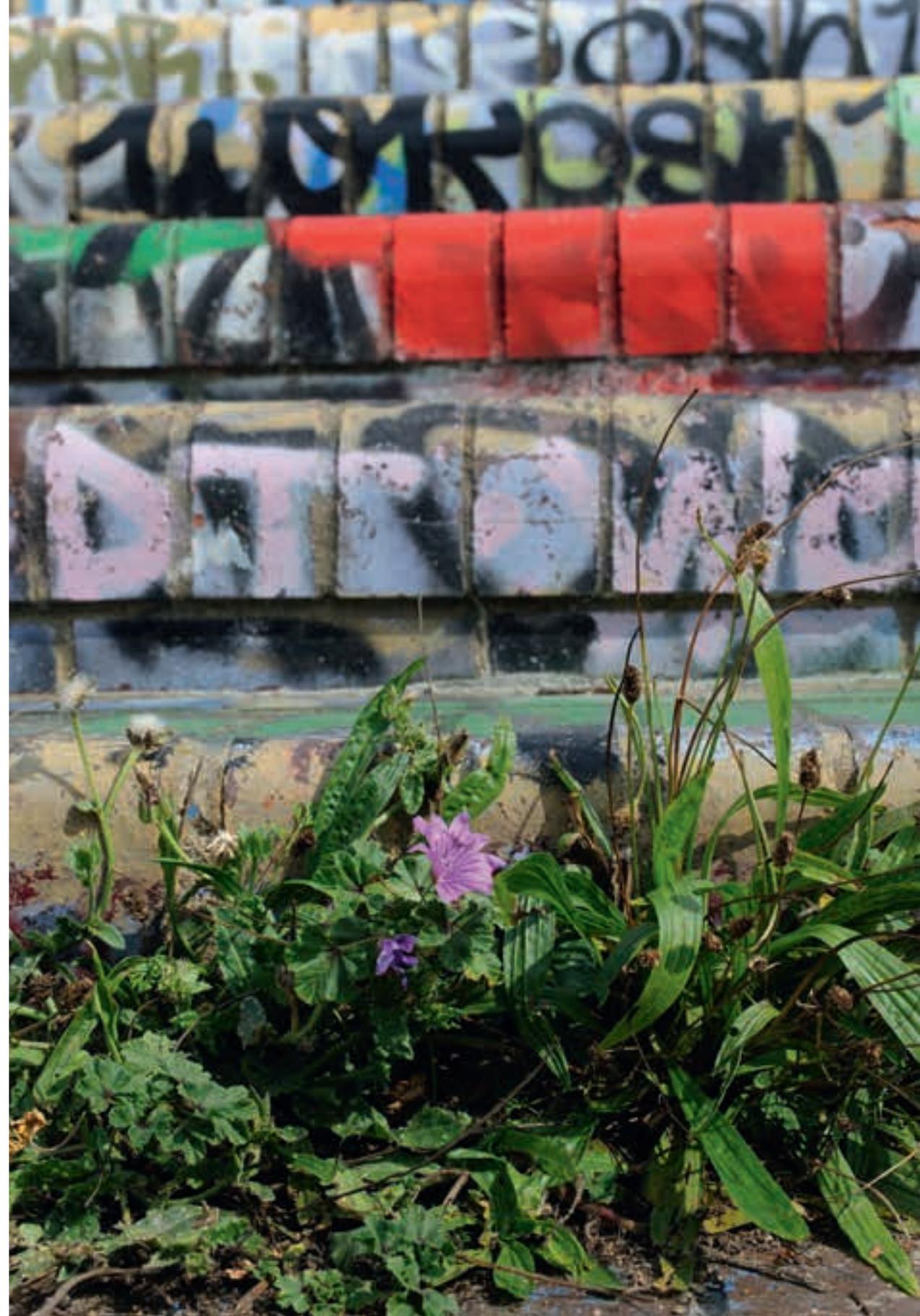
### Also available:

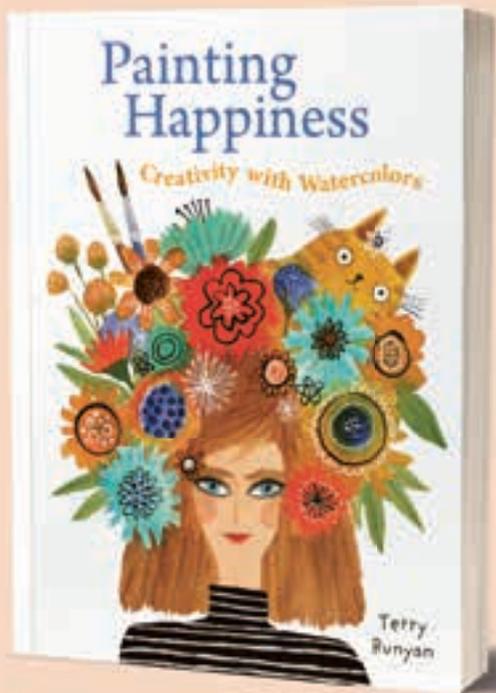
**Hi Cacti**  
9780711261754 | £14.99 | \$16.99 US |  
\$19.99 CAN | HB

**Zero-Waste Gardening**  
9780711262331 | £14.99 | \$18.00 US |  
\$22.99 CAN | HB



**JOSIE JEFFERY** is a seed activist, horticulturalist, and champion of the outdoor world. She is the author of *Seedbombs*, *Seedswap*, *Good Companions* and *Outdoor Wonderland*.





**APRIL 2022**  
 9780711270565  
 £14.99 | \$19.99 US | \$25.99 CAN  
 160pp | 230 x 170mm | PB+Flaps  
 200 illustrations  
 Rights: World  
 Art/Techniques/Watercolour Painting

**PAINTING HAPPINESS**  
 CREATIVITY WITH WATERCOLORS  
*Terry Runyan*

Explore watercolour art for the joy of it - and creative mindfulness.

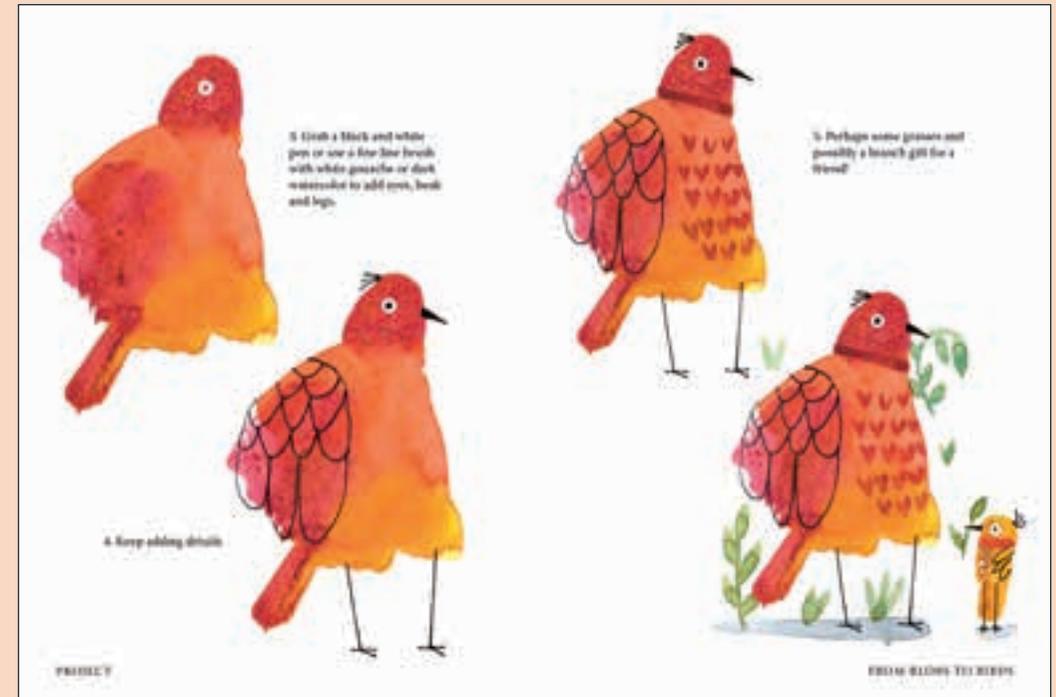
In this simple and vibrant guide, hugely popular Instagram muse @TerryRunyan explores the art of watercolour through the lens of mindfulness, presenting activities and projects which you can paint along with as you allow your creative side to flourish.

This watercolour guide is easy and accessible for beginners, as

Runyan gently delves into the basics of the artform, starting with simple techniques which you can follow along with, as well as presenting some fun projects ideas for painters to explore.

Discover your inner artist and who YOU are in this joyful project book on watercolouring your way to self-discovery.

**TERRY RUNYAN** is a visual artist and creative encourager. After a long career as an in-house illustrator for Hallmark, Terry now runs her own business, creating art and videos, and leading classes at Skillshare to help others explore their creativity. She loves painting cats, cats on heads, big hair, and encouraging imperfectly perfect watercolour. Website: [terryrunyan.com](http://terryrunyan.com) Instagram: @terryrunyan





## The Quarto Group USA

**Fair Winds Press** offers readers authoritative and accessible content to help them feel, look and live a healthier life.

**Rockport's** books present the best in design work from around the world, and the inspiration that lies behind each finished piece.

**Quarry Books** offers authoritative, beautifully designed and illustrated inspiration and reference books for artists, illustrators and crafters on subjects ranging from drawing and painting to ceramics and crochet, to hands-on activities for kids.

**Harvard Common Press** strives to provide consumers with accessible, engaging content in the culinary, parenting and lifestyle arenas.

**Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music and music instruction, art instruction and transportation.

**Cool Springs Press** is a leading publisher of step-by-step how-to books for both DIY gardening and home improvement.

**Motorbooks** is the world's leading transportation publisher, and is the

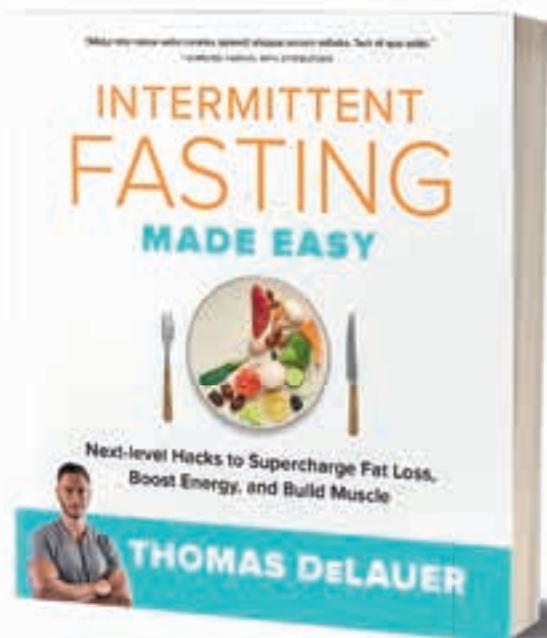
officially partner of Harley-Davidson, Chevrolet, Ford and Chrysler, and magazines such as *Hot Rod* and *Cycle World*.

**Wellfleet Press** focuses on practical reference titles with hardworking, original and expert content in a variety of subjects, from mind, body and spirit to puzzles, games and trivia.

**Rock Point** publishes creative product, including gift books, journals, art tech, cookbooks, planners, and calendars, in an inspired, innovative way through a range of stunningly designed formats with broad appeal.

**becker&mayer! books** publishes innovative, licensed and topical books and kits for adults, specialising in Arts & Crafts. Our creations integrate paper, electronics, audio and other speciality features for enthusiasts of all interests and skill levels.

Celebrating 100 years of publishing excellence, **Walter Foster Publishing** is the leading publisher of instructional art and craft books and kits for adults and children. Walter Foster's engaging and inspiring books have helped people around the world discover their creative talents, learn new mediums, and achieve their artistic goals.



**MARCH 2022**  
9780760373866  
£14.99 | \$19.99 US | \$25.99 CAN  
224pp | 229 x 203mm | TPB  
Rights: World  
Health & Fitness/Diet & Nutrition/  
Diets

## INTERMITTENT FASTING MADE EASY

NEXT-LEVEL HACKS TO SUPERCHARGE FAT LOSS, BOOST ENERGY, AND BUILD MUSCLE

Thomas DeLauer

Written by nutrition and fitness expert and YouTube sensation Thomas DeLauer, *Intermittent Fasting Made Easy* moves you beyond how you could do IF to what you should do to get the very best results.

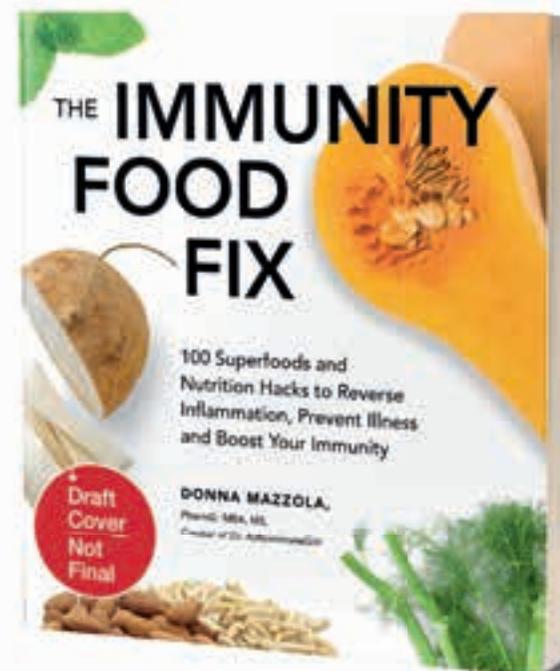
*Intermittent Fasting Made Easy* is an accessible, practical, science-backed guide to transform your body, mind, and health with intermittent fasting by a top nutrition and fitness expert, Thomas DeLauer. Chapter by chapter, he walks readers through the best practices for each of the key stages of intermittent fasting: the

fasting window, breaking the fast, and the eating window.

Readers will learn the best foods to eat (and ones to avoid), supplements to support your progress, how to maximize your workout, and how to avoid the most common mistakes people make, plus how to get past intermittent fasting roadblocks including mood swings, relapse and plateauing.

With *Intermittent Fasting Made Easy*, readers will know exactly what to do to get the most out of intermittent fasting – starting now.

**THOMAS DELAUER** is a celebrity fitness and nutrition expert and social media influencer. He is best known for his hugely popular YouTube channel, which has millions of followers and regularly features posts on fitness and nutrition. He has appeared in *Muscle & Fitness*, *Muscle & Performance* and *Bodybuilding.com*, among other outlets.



**JUNE 2022**  
9780760374474  
£18.99 | \$26.99 US | \$35.99 CAN  
192pp | 254 x 203mm | TPB  
50 illustrations  
Rights: World  
Health & Fitness/Diet & Nutrition/  
Nutrition

## THE IMMUNITY FOOD FIX

100 SUPERFOODS AND NUTRITION HACKS TO REVERSE INFLAMMATION, PREVENT ILLNESS AND BOOST YOUR IMMUNITY

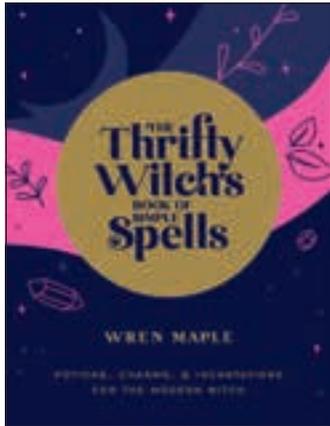
Donna Mazzola

*The Immunity Food Fix* gives you the 100 best immune superfoods to support your health, prevent illness, and be your most resilient.

Immune response underpins every chronic health condition from diabetes and heart disease to warding off the common cold to how well one ages.

Studies have shown that nutrition impacts immunity and disease development. The bottom line? What you put on your plate can heal you or hurt you. *The Immunity Food Fix* gives you the 100 best immune superfoods to support your health, prevent illness, and be your most resilient.

**DONNA MAZZOLA**, PharmD, MS has always had a fascination with natural healing and preventative care. After obtaining a Doctorate in Pharmacy, Donna realized that medicine has a place in healing, but it's the balance between nutrition and medicine that impacts disease. Donna is on a mission to educate the world on the healing powers of food and give meaning to the concept of food as medicine. She runs the blog [drautoimmunuegirl.com](http://drautoimmunuegirl.com) to share reputable scientific information related to nutrition and health.



**JANUARY 2022**  
 9781592339808  
 £16.99 | \$22.99 US | \$29.99 CAN  
 160pp | 246 x 190mm | TPB  
 Rights: World  
 Body, Mind & Spirit/Witchcraft  
 (see also Religion/Wicca)

## THE THRIFTY WITCH'S BOOK OF SIMPLE SPELLS

POTIONS, CHARMS, AND INCANTATIONS FOR THE MODERN WITCH

*Wren Maple*

**Wren Maple (aka The Thrifty Witch) helps today's busy witches hone their craft with an eye toward accessibility and practicality.**

The first book from Wren Maple, founder of popular online communities Thrifty Witch and Thrifty Coven, is all about simple, accessible spells. Wren's followers include plenty of new witches, but more experienced witches have also flocked to her content. With inspiring photos, quirky illustrations, and recurring features like "witchy tips", the book captures the spirit of The Thrifty Witch's young, millennial-friendly online presence.

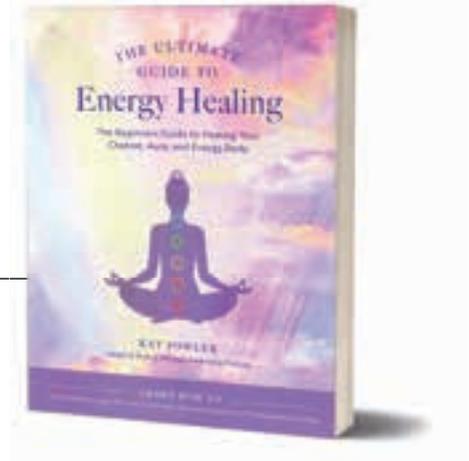


## THE ULTIMATE GUIDE TO...

Comprehensive beginner's guides to discovering a range of mind, body, spirit topics. Filled with beautiful illustrations and expert guidance.

**JANUARY 2022**

£18.99 | \$26.99 US | \$35.99 CAN  
 176pp | 254 x 203mm | TPB | Colour illustrations  
 Rights: World  
 Body, Mind & Spirit/Healing/Energy (Qigong, Reiki, Polarity)



## THE ULTIMATE GUIDE TO ENERGY HEALING

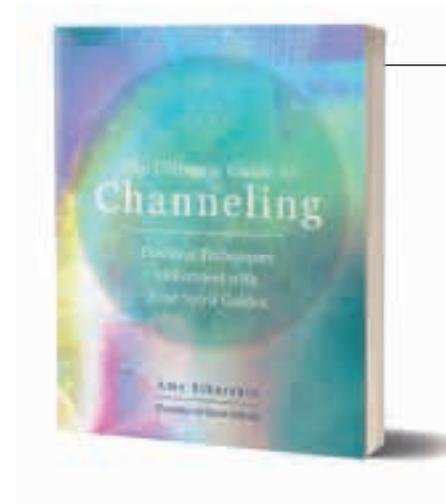
THE BEGINNER'S GUIDE TO HEALING YOUR CHAKRAS, AURA, AND ENERGY BODY

*Kat Fowler*

9780760371756

**A comprehensive beginner's guide to energy healing styles, practices, and techniques.**

Energy Healing is incredibly popular right now but can be intimidating to many, as it sits at the intersection of the scientific and the spiritual. *The Ultimate Guide to Energy Healing* demystifies energy healing styles and practices, covers the latest supporting research, and offers accessible energy healing techniques that readers can use immediately for healing and self-care.



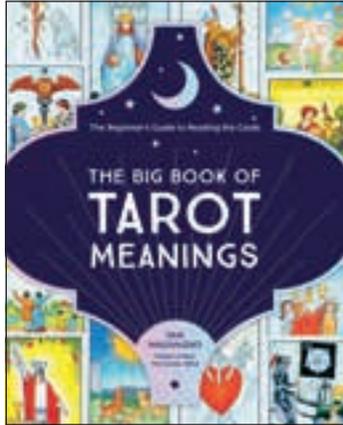
## THE ULTIMATE GUIDE TO CHANNELING

A PRACTICAL GUIDE TO CONNECTING WITH YOUR SPIRIT GUIDES

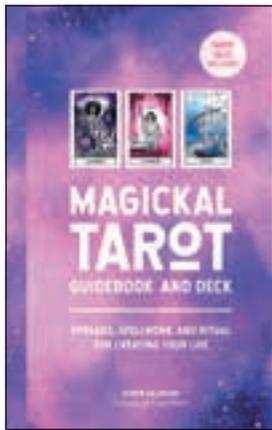
*Amy Sikarskie*

9780760371770 | February 2022  
 Body, Mind & Spirit/Channeling & Mediumship

Channeling is considered the apex of intuitive development. *The Ultimate Guide to Channeling* provides a safe, structured, step-by-step approach for awakening one's abilities written by mega influencer and creator of @Spirit School, Amy Sikarskie. She teaches readers valuable tools and techniques for energetic hygiene so that channeling can be done safely and accurately.



**APRIL 2022**  
9780760373057  
£18.99 | \$26.99 US | \$35.99 CAN  
240pp | 254 x 203mm | TPB  
78 illustrations  
Rights: World  
Body, Mind & Spirit/Divination/  
Tarot



**JANUARY 2022**  
9780760374207  
£22.00 | \$29.99 US | \$39.99 CAN  
160pp | 203 x 127mm | Kit  
Rights: World  
Body, Mind & Spirit/Divination/  
Tarot

## THE BIG BOOK OF TAROT MEANINGS

THE BEGINNER'S GUIDE TO READING THE CARDS

*Robyn Valentine*

**A unique approach - with a beautifully designed deck - to work with tarot for magick and manifestation!**

*The Big Book of Tarot Meanings* is an exciting new approach to beginner tarot. This comprehensive guide divides each tarot card interpretation into specific meanings for all the most-queried categories including relationships, finance, health, career and more. These carefully chosen categories give the reader greater understanding of the tarot and enables them to apply these interpretations to the card positions of any tarot spread.

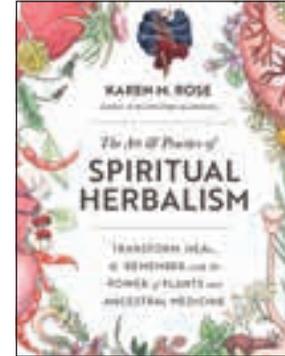
## THE MAGICKAL TAROT GUIDEBOOK AND DECK

SPREADS, SPELLWORK, AND RITUAL FOR CREATING YOUR LIFE

*Robyn Valentine*

**Tarot is a powerful tool for divination. Its magick, however, goes far beyond fortune-telling and prediction.**

*The Magickal Tarot Guidebook and Deck* offers a unique approach to tarot that teaches you how to tap into the energy and archetypes of the Major Arcana for manifesting and amplifying desired outcomes. This kit includes a 160-page book and newly commissioned tarot deck designed in the style of the iconic Rider-Waite. After learning more about each Major Arcana card, use the full tarot deck included in this kit as your own magickal tool!



## THE ART & PRACTICE OF SPIRITUAL HERBALISM

*Samantha Johnson*

**Discover how to utilize the magic of plants and diasporic ancestral practices in remedies and ritual.**

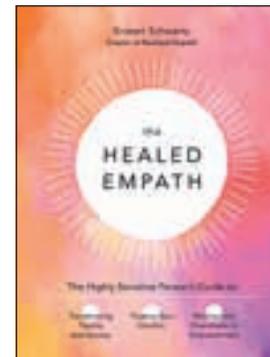
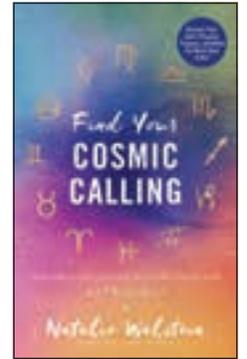
**FEBRUARY 2022**  
9780760371794  
£18.99 | \$26.99 US | \$35.99 CAN  
208pp | 235 x 191mm | TPB  
Colour illustrations and photos  
Rights: World  
Body, Mind & Spirit/Healing/  
General

## FIND YOUR COSMIC CALLING

*Donna Mazzola*

***Find Your Cosmic Calling* shows you how to use your unique astrological birth chart to discover your soul's blueprint.**

**JANUARY 2022**  
9780760372791  
£18.99 | \$24.99 US | \$32.99 CAN  
176pp | 210 x 133mm | Paper  
Over Board  
Rights: World  
Body, Mind & Spirit/Astrology/  
General

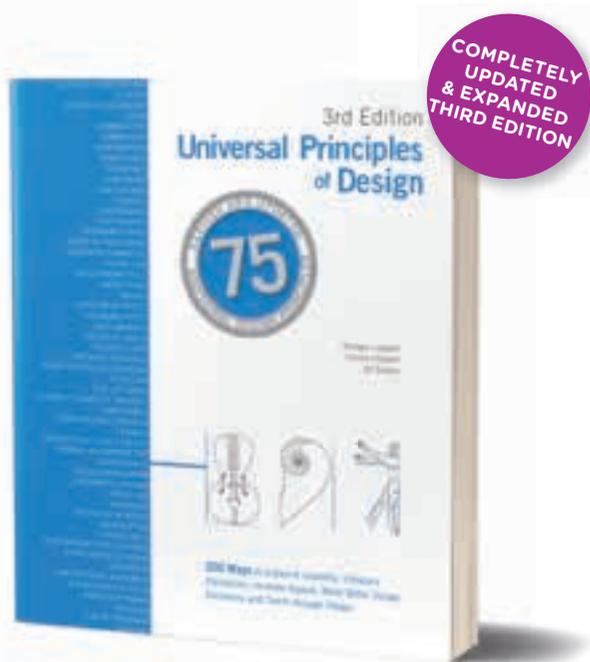


## THE HEALED EMPATH

*Kristen Schwartz*

**Harness your sensitivity as a superpower with this how-to guide for the modern empath.**

**JANUARY 2022**  
9780760371732  
£18.99 | \$24.99 US | \$32.99 CAN  
192pp | 225 x 170mm | TPB  
40 illustrations  
Rights: World  
Self-Help/Personal Growth/  
Happiness



**APRIL 2022**  
 9780760375167  
 £28.00 | \$40.00 US | \$53.00 CAN  
 432pp | 260 x 222mm | Flexi-Bind  
 Approx. 400 colour photographs  
 Rights: World  
 Design/Graphic Arts/General

## UNIVERSAL PRINCIPLES OF DESIGN, THIRD EDITION

200 WAYS TO ENHANCE USABILITY, INFLUENCE PERCEPTION, INCREASE APPEAL, MAKE BETTER DESIGN DECISIONS, AND TEACH THROUGH DESIGN

*William Lidwell, Kritina Holden and Jill Butler*

A comprehensive encyclopedia of important guidelines, concepts, and considerations that inform and influence a variety of design disciplines – fully updated with new references for existing entries and expanded with 75 new entries for a total of 200 principles.

Richly illustrated and easy to navigate, it pairs clear explanations of every design concept with visual examples of the ideas applied in practice, and is organised alphabetically so that principles can be easily and quickly referenced.

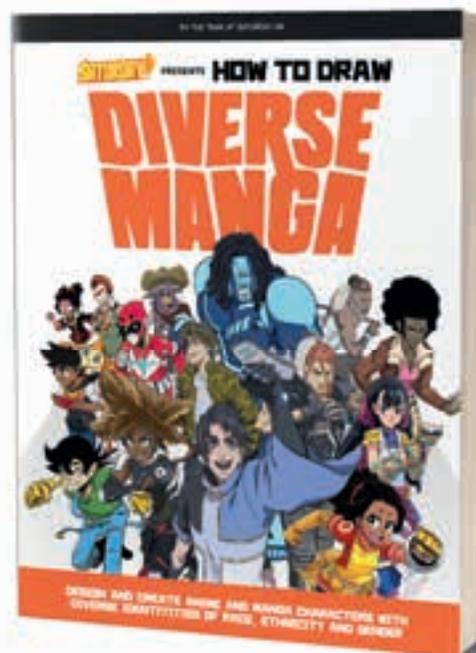
### Also available:

**The Pocket Universal Principles of Design**  
 9781631590405 | £11.99 | \$15.99 US | \$21.99 CAN | TPB

**Universal Methods of Design, Expanded and Revised**  
 9781631597480 | £26.00 | \$35.00 US | \$46.00 CAN | TPB



**WILLIAM LIDWELL** is the Chief R&D Officer at Avenues: The World School, where he leads education research teams. **KRITINA HOLDEN** is a Human Factors Technical Fellow with Leidos at the NASA Johnson Space Center. **JILL BUTLER** is the founder of Stuff Creators Design, an interaction design consultancy.



**JUNE 2022**  
 9780760375426  
 £18.99 | \$24.99 US | \$32.99 CAN  
 144pp | 279 x 216mm | TPB  
 Approx. 250 colour photographs  
 Rights: World  
 Art/Techniques/Drawing

## SATURDAY AM PRESENTS HOW TO DRAW DIVERSE MANGA

DESIGN AND CREATE ANIME AND MANGA CHARACTERS WITH DIVERSE IDENTITIES OF RACE, ETHNICITY, AND GENDER

*Saturday AM*

In *Saturday AM Presents How to Draw Diverse Manga*, the team of artists at *Saturday AM* magazine – the world’s leading showcase of diverse anime and manga stories and characters – demonstrates how to create diverse manga-style characters.

Featuring the magazine’s most popular artists, who themselves represent racial identities, ethnicities, and cultures from all over the world as well as diverse gender identities and sexual orientations. It focuses on techniques for drawing authentic manga-style depictions of ethnicities that are rarely reflected in the media despite occupying large segments of the fanbase.

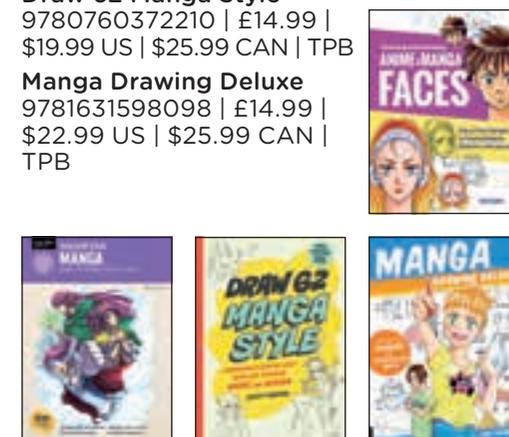
### Also available:

**Drawing and Painting Anime & Manga Faces**  
 9781631599620 | £16.99 | \$22.99 US | \$29.99 CAN | TPB

**Drawing Manga**  
 9781633228429 | £6.99 | \$10.95 US | \$14.95 CAN | TPB

**Draw 62 Manga Style**  
 9780760372210 | £14.99 | \$19.99 US | \$25.99 CAN | TPB

**Manga Drawing Deluxe**  
 9781631598098 | £14.99 | \$22.99 US | \$25.99 CAN | TPB





**JUNE 2022**  
 9780760374283  
 £18.99 | \$24.99 US | \$32.99 CAN  
 176pp | 235 x 191mm | Paper Over Board  
 Rights: World  
 Cooking/Methods/Baking

### MODERN ASIAN BAKING AT HOME

ESSENTIAL SWEET AND SAVOURY RECIPES FOR MILK BREAD, MOONCAKES, MOCHI, AND MORE; INSPIRED BY THE SUBTLE ASIAN COMMUNITY

*Kat Lieu*

**Steam, fry, boil and bake your way through this straight-from-the-heart collection of recipes!**

From the Subtle Asian Baking community comes *Modern Asian Baking at Home*, must-have recipes for beloved sweet and savoury treats found across Asia including exciting yet familiar contemporary bakes with innovative Asian twists. The results are unforgettable delights like miso-mochi brownies and spicy gojuchang flourless chocolate cake. There's even a recipe for homemade boba!

Explore new ingredients, different techniques and interesting textures through lush photography and rewarding recipes. Perfect for anyone nostalgic for Asian desserts as well as hobbyist and avid home bakers interested in using vibrant ingredients like miso, matcha, yuzu, and soy sauce to expand their repertoires. No passport is needed when you can easily create and experience popular Asian sweets and one-of-a-kind Asian-influenced drinks, custards, cakes, and frozen treats at home.

**KAT LIEU** is a doctor of physical therapy by day and an avid home baker by night. The founder of a popular online baking group called Subtle Asian Baking (SAB), she is especially known for the Japanese and Basque cheesecake recipes published on her blog, [philandmama.com](http://philandmama.com), and Instagram, [@subtleasian.baking](https://www.instagram.com/subtleasian.baking).



**JANUARY 2022**  
 9781631599941  
 £18.99 | \$24.99 US | \$32.99 CAN  
 128pp | 279 x 216mm | TPB  
 200 illustrations  
 Rights: World  
 Art/Techniques/Oil Painting

### OIL PAINTING EVERY DAY

A STEP-BY-STEP BEGINNER'S GUIDE TO PAINTING THE WORLD AROUND YOU – DEVELOP A SUCCESSFUL DAILY CREATIVE HABIT

*Robin Sealark*

**A fun, modern approach to oil painting that offers expert techniques, tips, and tricks to create landscapes, seascapes, still lifes, portraits and figures, florals, and much more.**

*Oil Painting Every Day* offers an enjoyable, modern approach to oil painting that takes the stuffiness out and puts the fun back in. Learn how to see and think like an artist and discover expert tips and tricks for creating compelling compositions with beautiful colour palettes and

stunning details. Simple scenes spring to life with the rich radiance and extensive colour range of oil paint, creating dramatic highlights and shadows. Perfect for beginners or those with some painting experience, this book is an all-access pass to oil painting.

- Painting continues to be the most popular activity among students, hobbyists, and professional artists, according to NAMTA's 2018 Artist Report survey.

**ROBIN SEALARK** spent her undergraduate years specializing in hyper-realistic portraiture, but shifted her focus to landscapes, seascapes, and skyscapes. Robin has established strong followings on Instagram and YouTube, where she frequently posts her work, process videos, tips, tutorials, and advice.

# URBAN SKETCHING HANDBOOKS

Detailed, step-by-step visual instruction on how to develop observation and sketching and painting skills for all aspects of the subject.

£14.99 | \$19.99 US | \$25.99 CAN  
112pp | 203 x 127mm | Flexi-Bind |  
Approx. 100 colour photographs  
Rights: World

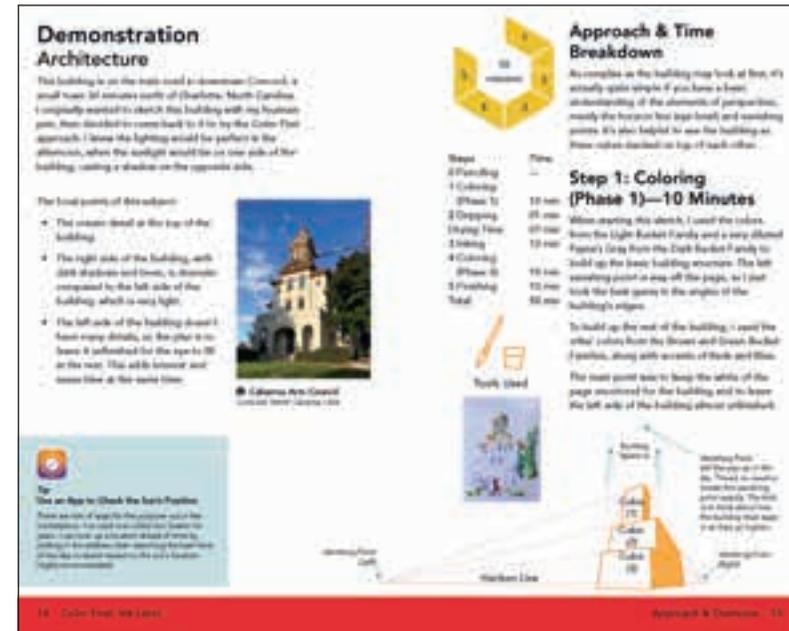
## COLOR FIRST, INK LATER

A DYNAMIC APPROACH TO DRAWING AND PAINTING ON LOCATION

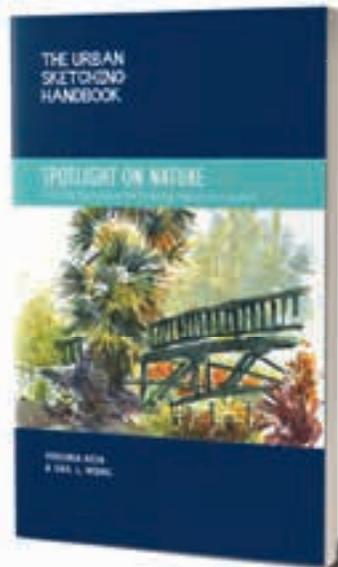
Mike Yoshiaki Daikubara

9780760373033 | January 2022 | Art/  
Techniques/Colour

In *The Urban Sketching Handbook: Color First, Ink Later*, Mike Daikubara shares his unique approach to creating art on the go – painting with watercolor first, then adding sketch lines in ink. Several step-by-step demonstrations show how to apply this approach to a range of subjects, from nature to architecture, and an extensive gallery of sketches featuring spontaneous effects of colour and line provides rich inspiration.



Color First, Ink Later  
by Mike Yoshiaki  
Daikubara



## SPOTLIGHT ON NATURE

Virginia Hein and Gail L Wong

9780760374559  
May 2022 | Art/Techniques/Drawing

*The Urban Sketching Handbook: Spotlight on Nature* demonstrates how to make the most of nature in on-location drawings and paintings. Instructors Gail L Wong and Virginia Hein show artists at all levels of skill and experience how to make the most of nature in on-location drawings and paintings, whether for tiny urban parks or expansive landscapes. They present detailed step-by-step examples along with insightful tips and exciting finished pieces by contributing artists.



Spotlight on Nature  
by Virginia Hein and  
Gail L Wong

Also available:

**101 Sketching Tips**  
9781631597657 | £14.99 |  
\$18.99 US | \$25.99 CAN | TPB

**Working With Colour**  
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### CREATIVE ACRYLICS

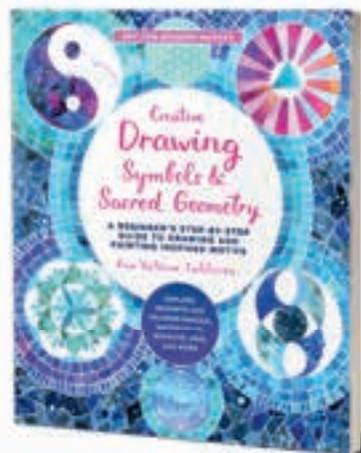
A STEP-BY-STEP BEGINNER'S GUIDE TO CREATING WITH PAINT AND MEDIUMS

Carla Co Chua

9780760373279 | January 2022 |  
Art/Techniques/Acrylic Painting

**A fresh, modern approach to painting with acrylics that offers beginner techniques, lessons, and fun projects on a variety of surfaces.**

Creating with acrylic paint is easy, enjoyable, and rewarding, and *Creative Acrylics* has all the techniques, tips, lessons, and projects to learn how to paint with confidence. Acrylic paints and mediums are affordable, accessible, easy to work with, and forgiving, making them the perfect painting medium for beginners.

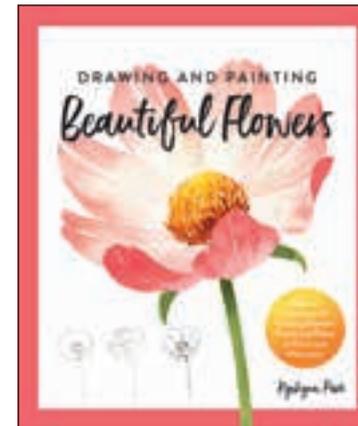


### CREATIVE DRAWING SYMBOLS AND SACRED GEOMETRY

Ana Victoria Calderón

9780760374535 | May 2022  
Art/Techniques/Drawing

Artist, instructor, and author Ana Victoria Calderón shares her simple step-by-step techniques for drawing and embellishing these exciting, inspiring, and beautiful motifs. Learn how sacred geometry has been practised and celebrated by cultures all over the world and influenced artists throughout history, including Leonardo da Vinci.



APRIL 2022

9780760373309

£18.99 | \$24.99 US | \$32.99 CAN  
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Art/Subjects & Themes/Plants & Animals

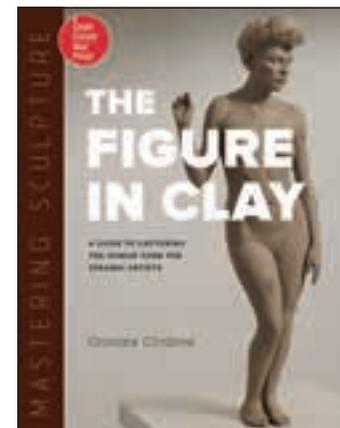
### DRAWING AND PAINTING BEAUTIFUL FLOWERS

DISCOVER TECHNIQUES FOR CREATING REALISTIC FLORALS AND PLANTS IN PENCIL AND WATERCOLOR

Kye Hyun Park

**A simple, contemporary way to draw and paint flowers, plants, leaves, and more that takes all the guesswork out of creating gorgeous botanicals.**

Discover how easy it is to create lovely flowers and botanicals in pencil and watercolour with the simple step-by-step techniques in *Drawing and Painting Beautiful Flowers*. Create colourful daffodils, roses, hydrangeas, daisies, cosmos, and more with expert instruction designed to fast-track skills and confidence. A materials primer includes the essential sketching and watercolour supplies needed to get started.



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9780760373095

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### MASTERING SCULPTURE: THE FIGURE IN CLAY

A GUIDE TO CAPTURING THE HUMAN FORM FOR CERAMIC ARTISTS

Cristina Córdova

**Learn the fundamental techniques and expert tips for creating lifelike human forms from renowned sculptor and instructor Cristina Córdova.**

For the first time in nearly a decade, a new book on sculpture fit not only for professionals but for amateur ceramic artists, hobbyists and even figurative sculptors curious about clay. Cristina Cordova shares her methods for sculpting life-like human forms. With an approachable section on human anatomy and tutorials on creating meaningful and practical reference art, this book is a complete package for anyone looking to take their first steps into sculpture.



**JANUARY 2022**  
9780760371909  
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Pets/Dogs/Training

## SUPER DOG TRICKS

MAKE YOUR DOG A SUPER DOG WITH STEP-BY-STEP TRICKS AND TRAINING TIPS – AS SEEN ON AMERICA’S GOT TALENT!

Sara Carson

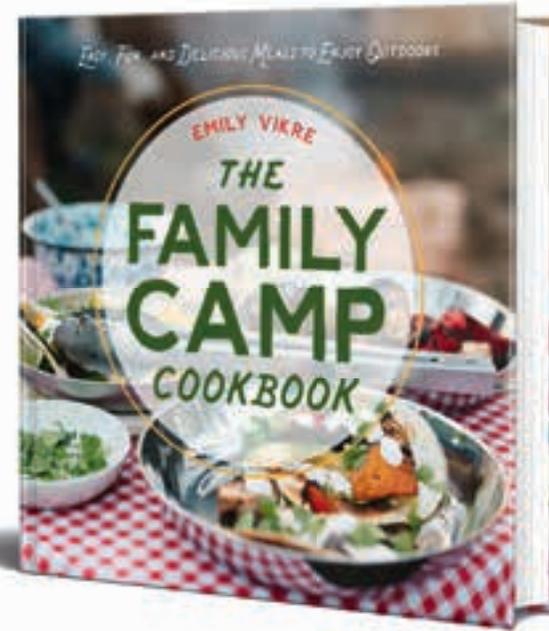
Learn all the fundamentals (sit, shake) along with modern showstopper tricks (take a selfie, jump rope) with TV stars Sara Carson and the Super Collies.

Learn captivating tricks and behind-the-scenes training fundamentals from celebrity trainer Sara Carson. Her Super Simple Tricks can be mastered in just a few sessions. The Super Impressive tricks take a little more time to master, but the payoff is sure to impress friends and family (like a dog that can “take a selfie”).

The Super Trick Dog chapter includes some of the tricks Sara performs at half-time shows and

other television appearances, including more acrobatic tricks, jumping rope, and finesse tricks like turning the lights on and off. Sara also provides everything readers need to get a super start – whether they have a puppy or a new, older member of the pack. It covers common concepts like leash walking, crate training, and socialization. Based on her popular freestyle workshops, a unique chapter offers a masterclass on focus building and communication that allows you and your dog to work together. This is a dog trick book that’s set apart from the pack!

**SARA CARSON** and the Super Collies have been widely featured, from appearances on *America’s Got Talent* to *The Late Show* with David Letterman and shows on Nickelodeon and The CW. They have appeared in live productions and theatres across the USA.



**FEBRUARY 2022**  
9780760371886  
£18.99 | \$27.00 US | \$36.00 CAN  
192pp | 229 x 229mm | Paper Over Board  
Rights: World  
Cooking/Methods/Outdoor

## THE FAMILY CAMP COOKBOOK

EASY, FUN, AND DELICIOUS MEALS TO ENJOY OUTDOORS

Emily Vikre

From the great outdoors to the great backyard, go beyond hot dogs and trail mix with fun-to-cook and delicious-to-eat meals the whole family can enjoy.

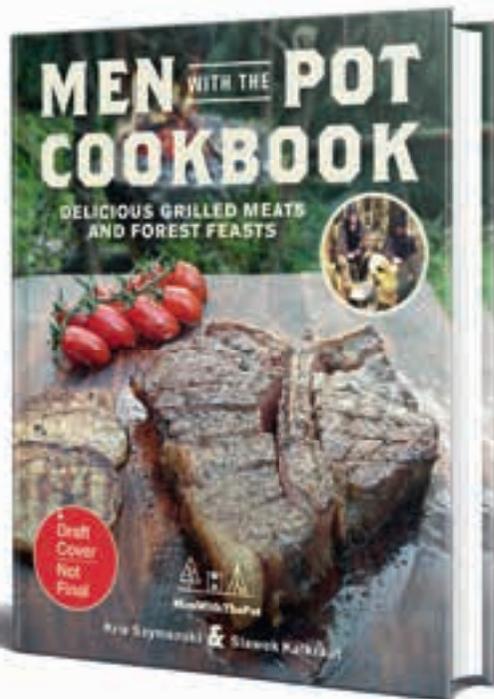
A new edition to the camp cookery series that includes *New Camp Cookbook* and *Camp Cocktails*, *The Family Camp Cookbook* brings the fun and flavour! The competing books (including *New Camp Cookbook*) tend to be for either adults with few time considerations or more dated offerings for

scout-type gatherings (think hot dogs and s’mores).

This book is the first one centered on outdoor cooking for today’s family. That means the recipes are easy to make (most can even get the kids involved), but aren’t dumbed down either.

With prep and pack guides and tutorials for core skills like using a charcoal grill and starting a fire, this book is an all-in-one guide to getting outside for some delicious family fun.

**EMILY VIKRE** holds a PhD in food policy and behavioural theory from Tufts University. She is co-founder and co-owner of Vikre Distillery, which has been named best craft spirits distillery by *USA Today*. A nationally recognized food and drinks writer, Emily has been a regular columnist for *Food52*, and has written for *Lucky Peach*, Minnesota Public Radio, and *Norwegian American Weekly*.



**MAY 2022**  
9780760374184  
£18.99 | \$27.00 US | \$36.00 CAN  
208pp | 254 x 203mm | HB  
Rights: World  
Cooking/Specific Ingredients/Meat

## **MEN WITH THE POT COOKBOOK** DELICIOUS GRILLED MEATS AND FOREST FEASTS

*Kris Szymanski and Slawek Kalkraut*

Join internet celebrity chefs **Men with the Pot** for a unique grilling and outdoor cookbook that includes delicious, creative recipes and a bit of bushcraft.

One of the first cooking channels to break-out on TikTok, the Men with the Pot have millions of fans watching their mesmerising posts. The secret to their success: cooking with live fire in the forest. There are no hard rules. Just bring delicious ingredients and see where the meal goes. While you might expect that means a lot of rustic steak and chicken, the reality is much more creative.

Main dishes might be inspired by Chinese takeout or Polish street food. Even a simple meal like fajitas gets more interesting as the Men use the forest around them.

This wild, wonderful fun all comes through in their first cookbook. With chapters that explore all the dishes they are known for, the 65+ recipes deliver big flavour whether cooked over the fire on a camping trip or on a gas grill at home. For those wanting to go all-in, there are tutorials for building a fire and some fun bushcraft projects as well.

Breakout cooking stars **MEN WITH THE POT** have been named among the first recipients of the TikTok Creator Fund, helping them to turn their creativity into a career. They are frequently showcased on the platform and shared around online communities like BuzzFeed's Tasty.





DRAFT COVER

**MARCH 2022**

9780760372937

£18.99 | \$26.99 US | \$35.99 CAN

208pp | 241 x 191mm | HB

Rights: World

Cooking/Vegan

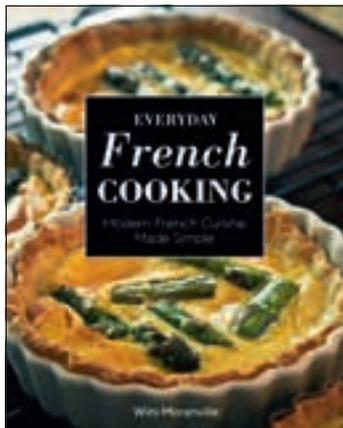
## VEGAN PASTA NIGHT

A MODERN GUIDE TO ITALIAN-STYLE COOKING

*Brianna Gallo*

Delicious fresh pastas, classic sauces, vegan cheeses from mozzarella to parmesan, and even veganized Italian meats for anyone trying to eat more plants.

As more people convert to veganism and omnivores incorporate more plant-based recipes, chef Brianna Gallo found that many who were searching for vegan recipes were turning to her for Italian recipes. In this book, she shares all the secrets for these fundamental Italian ingredients along with chapter after chapter of delicious baked pastas, filled pastas, entrées, and sides.



**APRIL 2022**

9780760373576

£22.00 | \$30.00 US | \$40.00 CAN

272pp | 254 x 203mm | TPB

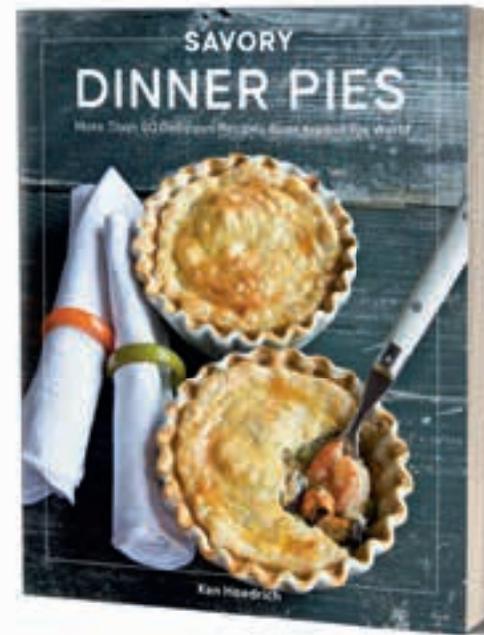
Rights: World

Cooking/Regional & Ethnic/  
French

## EVERYDAY FRENCH COOKING

*Wini Moranville*

Home chefs afraid of the time, tools, and techniques required to master French cuisine will find *Everyday French Cooking* a must-have. With simplified versions of classic French dishes, as well as modern French home cooking recipes that use common utensils and easy-to-find ingredients, *Everyday French Cooking* will have every chef feeling right at home with French cuisine.



## SAVORY DINNER PIES

MORE THAN 80 DELICIOUS RECIPES FROM AROUND THE WORLD

*Ken Haedrich*

A collection of tried-and-true, classic, and new savoury pie recipes from around the world.

*Savory Dinner Pies from Around the Globe* includes over 80 recipes for two-crust, one-crust, and no-crust pies. As a recognized master in the art of making pies, Ken Haedrich includes updated and perfected versions from the great savoury pie traditions, including British, New England Yankee, and Southern

**JANUARY 2022**

9780760373590

£22.00 | \$29.99 US | \$39.99 CAN

224pp | 254 x 203mm | TPB

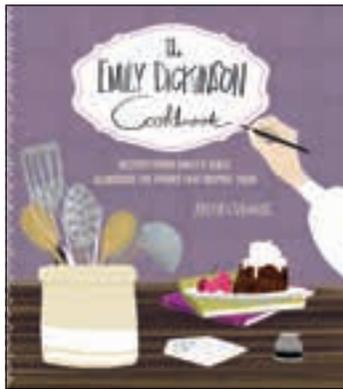
Rights: World

Cooking/Courses & Dishes/Pies

- recipes for classics including quiche, shepherd's pie, and a best-ever chicken pot pie.

But, as a world-eater and expert baker, Haedrich doesn't stop there. The remaining recipes span a variety of diverse cuisines, including French, Italian, Mexican, Spanish, Greek, Moroccan, Indian and Australian savoury pies, among others.

**KEN HAEDRICH** is the author of the definitive book on pie, *Pie: 300 Tried-and-True Recipes for Delicious Homemade Pie*, which Melissa Clark in the *New York Times* called "a masterful pastry tome" and which *Cooking Light* magazine named one of the 100 best cookbooks of the past 25 years.



**JANUARY 2022**

9780760374368

£14.99 | \$19.99 US | \$25.99 CAN

112pp | 216 x 191mm | Paper Over Board

40 colour photographs

Rights: World

Cooking/Media Tie-In

## THE EMILY DICKINSON COOKBOOK

RECIPES FROM EMILY'S TABLE ALONGSIDE THE POEMS THAT INSPIRE THEM

*Arlyn Osborne*

For the millions of fans who love Emily Dickinson and her world, whether as readers or as fans of the hit television series *Dickinson*, here is a book that brings Emily's world into their own homes.

A distinguished food historian said Emily "was probably better known as a baker than a poet in her lifetime". Remarkably, that is true. Emily wrote poems in the kitchen of her home and was cooking up a storm much of the time. She wrote poems on the wrappers of packages of chocolate that she ordered for baking, and she wrote recipes in her notebooks of poems. The 50 recipes in this colourful and lavishly illustrated book are all updated for the modern kitchen.



**APRIL 2022**

9780760374269

£22.00 | \$30.00 US | \$40.00 CAN

224pp | 254 x 203mm | Paper Over Board

Rights: World

Cooking/Methods/Barbecue & Grilling

## HORN BARBECUE

RECIPES AND TECHNIQUES FROM A NEW MASTER OF THE ART OF BARBECUE

*Matt Horn*

Matt's barbecue style, which he calls West Coast Barbecue, is original.

Matt Horn is American barbecue's most exciting new talent. His Horn Barbecue restaurant in Oakland, California, has lines outside that run for blocks and hundreds of rave reviews in local and national media. The draw? Cooked-to-perfection meats rubbed, mopped, basted, and sauced the way good BBQ should be, plus comforting sides and fixins' and inspired desserts and drinks. Now the restaurant's secret recipes, and many more from Matt's own personal repertoire, are revealed in the pages of this exciting, user-friendly, and beautifully photographed book.



**JANUARY 2022**

9780760372814

£19.99 | \$27.99 US | \$37.99 CAN

208pp | 254 x 203mm | Paper Over Board

Colour photographs

Rights: World

Cooking/Courses & Dishes/ Cookies

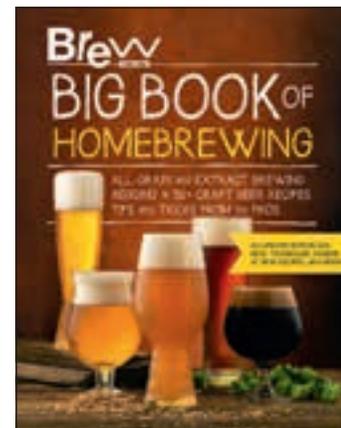
## CRAZY FOR COOKIES, BROWNIES, AND BARS

SUPER-FAST, MADE-FROM-SCRATCH SWEETS, TREATS, AND DESSERTS

*Dorothy Kern*

Eighty-five foolproof and delectable recipes, each with a photo, that make baking crazy fun, from a superstar baking blogger.

Dorothy Kern is one of the most trusted and widely read baking bloggers on Earth. Her tested-to-perfection recipes are easy to make, scrumptiously delicious, and full of creative new flavour ideas. In *Crazy for Cookies, Brownies, and Bars* she shows readers how to be world-class cookie bakers, making perfect-every-time cookies that everyone loves. She serves up more than 85 recipes, each with its own colour photograph.



**MAY 2022**

9780760374337

£19.99 | \$27.99 US | \$37.99 CAN

240pp | 254 x 203mm | TPB

Rights: World

Cooking/Beverages/Alcoholic/ Beer

## BREW YOUR OWN BIG BOOK OF HOMEBREWING

*Brew Your Own*

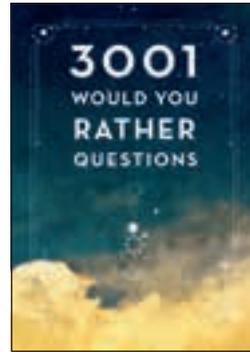
Packed with recipes, techniques, expert advice, and more, this updated guide from Brew Your Own is a necessity for anyone who's into homebrew.

For more than two decades, America's homebrewers have turned to *Brew Your Own* magazine for the best information on making incredible beer at home. From well-tested recipes to expert advice, *Brew Your Own* sets the standard for quality. Now, for the first time, the magazine's best homebrew guides, recipes, troubleshooting and tips are brought together in one book.

## CREATIVE KEEPSAKES

Whether it's you or a family member, be inspired to record memories and life experiences.

£6.99 | \$9.99 US | \$12.99 CAN  
204pp | 214 x 152mm | Paperback Layflat  
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Games & Activities/Guided Journals



### 3,001 WOULD YOU RATHER QUESTIONS, SECOND EDITION

*Editors of Chartwell Books*  
9780785840343 | February 2022

### MY LIFE STORY, SECOND EDITION

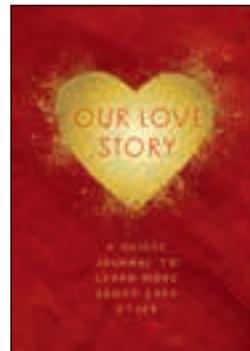
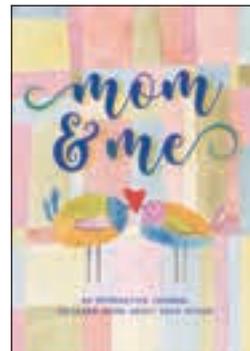
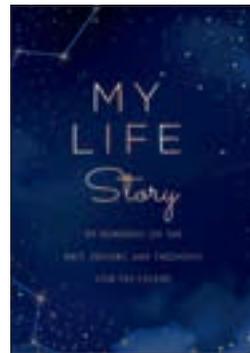
*Editors of Chartwell Books*  
9780785840374 | January 2022

### MOM & ME, SECOND EDITION

*Taylor Vance*  
9780785840381 | January 2022

### OUR LOVE STORY, SECOND EDITION

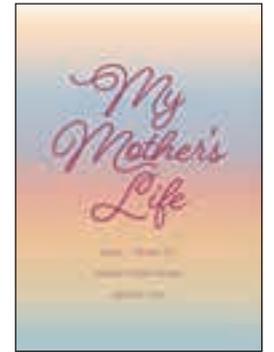
*Taylor Vance*  
9780785840398 | January 2022



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9780785840213 | January 2022

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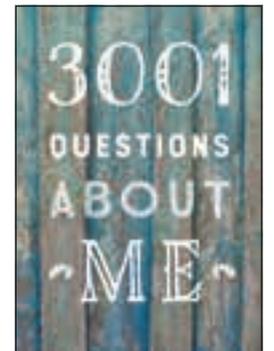
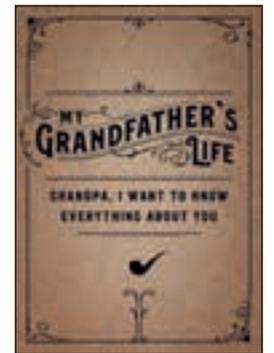
*Editors of Chartwell Books*  
9780785840237 | January 2022

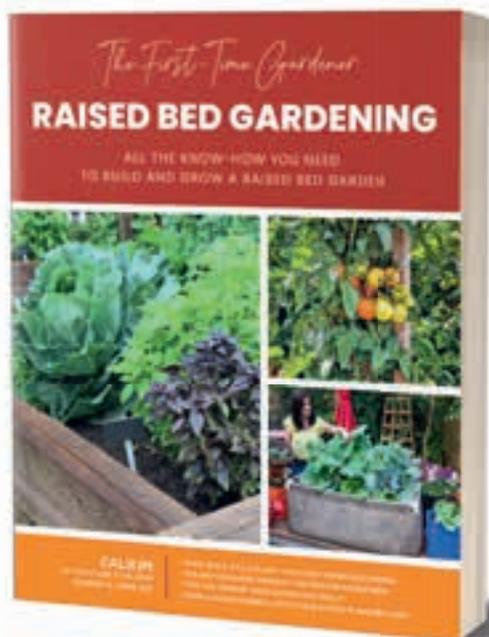
### MY GRANDMOTHER'S LIFE, SECOND EDITION

*Editors of Chartwell Books*  
9780785840244 | March 2022

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*Editors of Chartwell Books*  
9780785840336 | February 2022





**MARCH 2022**  
 9780760372753  
 £18.99 | \$26.99 US | \$35.99 CAN  
 176pp | 254 x 203mm | TPB  
 175 illustrations  
 Rights: World  
 Gardening/Container

**THE FIRST-TIME GARDENER: RAISED BED GARDENING**  
 ALL THE KNOW-HOW YOU NEED TO BUILD AND GROW A RAISED BED GARDEN  
*CaliKim*

**An essential beginner's guide to setting up, planning, and planting your first raised bed garden.**

As millions of people turn to vegetable gardening to improve their food security and reduce their grocery budget, raised bed gardening has never been more popular. But it can also be intimidating, especially for beginner gardeners.

*The First-Time Gardener: Raised Bed Gardening* serves as the perfect guide for newbie growers, offering advice on everything from selecting the best raised bed for the available space and filling it with healthy soil, to planting plans and plant-care tips.

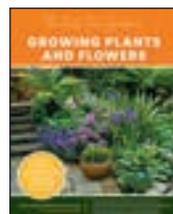
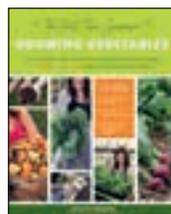
**Also available:**

**The First-Time Gardener: Growing Vegetables**

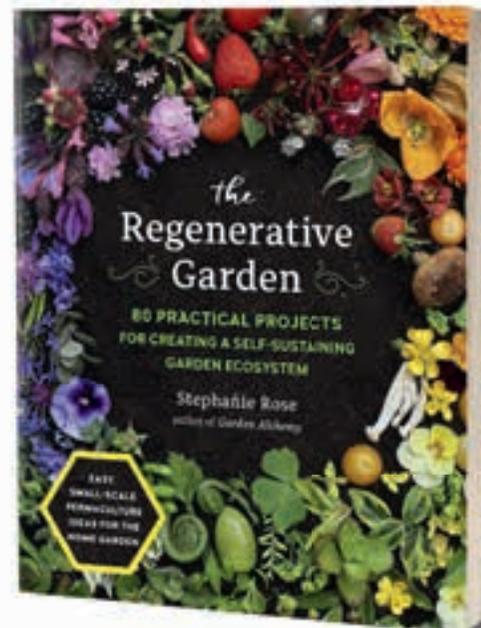
9780760368725 | £14.99 | HB

**The First-Time Gardener: Growing Plants and Flowers**

9780760368749 | £14.99 | HB



**CALIKIM** is an organic gardener and helps gardeners all over the world learn how to grow their own food in a quick, simple and inexpensive way through her enormously popular YouTube channel, CaliKim Garden & Home. She is the author of *Organic Gardening for Everyone* by Cool Springs Press.



**FEBRUARY 2022**  
 9780760371688  
 £18.99 | \$24.99 US | \$32.99 CAN  
 176pp | 235 x 191mm | TPB  
 200 photographs  
 Rights: World  
 Gardening/Organic

**THE REGENERATIVE GARDEN**  
 60 PRACTICAL PROJECTS FOR CREATING A SELF-SUSTAINING GARDEN ECOSYSTEM  
*Stephanie Rose*

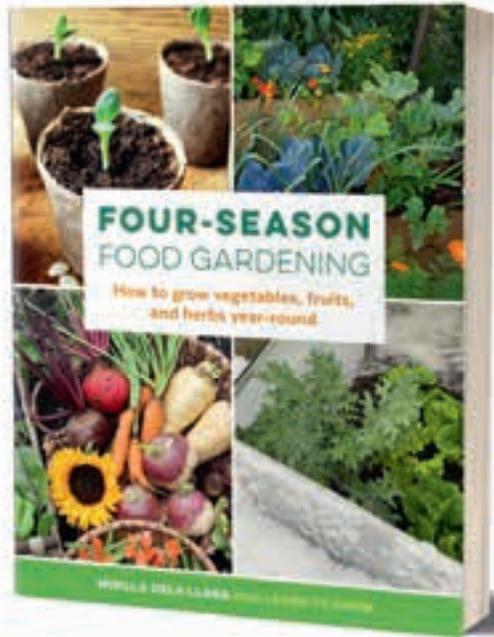
**60 small-scale permaculture projects to build a more self-sustaining garden.**

Working with nature rather than against it results in gardens that are not just more beautiful and productive, they're also more resilient and require less maintenance. By consciously designing and caring for your garden in a way that mimics natural ecosystems, you create a place with stability and biodiversity. The concept is known as permaculture and, while you might think it's only something that works on a large scale, you would be mistaken.

Stephanie Rose presents 80 projects home gardeners can do to encourage a closed-loop system where waste is turned into a resource, food is grown for the long-term (not just for a single season), and every task completed is done so with the goal of creating a thriving and productive backyard ecosystem.

Each chapter represents a means of regeneration including soil, water, plants, climate, ethics, and community.

**STEPHANIE ROSE** is an award-winning author, freelance writer, instructor, and international speaker who aims to encourage better living through plants. As a long-time student and teacher of organic gardening, she enjoys inspiring others to learn how to grow and use plants, with a focus on regenerative practices.



**FEBRUARY 2022**  
 9780760372739  
 £18.99 | \$26.99 US | \$35.99 CAN  
 192pp | 254 x 203mm | TPB  
 175 illustrations  
 Rights: World  
 Gardening/Vegetables

## FOUR-SEASON FOOD GARDENING

HOW TO GROW VEGETABLES, FRUITS, AND HERBS YEAR-ROUND

*Misilla dela Llana*

**Your guide to growing food year-round, no matter where you live.**

Growing food year-round, especially in a cold climate, requires careful planning, the right crops and gear, and a hearty dose of enthusiasm and dedication. Author Misilla dela Llana, host of YouTube's Learn to Grow channel, offers all of those things and more in *Four-Season Food Gardening*. In this guide to growing edible plants, Misilla introduces all the techniques necessary for year-round growing and then divides the year into food-growing quadrants

based on the tasks to be done and the best crops to grow.

She introduces perennial crops that produce food year after year, hands you strategies and projects for season-extending techniques such as using cold frames, hoop houses, deep mulch beds, and shade structures, and introduces you to dozens of surprisingly delicious fruits and vegetables you can combine to create a year-round food garden that yields pound after pound of delicious results.

**MISILLA DELA LLANA** shares her passion for organic gardening as a tradition passed down by previous generations with her husband and their four children. For the last decade she has focused her efforts on sustainable living, homesteading, and education, sharing her experience and creating tutorials on social media platforms.



**FEBRUARY 2022**  
 9780760371978  
 £18.99 | \$25.99 US | \$34.99 CAN  
 160pp | 254 x 203 mm | HB  
 200 photographs plus illustrations  
 Rights: World  
 Gardening/Japanese Gardens

## FREESTYLE BONSAI

HOW TO POT, GROW, PRUNE, AND SHAPE – BEND THE RULES OF TRADITIONAL BONSAI

*Jerome Kellerhals and Mariannjely Marval*

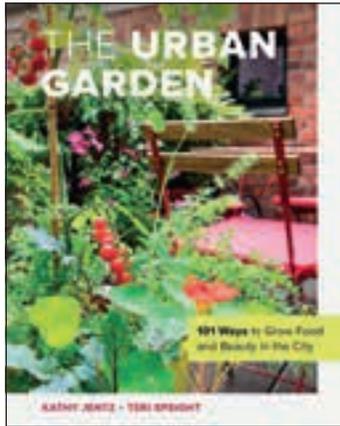
**Growing beautiful bonsai is possible, even for beginners, with help from Freestyle Bonsai.**

Bonsai is an ancient and traditional art form that most consider too difficult and intimidating to attempt. But what if there were a book that showed you how to grow beautiful freestyle bonsai trees without judgment or the stress of perfection? With *Freestyle Bonsai*, your trees are grown to please you, with a solid nod to the history and tradition of the art but not pressed fully under its thumb. Permission to break the

rules is all many potential bonsai enthusiasts need to get started.

Following strict rules or formal protocols isn't necessary for creating beautiful bonsai. Like every other art form out there, bonsai comes from the heart. In *Freestyle Bonsai*, Bonsai artists Jerome and Mari Kellenhals introduce the tools and techniques needed for bonsai beginners to get started planting, training, and caring for their own tiny trees. Whether the trees are grown indoors or out, bonsai is a relaxing hobby with gorgeous results.

**JEROME KELLERHALS** has been around bonsai for as long as he can remember but it wasn't until he moved to the US from Japan that he started studying it in depth. **MARIANNJELY (MARI) MARVAL** owns The Bonsai Supply with Jerome, her husband, a bonsai retail location offering trees, supplies, and classes.



**MARCH 2022**  
9780760373019  
£18.99 | \$26.99 US | \$35.99 CAN  
208pp | 254 x 203mm | Paper  
Over Board  
125-135 illustrations  
Rights: World  
Gardening/Urban

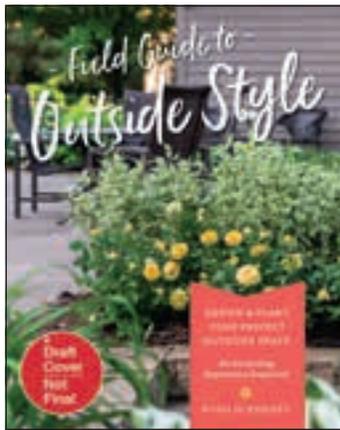
## THE URBAN GARDEN

### 101 WAYS TO GROW FOOD AND BEAUTY IN THE CITY

*Kathy Jentz and Teri Speight*

**101 creative and inspiring ideas to grow edible and decorative plants in urban environments.**

Millions of urban gardeners around the globe are looking for inspiring ways to grow vegetables, herbs, flowers, and other plants in limited space. They want to maximize yields from every square inch while also creating a beautiful outdoor living area where they can spend time with family and friends. *The Urban Garden* is here to offer these small-space gardeners 101 creative ways to turn their growing dreams into reality, whether it's on a balcony, rooftop, front stoop, back porch, or kitchen windowsill.



DRAFT COVER

**MARCH 2022**  
9780760372999  
£22.00 | \$30.00 US | \$40.00 CAN  
208pp | 254 x 203mm | Paper  
Over Board  
200 photographs  
Rights: World  
Gardening/Garden Design

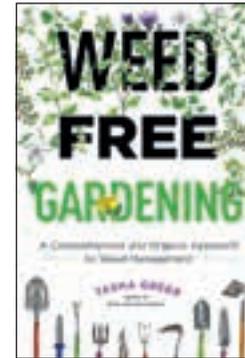
## FIELD GUIDE TO OUTSIDE STYLE

### DESIGN AND PLANT YOUR PERFECT OUTDOOR SPACE

*Ryan McEnaney*

**Learn to design and plant an outdoor living space based on your sense of style, your abilities, and your budget.**

With design and planting guidance from *Field Guide to Outside Style*, you'll create an outdoor living space as personal as the inside of your home, without needing an extensive budget. Even if you've never gardened before, author Ryan McEnaney teaches you how to personalize your landscape using plants, furnishings, and other items to create the perfect outdoor Eden for you and your family, no matter how large or small your space is.



## WEED-FREE GARDENING

*Tasha Greer*

**A practical, simple, and straightforward guide to managing weeds in planting beds and gardens.**

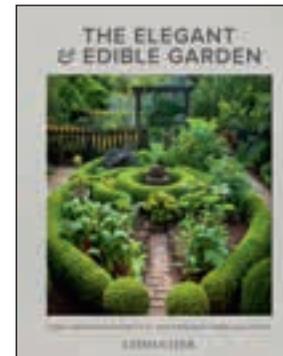
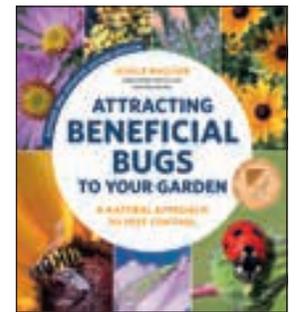
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**Everything you need to know to create a stylish garden that's both gorgeous and productive.**

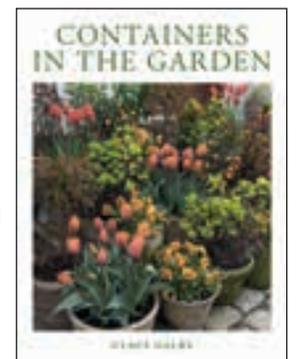
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**Create colourful, seasonal garden displays using a unique approach to ornamental container gardening from the Danish gardening celebrity Claus Dalby.**

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## GARDENER'S HANDBOOK

Wherever in the world your garden is, you can rely on our regional gardening guides to cultivate a successful landscape.

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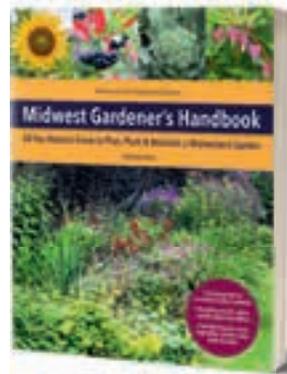
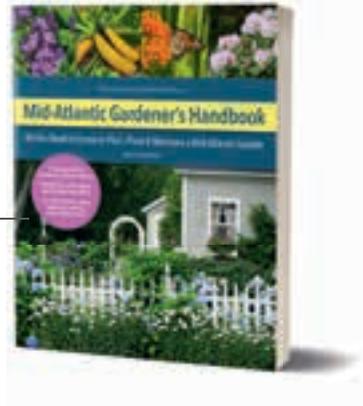
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ALL YOU NEED TO KNOW TO PLAN, PLANT AND  
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*Katie Elzer-Peters*

9780760372685 | Gardening/Regional/Middle  
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## MIDWEST GARDENER'S HANDBOOK, SECOND EDITION

ALL YOU NEED TO KNOW TO PLAN, PLANT AND  
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*Melinda Myers*

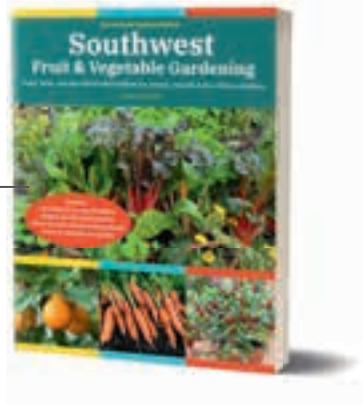
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PLANT, GROW, AND HARVEST THE BEST EDIBLES FOR  
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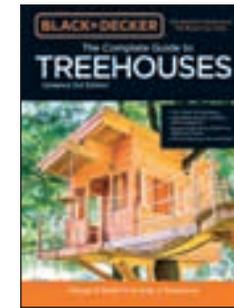


## BLACK & DECKER ESSENTIAL HOME SKILLS HANDBOOK

*Editors of Cool  
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Chris Peterson*

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House & Home/Mainte-  
nance & Repair

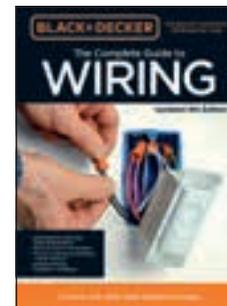


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*Philip Schmidt*

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Areas

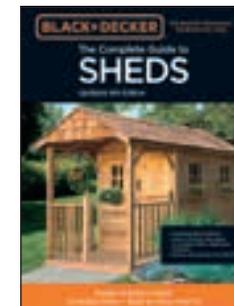


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*Editors of Cool  
Springs Press*

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House & Home/Do-It-  
Yourself/Electrical

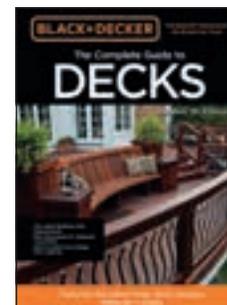


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*Editors of Cool  
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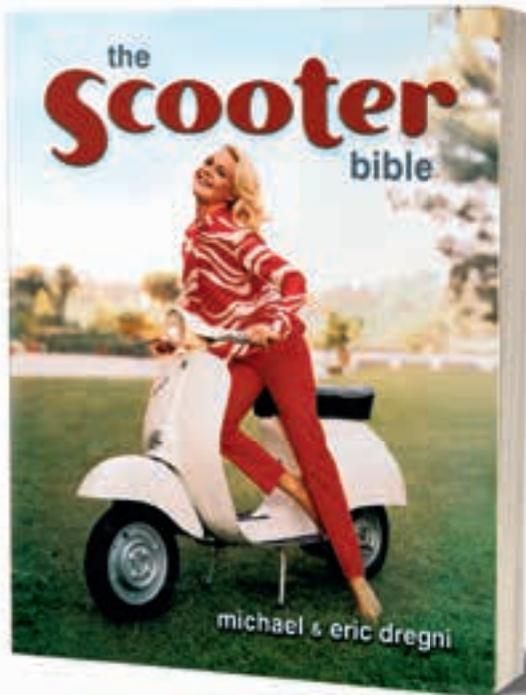


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House & Home/  
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**MAY 2022**  
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 350 illustrations  
 Rights: World  
 Transportation/Motorcycles/History

## THE SCOOTER BIBLE

THE ULTIMATE HISTORY AND ENCYCLOPEDIA

Eric Dregni and Michael Dregni

A comprehensive and extensively illustrated look at the history - and future - of scooters.

*The Scooter Bible* is an entertaining and authoritative history of the little motorbikes that could. Today, nostalgia for vintage Vespas, Cushman's, Lambrettas, and other top brands drive a new thirst for retro-inspired scooters in showrooms around the world.

This revised and updated edition of *The Scooter Bible* brings the story up to date with the drive for zero emissions via electric vehicles. Throughout, the authors offer

readers a wealth of imagery: historic black-and-white photos, evocative period advertisements, manufacturer photos, and more - over 300 images! Along the way, they examine scooter evolution, changing technologies, and scooter appearances in pop culture.

*The Scooter Bible* also includes the world's most comprehensive encyclopedia of scooter brands. This is the ultimate resource for hardcore and would-be scooter enthusiasts everywhere.

**ERIC DREGNI** is the author of *The Life Vespa*, *Zamboni: The Coolest Machines on Ice* and *The Impossible Road Trip*, all from Quarto.



"I ride a GS with my hair so neat/  
 Wear a war-torn parka  
 in the wind and sleet."

—The Who, "The Punk Meets the Godfather"

### Rock 'n' Roll Anthem to Scooters

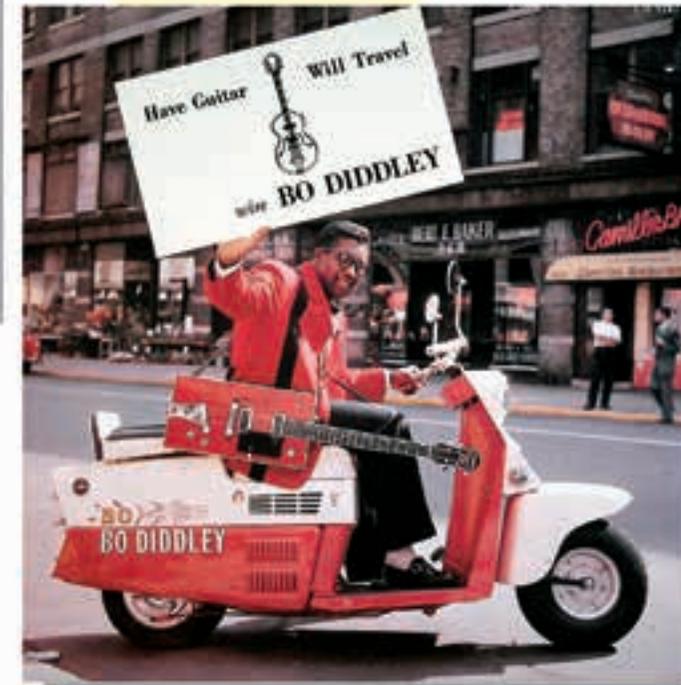
The rockiest scooter album ever has to be the Who's *Quadrophenia*, a rock 'n' roll ode to the Mod-Rocker Wars of the 1960s as well as to the Vespas and Lambrettas the Mods rode. In the flick, *Song* makes his appearance as the quintessential Modern, complete with scoot. This album should be played loud and proud.

### Travelling Far on an Allstate

Bo Diddley had guitar and traveled on his Allstate Jetweep. This 1960s Bo album did not feature any references to his motorized friend, but Bo's signature riff may have been inspired by the beat of his scooter's heart. With the brilliant red-and-white color scheme, this was high scooting fashion stateside in the 1960s.

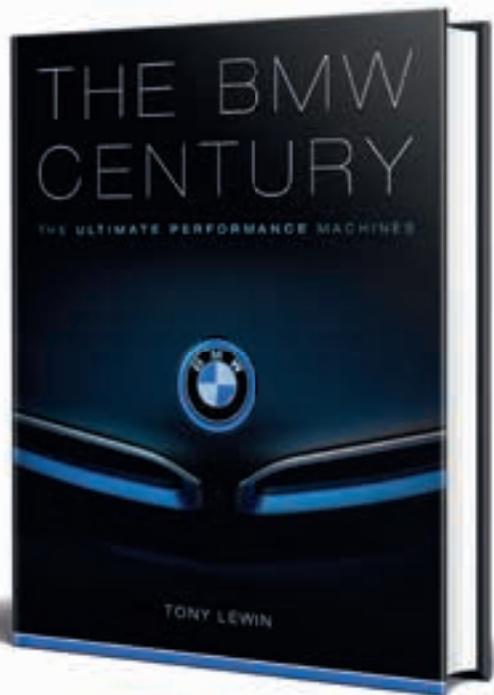


**Count Basie Rides Again**  
 The Count went cruising in 1960 on his whizwalled Vespa, playing Kansas City jazz for the faithful.



1960-1975

133



**FEBRUARY 2022**  
9780760373774  
£40.00 | \$55.00 US | \$72.00 CAN  
240pp | 305 x 248mm | HB+Jacket  
420 colour & b/w photographs  
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Transportation/Automotive/History

## THE BMW CENTURY, SECOND EDITION

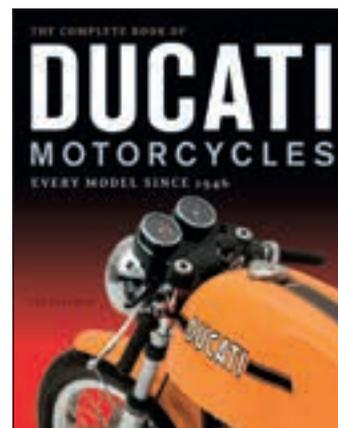
Tony Lewin

**Celebrate more than one hundred years of Germany's ultimate performance machines.**

Through the most exciting medium of all – the cars and motorcycles themselves – *The BMW Century* chronicles one of history's most remarkable transportation companies. From its aviation roots to pre-war motorcycles to the iconic R-series motorcycles of the 1970s and '80s to the mighty M-cars and superbikes of today, *BMW Century* is a full review of German engineering at its finest.

**TONY LEWIN** is a lifelong automotive commentator and industry analyst and has spent most of his career testing cars, analyzing them, and reporting on the ups and downs of the global enterprises that build them. He has been a regular writer and editor for *Automotive News Europe* and launched several pioneering titles for the *Financial Times* as well as contributing regular columns for other national and international publications.

This handsome, detailed book is illustrated with hundreds of historic, contemporary, and racing photographs – many sourced from BMW's historic archives – and a fascinating text relating BMW's full history. This is the one volume no BMW aficionado should be without. From BMW's aviation roots to today's fantastic cars and motorcycles, *BMW Century* is the most thorough history available for this remarkable company.

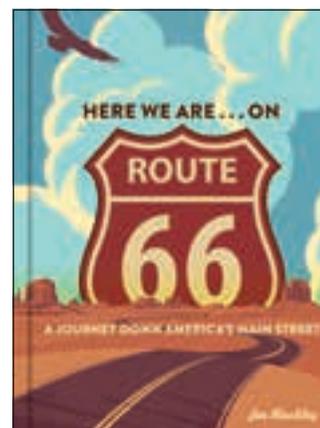


**APRIL 2022**  
9780760373736  
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HB+Jacket  
500 illustrations  
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Transportation/Motorcycles/  
History

## THE COMPLETE BOOK OF DUCATI MOTORCYCLES, SECOND EDITION EVERY MODEL SINCE 1946

Ian Falloon

*The Complete Book of Ducati Motorcycles, Second Edition* details the Bologna-based company's amazing chronology, from the 1950s to present day. Presented chronologically and in encyclopedic form with gorgeous photography and insights from Ducati expert Ian Falloon, the book offers motorcycle enthusiasts a close look at the craftsmanship, power, and beauty of these extraordinary motorcycles.



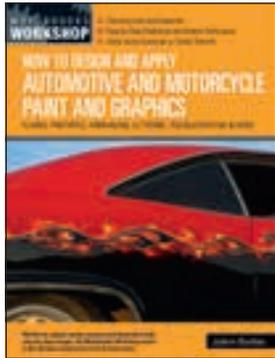
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9780760371992  
£28.00 | \$40.00 US | \$53.00 CAN  
208pp | 225 x 170mm |  
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250 colour & b/w photographs  
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Attractions

## HERE WE ARE... ON ROUTE 66 A JOURNEY DOWN AMERICA'S MAIN STREET

Jim Hinckley

**Explore the most iconic of sites on the most iconic of highways with internationally renowned Route 66 expert Jim Hinckley.**

Route 66 is the embodiment of the classic American highway, a road travelled by everyone from people fleeing the Dust Bowl to leisurely postwar family vacationers. *Here We Are... on Route 66* is a handsome history of the Mother Road spanning all eight states as it examines a colourful assortment of time capsule towns, awe-inspiring natural wonders, diners and eateries, roadside attractions, motels and more.



## HOW TO DESIGN AND APPLY AUTOMOTIVE AND MOTORCYCLE PAINT AND GRAPHICS

JoAnn Bortles

The ultimate guide to custom automotive painting and graphics application.

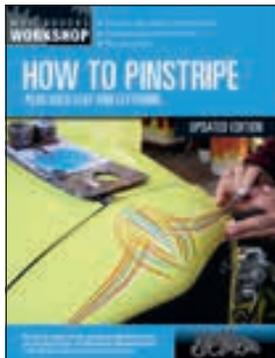
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224pp | 275 x 210mm | TPB  
525 colour photographs  
Rights: World  
Transportation/Automotive/  
Customizing

## SECRETS OF THE BARN FIND HUNTER

Tom Cotter

In *Secrets of the Barn Find Hunter*, Tom Cotter reveals how he finds amazing collector cars otherwise long forgotten.

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## HOW TO PINSTRIPE, NEW EDITION

Alan Johnson

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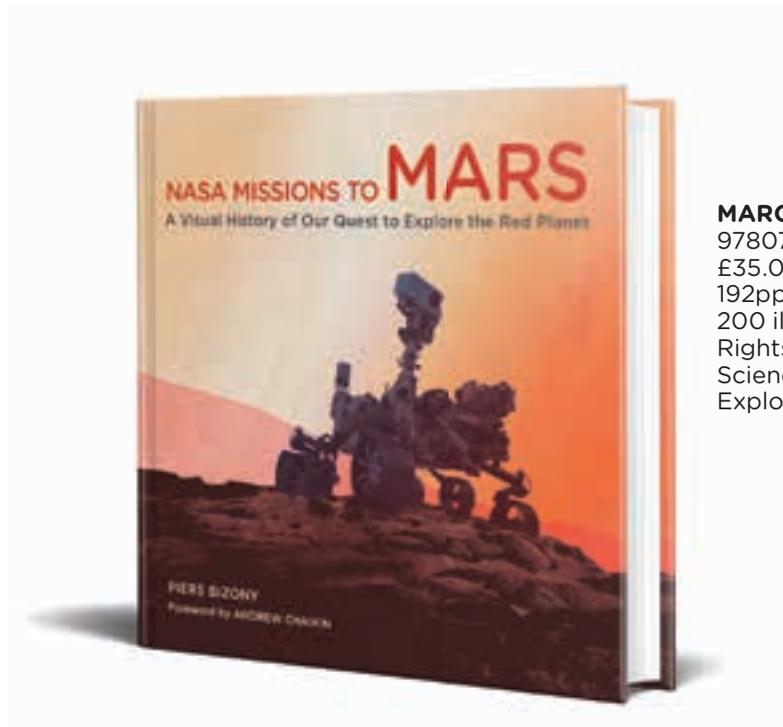
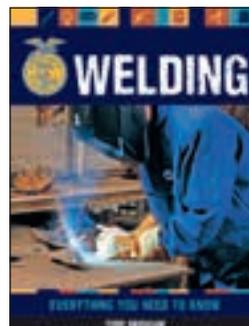
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Technology & Engineering/  
Welding



## NASA MISSIONS TO MARS

A VISUAL HISTORY OF OUR QUEST TO EXPLORE THE RED PLANET

Piers Bizony

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192pp | 300 x 300mm | HB+Jacket  
200 illustrations  
Rights: World  
Science/Space Science/Space  
Exploration

A complete illustrated history of Mars exploration.

Beginning with Soviet and American Mars fly-bys in the early 1960s and continuing through the 2021 landing of rover Perseverance and beyond, acclaimed space historian Piers Bizony provides a fascinating look at the history of Mars exploration.

Readers are given complete coverage of the development of Viking 1 and 2 and their missions and landings of 1975-1976, as well

as the development, technologies, and mission histories of the rovers Sojourner, Opportunity, Spirit, and Curiosity – all on the 25th anniversary of the first Mars landing.

Bizony's engaging history is illustrated with a treasure trove of imagery discovered in the NASA archives. In addition to photos and cartography beamed home, readers will witness artworks and concept drawings created during development phases.

**PIERS BIZONY** has written for a variety of publishers and has undertaken projects for the media departments at NASA and ESA. He is the author of Quarto's *Moonshots*, *The Art of NASA*, and *NASA Space Shuttle: 40th Anniversary*.



**MAY 2022**  
 9780760374382  
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 208pp | 270 x 235mm | Slip Cased  
 250 illustrations  
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 Music/Genres & Styles/Rock

**BOWIE @ 75**  
 Martin Popoff

**Bowie at 75 is the ultimate visual celebration of David Bowie's life and art.**

Fascination with David Bowie has only grown since his death in January 2016. In *Bowie at 75*, Martin Popoff examines the rock icon through the lens of 75 career accomplishments. All 27 studio albums are featured, as

are a curated selection of earworm singles. But Popoff delves deeper to reveal the events that defined Bowie's career. From his 1967 debut LP and ending with 2016's *Blackstar*, Bowie remained one of the most influential musicians and performers while constantly redefining himself.

**MARTIN POPOFF** has penned more than 60 books on hard rock, heavy metal, classic rock, and record collecting, including *Rush: The Illustrated History*, *Rush: Album by Album*, *Led Zeppelin: Song by Song*, and *Pink Floyd: Album by Album*. He has also contributed to *Revolver*, *Guitar World*, *Goldmine* and *RecordCollector*. He worked on the award-winning documentary *Rush: Beyond The Lighted Stage* and *ZZ Top: That Little Ol' Band from Texas*.





**FEBRUARY 2022**  
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Sun Tzu

**A translation of the classic *The Art of War* in a unique and beautiful Chinese binding.**

This highly giftable edition of Sun Tzu's *The Art of War* brings an elegant presentation to an essential work of military philosophy. Inside, readers will find the full text in Chinese alongside a classic English translation. The book contains all 13 chapters on

such topics as laying plans, attacking by stratagem, weaponry, terrain and the use of spies.

Sun Tzu addresses different campaign situations, marching, energy, and how to exploit your enemy's weaknesses. The Chinese binding gives this version a unique visual appeal that will make it a welcome addition to any library.

**SUN TZU** (c. 6th century BCE) was a Chinese general whose life is shrouded in mystery. It is believed that he served King Helu of Wu, and that he rose to fame as a result of his successful military exploits. Today he is a legendary figure in Asia, and his works are cited in every discipline from sports to politics in the West.

## COMPLETE ILLUSTRATED ENCYCLOPEDIA

Elegantly designed and beautifully illustrated, the *Complete Illustrated Encyclopedia* series offers comprehensive references on a range of topics.

**The Complete Language of Flowers**  
£11.99 | \$15.99 US | \$21.99 CAN  
256pp | 182 x 146mm | HB | Rights: World

**The Complete Language of Herbs**  
£18.99 | 203 x 254mm | PB | Rights: World

### THE COMPLETE LANGUAGE OF FLOWERS

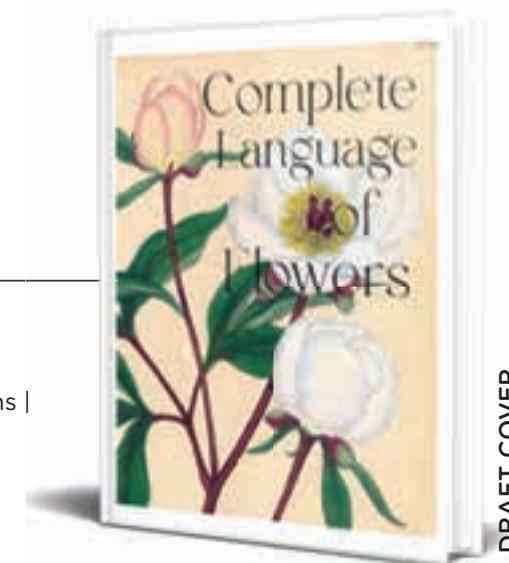
A DEFINITIVE AND ILLUSTRATED HISTORY, POCKET EDITION

S. Theresa Dietz

9781577152835 | March 2022 | 100+ illustrations | Nature/Plants/Flowers

A comprehensive and definitive dictionary/reference presenting the history, symbolic meaning, and visual depiction of 1,001 flowers and botanicals

around the world in one pocket-size volume. For centuries, symbolic flower meanings have fascinated readers, writers, poets and smitten couples alike. *The Complete Language of Flowers* includes over 1,001 flower species, with their names, characteristics, and historic meanings from mythology, Medieval legends, folklore, and flower poetry.



### THE COMPLETE LANGUAGE OF HERBS

A DEFINITIVE AND ILLUSTRATED HISTORY

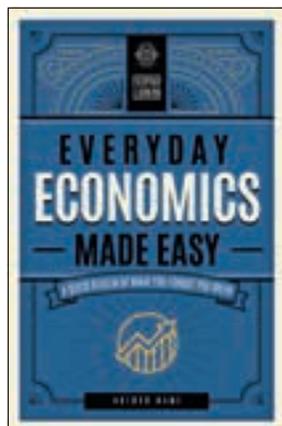
S. Theresa Dietz

9781577152828 | May 2022 | 500 illustrations | Nature/Plants/General

A comprehensive and definitive dictionary/reference presenting the history, symbolic meaning and visual depiction of over 500 herbs and spices from around the world. Reaching the height of popularity during the Victorian era, floriographies - dictionaries of symbolic flower meanings - were an amusing pastime and art to subtly communicate unspoken emotions. Coupled with stunning full-colour illustrations, this is a must-have for gardeners, chefs, florists and flower and food enthusiasts.



**MARCH 2022**  
9781577152842  
£11.99 | \$15.99 US | \$21.99 CAN  
528pp | 183 x 146mm | Paper  
Over Board  
100+ illustrations  
Rights: World  
Body, Mind & Spirit/Dreams



**APRIL 2022**  
9781577152354  
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160pp | 229 x 150mm | Paper  
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EVERY MEANING INTERPRETED, POCKET EDITION

*Gustavus Hindman Miller, Sigmund Freud  
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***The Dictionary of Dreams* succinctly describes over 15,000 common objects to give readers an understanding of what their dreams are trying to tell them.**

From an antelope (foretelling that one's ambitions will leap high) to zinc (promising that success is on the horizon), dreams and their hidden meanings have fascinated humans for centuries. With thousands of entries, *The Dictionary of Dreams* provides readers with practically every possible object and its associated meaning our subconscious can render during REM sleep. Now in a pocket-size edition for easy, on-the-go instruction.

## EVERYDAY ECONOMICS MADE EASY

A QUICK REVIEW OF WHAT YOU FORGOT YOU KNEW

*Grace Wynter*

**Learn how to be your own favourite economist.**

Economics is all around us as we are not only confronted with economic-related issues in the world, but also in our households and workplaces. However, some of us have perhaps avoided, blocked out or simply been left not wanting to learn the basics of economics, let alone to become our own everyday economist. Grace Wynter teaches the most important basic economic concepts, history, debates, areas, and ways of thinking about economic issues.

## MYSTICAL HANDBOOK

Everything you need to know to bring the mystical and magical into your daily life.

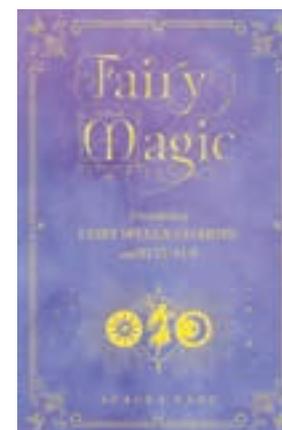
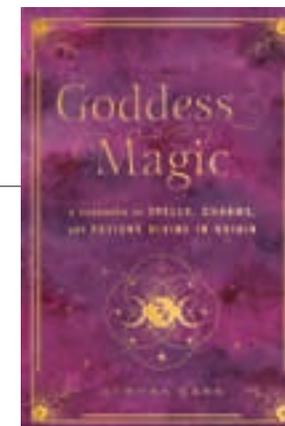
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*Aurora Kane*

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*Aurora Kane*

9781577152439 | April 2022

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### IN FOCUS DREAMS YOUR PERSONAL GUIDE

*Angela Mogridge*

9781577152637 | Body, Mind & Spirit/Dreams

### APRIL 2022

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YOUR HANDS-ON GUIDE TO THE MYSTERIES OF THE CARDS

*Editors of Wellfleet Press*

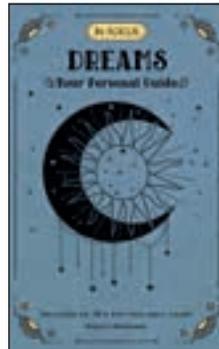
9781577153030 | Body, Mind & Spirit/Divination/Tarot

### IN FOCUS CHAKRA HEALING WORKBOOK

YOUR HANDS-ON GUIDE TO EXPLORING THE CHAKRAS

*Editors of Wellfleet Press*

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The workbooks that provide you with a toolkit for increased wellness – in 50 simple exercises.

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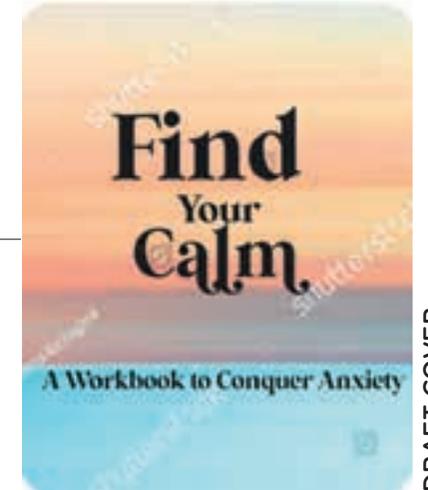
### FIND YOUR CALM

A WORKBOOK TO CONQUER ANXIETY

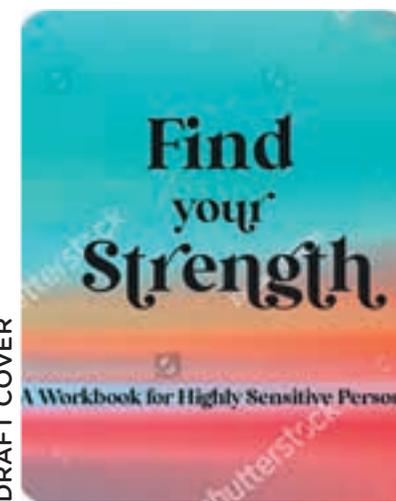
*Jaime Zuckerman*

9781577152996 | Self-Help/Anxieties & Phobias

Anxiety is an extremely common mental health challenge, one that millions of people confront on a daily basis. This enjoyable, accessible workbook from clinical psychologist Dr. Jaime Zuckerman gives readers a straightforward toolkit for reducing the anxiety in their everyday lives.



DRAFT COVER



DRAFT COVER

### FIND YOUR STRENGTH

A WORKBOOK FOR HIGHLY SENSITIVE PERSONS

*April Snow*

9781577153009 | Self-Help/Emotions

It's easy to become overwhelmed by the intense demands of modern life. Some people are particularly susceptible to this kind of overwhelm and this straightforward, helpful workbook will enable readers to build a life that's compatible with their heightened sensitivity, allowing them to thrive and grow.



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**APRIL 2022**  
 9781631068379  
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 100+ colour photographs  
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 House & Home/Cleaning, Caretaking & Organising

## THE FOLDING BOOK

OVER 100 FOLDS THAT WILL CHANGE YOUR LIFE

Janelle Cohen

**Organising doesn't have to be stressful, and can even be enjoyable - with folding!**

In the first book specifically focusing on folding techniques, home organisation expert Janelle Cohen showcases over 100 folds, (including the dreaded fitted sheet!) illustrated with step-by-step photos and instructions. She shares her expert knowledge and humour to help

you save space, create attractive drawers and shelves, and edit your belongings.

Organising your home can feel overwhelming, but folding is a simple thing you can do that can make a huge difference. Janelle demonstrates how to easily maintain this organisation and create a system that will not only make a positive impact on your home, but also your life.

**JANELLE COHEN** has always been a detail-oriented and extremely organised person. She decided to take her personal passion and turn it into a business, which has now grown into a personalised service, working with clients all over Los Angeles, California.

## T-Shirt

THE FOLDING BOOK



**1** Lay your pants faceup. Smooth out any wrinkles.



**2** Fold in half, by bringing the right side to meet the left (or vice versa, but keep it consistent).



**3** Notice the little triangle at the booty part of your pants? Tuck that in to create a clean straight line.



**4** Bring the ankle to right below the waistline. Avoid overcrossing.



**5** Storing on a shelf? Fold in half one more time. Again, avoid overcrossing and smooth out any wrinkles.



**6** Stack your pants with the smooth part facing outward (waistband facing the inside of your shelf).



**7** Place your pants in the drawer with the smooth part faceup. The waistline should act like little legs, giving your pants a way to 'stand up' in the drawer.

*Janelle says*

You want your pile of pants to be the same width. If your pants are a little wider than the rest, go back to step 5 and fold in your pants a little more.



**JANUARY 2022**

9781631068232

£16.99 | \$23.99 US | \$31.99 CAN

160pp | 246 x 190mm | Paper Over Board

75-100 illustrations

Rights: World

House & Home/Cleaning, Caretaking & Organising

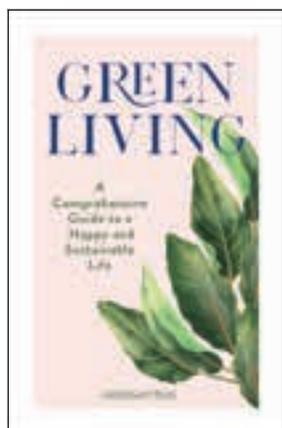
## HOME SWEET ORGANISED HOME

DECLUTTER & ORGANISE YOUR BUSY FAMILY

*Jessica Litman*

**Become an organising expert, transform your life, and maintain lasting order for a stress-free home.**

*Home Sweet Organised Home* is your step-by-step guide to decluttering and creating lasting order in your home. Jessica Litman, organising expert and creator behind *The Organised Mama* will help you organise your space, so you can find more calm in your everyday. Her practical organising and decorating advice will make it simpler for you to keep your space exactly how you like it.



**MARCH 2022**

9781631067204

£18.99 | \$25.99 US | \$34.99 CAN

160pp | 246 x 190mm | Paper Over Board

30 illustrations

Rights: World

House & Home/Sustainable Living

## GREEN LIVING

A COMPREHENSIVE GUIDE TO A HAPPY AND SUSTAINABLE LIFE

*Green Matters*

**Easy-to-implement strategies for a more sustainable life and home.**

Embark on your journey to living a sustainable and zero-waste lifestyle with resources, tips and tools from around the world. GreenMatters.com is dedicated to making news and topics across sustainability and innovation accessible to everyone. Their book is packed with ideas and tips for incorporating sustainable living and more healthy products into all areas of your life and home.



**MARCH 2022**

9781631068409

£18.99 | \$24.99 US | \$32.99 CAN

160pp | 254 x 203mm | Paper Over Board

Board

Rights: World

Cooking/Courses & Dishes/Appetizers

DRAFT COVER

## JARCUTERIE

CHARCUTERIE CUPS AND BITE-SIZED BOARDS

*Suzanne Billings*

**Enjoy charming, single-serving snacks for every occasion.**

Transform communal eating into a convenient, personal experience with elevated snacks that make you feel like you're splurging without making a fuss. You can assemble a batch in just 15 minutes, and little fingers can help by divvying ingredients. The cups are simple to make ahead of time, infinitely customizable, and a breeze to transport.

These 75 recipes cover a crazy number of themes, from new year canapés and book club bites to game day grub and Thanksgiving nibbles. Choose from a wide range of

different containers, including bread bowls, canning jars, coffee mugs, paper cups, and even wine glasses. Then gussy up your cups with simple decorating tips, such as cutting ingredients into fun shapes, rolling or threading them on toothpicks or skewers, adding festive garnishes, and wrapping bows or twine around the containers. Easy to make, easy to enjoy!

- These versatile jars and cups are cute and convenient for any occasion and a great way to get kids involved and comfortable in the kitchen.

**SUZANNE BILLINGS** is the owner of Noble Graze, a dedicated charcuterie and grazing board company. She has appeared on Today, Pop Sugar, and other media outlets and countless Insta food influencers have shared her amazing edible creations.



**MAY 2022**  
 9781631068485  
 £14.99 | \$19.99 US | \$25.99 CAN  
 160pp | 208 x 166mm | Paper  
 Over Board  
 100 illustrations  
 Rights: World  
 Cooking/Specific Ingredients/  
 Herbs, Spices, Condiments

**THE HOT HONEY COOKBOOK**  
 50 SPICY RECIPES INSPIRED BY AR'S HOT  
 SOUTHERN HONEY

*Sara Quessenberry*

*The Hot Honey Cookbook* is bringing the sweet heat to your kitchen with AR's Hot Southern Honey that can be added to any meal or dessert. With recipes for burgers, pizza, and more, AR's Hot Southern Honey is giving average meals a little bit of spice. You can make these meals step-by-step or add AR's Hot Southern Honey to any marinade, dressing, or mixture you favour at home or on the go.



**FEBRUARY 2022**  
 9781631068416  
 £12.99 | \$18.00 US | \$25.00 CAN  
 208pp | 235 x 165 mm | Paper  
 Over Board  
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 Poetry/American/General

**THE SELECTED POEMS OF EMILY  
 DICKINSON**

*Emily Dickinson*

**An elegantly designed edition showcasing the finest works of the great American poet Emily Dickinson.**

Explore the essence of life, love, nature and time in exquisite verse. Emily Dickinson lived most of her life in seclusion, devoted to writing. She scarcely left home, nor did she have many visitors. Only ten of her poems were published in her lifetime, submitted without her permission by friends. It was only after her death in 1886 that the scope of her work as a poet came to light: over 1,700 poems were discovered in a dresser drawer by her sister, Lavinia.



**APRIL 2022**  
 9781631067761  
 £14.99 | \$19.99 US | \$25.99 CAN  
 208pp | 178 x 178mm | Paper Over  
 Board  
 100 illustrations  
 Rights: World  
 Self-Help/Motivational & Inspirational

**HAPPINESS COMES IN WAVES**  
 LIFE LESSONS FROM THE OCEAN

*Holly Daniels Christensen*

**A unique gift book full of inspirational words and ocean preservation tips for water lovers and aspiring leaders alike.**

Life teaches us to be like water ourselves – strong yet calm, steady yet yielding, subtle yet beautiful. *Happiness Comes in Waves* provides life lessons filled with inspiring stories and quotations from ocean advocates. With chapters dedicated to being free, courageous, purposeful, peaceful, and harmonious, you'll have words

of wisdom to carry with you everywhere you go. Learn to move like the ocean with uplifting sand stories meant to motivate you for your next great adventure. Splash your way through each page as you learn about sand textures from around the world.

Filled with gorgeous photographs of the ocean, shorelines, and beaches as well as ocean preservation tips, this unique book makes an ideal gift for water lovers and aspiring entrepreneurs alike.

**HOLLY DANIELS CHRISTENSEN** began creating sand jewellery for friends and family in 2007. In 2010, she launched Dune Jewelry. Dune has grown from a one-person business to a well-oiled jewellery manufacturing company with more than 25 full-time team members.



DRAFT COVER

## BREATHE

Shanila Sattar

Take a deep breath and learn how to relax with this essential guide to breathwork.

**MARCH 2022**

9781631068270  
£14.99 | \$18.00 US | \$25.00 CAN  
160pp | 195 x 145mm | POB  
100 illustrations  
Rights: World  
Body, Mind & Spirit/Mindfulness & Meditation

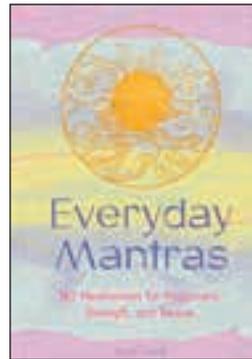
## EVERYDAY MANTRAS

Aysel Gunar

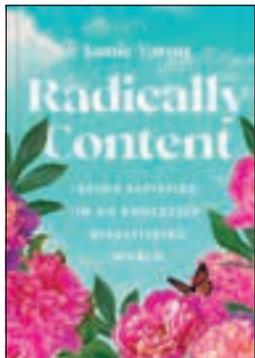
We are complete, just not finished. Handle every day's challenges with a season-specific mantra to inspire grace and fulfillment.

**JANUARY 2022**

9781631067662  
£14.99 | \$19.99 US | \$25.99 CAN  
240pp | 195 x 145mm | POB  
50+ colour illustrations  
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Body, Mind & Spirit/Mindfulness & Meditation



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## RADICALLY CONTENT

Jamie Varon

Packed with insights, exercises, and other useful tools, this book gives you achievable strategies to overcome anxiety and live a better life.

**APRIL 2022**

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£18.99 | \$24.99 US | \$32.99 CAN  
208pp | 195 x 145mm | POB  
Rights: World  
Self-Help/Personal Growth/Happiness

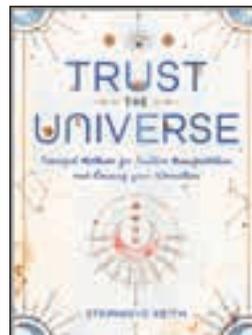
## TRUST THE UNIVERSE

Stephanie Keith

Tap into your intuition, trust the universe, and manifest your wildest dreams!

**MARCH 2022**

9781631068263  
£14.99 | \$19.99 US | \$25.99 CAN  
208pp | 195 x 145mm | POB  
Rights: World  
Self-Help/Personal Growth/Happiness



DRAFT COVER



COVER NOT FINAL

## KAWAII TAROT

UNDERSTANDING TAROT WITH THE KAWAII UNIVERSE

Editors of Rock Point. Illustrated by Lulu Mayo

Explore the world of tarot guided by supercute kawaii characters with this incredible deck and book kit.

*Kawaii Tarot* features a deck of illustrated cards, all created by acclaimed UK-based designer Lulu Mayo, accompanied by a guidebook to the Major and Minor Arcanas. You'll be able to use your intuition to interpret the cards' messages, manifest your intentions, and

connect with your inner self, while being surrounded by the cuteness of kawaii!

This modern set will introduce you to the art of tarot readings with 78 adorably illustrated cards and a comprehensive 64-page guidebook to the tarot. Strengthen your spiritual practice with this supercute kit for spiritual beginners and lovers of all things kawaii.

**FEBRUARY 2022**

9781631068287  
£14.99 | \$19.99 US | \$25.99 CAN  
64pp | 146 x 95mm | Kit  
78 illustrations  
Rights: World  
Body, Mind & Spirit/Divination/Tarot



**MARCH 2022**  
 9781631068157  
 £12.99 \$16.99 US | \$22.99 CAN  
 160pp | 210 x 160mm | Paper  
 Over Board  
 Rights: World  
 Self-Help/Journaling

**CALM YOUR ANXIETY JOURNAL**  
 A GUIDED JOURNAL WITH GENTLE PROMPTS  
 FOR SOOTHING STRESS AND QUIETING YOUR  
 ANXIETY

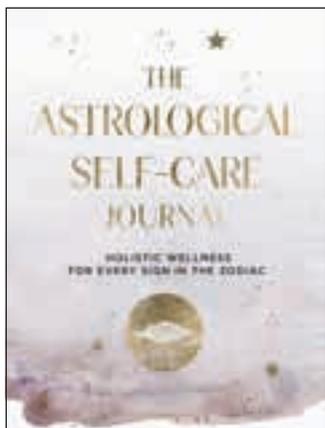
*Liza Kindred*

**Let go of negativity, calm your worries,  
 and live a life full of peace.**

*Calm Your Anxiety Journal* will take the reader on a journey that starts with gaining an intellectual understanding of anxiety, explains the mechanisms of it (including thoughts, emotions, and our bodies), and offers direct ways to work with anxiety through journaling and practice. With approachable and inviting exercises, this journal will make the reader feel at ease as they move at their own pace.



The Astrological Self-Care Journal by Stephanie Galling



**JANUARY 2022**  
 9781631068331  
 £12.99 | \$16.99 US | \$22.99 CAN  
 128pp | 210 x 160mm | Paper  
 Over Board  
 100 illustrations  
 Rights World  
 Self-Help/Journaling

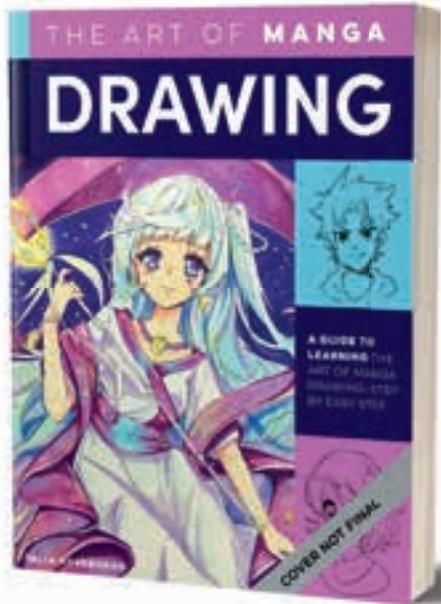
**THE ASTROLOGICAL SELF-CARE  
 JOURNAL**  
 HOLISTIC WELLNESS FOR EVERY SIGN IN THE  
 ZODIAC

*Stephanie Galling*

**With this beautiful journal, explore  
 the ways astrology can transform your  
 approach to wellness.**

*The Astrological Self-Care Journal* helps readers explore how best to care for their body, mind, and spirit in ways that reflect the wisdom of the stars. The book offers tips on natural remedies and wellness techniques suited to each sign of the zodiac, along with writing prompts designed to promote balance, joy, and mental well-being. In the first section, health advice and reflection questions tailored to each sun sign give readers a personalized way to care for themselves and those they love.





**JUNE 2022**  
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Art/Techniques/Drawing

**COLLECTOR'S SERIES: THE ART OF MANGA DRAWING**  
A GUIDE TO LEARNING THE ART OF MANGA DRAWING – STEP BY EASY STEP  
*Talia Horsburgh*

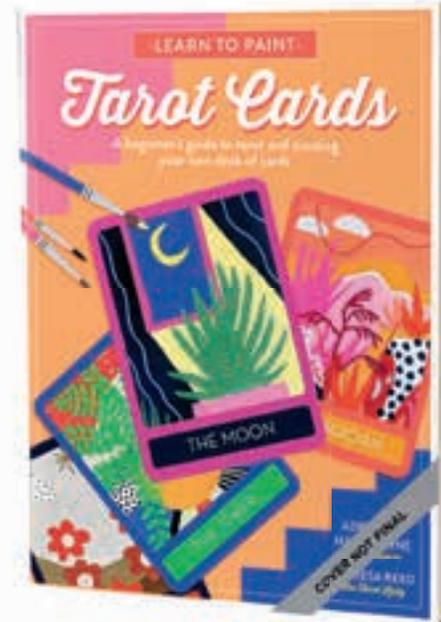
Explore more than 500 tips, tricks, and step-by-steps for creating a variety of manga characters, animals, and scenes across a variety of genres, including shonen, shojo, chibi, kawaii, and others.

With multiple art styles and in-depth instruction, *The Art of Manga Drawing* is suitable for all manga artists and enthusiasts, regardless of skill level or age. From learning the basics of drawing

archetypal characters with intriguing personalities to creating an action sequence and even drawing entire manga scenes from scratch, this book is the ultimate guide to creating all things manga.

With everything you need to start in the world of manga, *The Art of Manga Drawing* is your ultimate guide to creating your own characters and developing your own original manga books and stories.

**TALIA HORSBURGH** is an Australian illustrator known commonly online by her internet alias Orbitalswan. Talia has taught drawing workshops to teams from notable companies such as Google, YouTube, and Pinterest. Talia was recognized “Best in Western Talent” by *Neo* magazine.



**MAY 2022**  
9780760375952  
£16.99 | \$22.99 US | \$29.99 CAN  
144pp | 296 x 222mm | TPB  
300+ images  
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Art/Techniques/Painting

**LEARN TO PAINT TAROT CARDS**  
AN ARTIST'S GUIDE TO CREATING COLORFUL PERSONALIZED TAROT CARDS  
*Adrienne Hawthorne and Theresa Reed*

Learn about the art of reading tarot cards, and then paint your own colourful deck! This step-by-step guide includes perforated card stock with 80 blank cards so you can practice right away.

With painting lessons from an up-and-coming abstract artist with a vibrant, contemporary style, *Learn to Paint Tarot Cards* will inspire you to create your own beautifully expressive tarot cards in a variety of colors. In addition to learning how to create a personalized deck, a tarot expert situates you in the world of

tarot with a thorough introduction to this ancient art, as well as an overview of tarot reading. It's a perfect primer for beginners!

Acrylic and gouache painting projects are presented in a step-by-step format with easy-to-follow instructions. The included card stock with 80 blank, one-sided cards (57mm x 108mm) allows you to jump right in to painting.

**ADRIANNE HAWTHORNE** runs the Chicago art studio called Ponnopozz, where she sells her own art along with works by other artists. She uses tarot as a means for providing clarity on life situations, and she seeks to pass this curiosity and exploration on to others. **THERESA REED** is The Tarot Lady. She's the author of *The Tarot Coloring Book* (Sounds True, 2016), *Tarot for Troubled Times* (Weiser Books, 2019), and *Tarot: No Questions Asked* (Weiser Books, 2020).

## 15-MINUTE SERIES

Learn to create quick-and-easy masterpieces in less than 15 minutes.

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FROM SKETCH TO FINISHED PAINTING IN JUST 15 MINUTES!

Angela Moulton

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After a quick overview of the minimal tools and materials needed to get started, *Effortless Watercolor* explores how to set up your painting, from basic sketching to step-by-step watercolour techniques. Dabble with drawing and colour mixing, and then use large paintbrushes and expressive brushstrokes to create quick-and-easy masterpieces - from charming birds to vibrant florals and landscapes in just 15 minutes!



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FROM SKETCH TO FINISHED DRAWING IN JUST 15 MINUTES!

Erin McManness

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*Getting Started* is a perfect choice for absolute beginners, allowing budding artists to get started drawing immediately - no experience required. *Getting Started* introduces beginning artists to pencil drawing with easy and stress-free tutorials and lessons designed to build a solid foundation for drawing in just 15 minutes.



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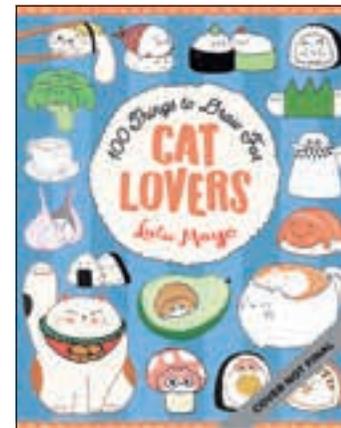
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Art/Techniques/Colour

### CONTEMPORARY COLOR THEORY A MODERN EXPLORATION OF THE COLOR WHEEL AND WATERCOLOR TO CREATE BEAUTIFUL FLORAL ARTWORK

Manushree Mishra

**Learn all about colour!**

With *Contemporary Color Theory*, beginning and aspiring artists can learn about colour theory and colour mixing, and then apply their skills to create their own beautiful floral paintings using watercolour. The book features tips for creating colour mixes, such as pastels, neutrals, and vintage colours, as well as background information on the colour wheel, so that artists can grow comfortable with colour. Everything is presented using easy, actionable steps to ease artists into watercolour painting.



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9781600589898  
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Art/Techniques/Drawing

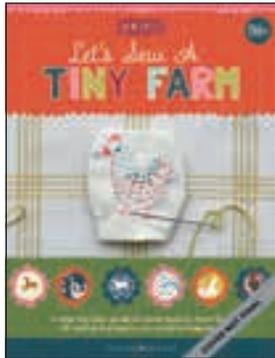
### 100 THINGS TO DRAW FOR CAT LOVERS

LEARN TO DRAW CUTE AND QUIRKY CATS  
AND THEIR STUFF

Lulu Mayo

**Doodle and draw all types of cats in all types of situations!**

*100 Things to Draw for Cat Lovers* takes a fun, lighthearted approach to doodling and drawing felines. With cat-inspired drawings, doodling exercises, and drawing instructions, this book will appeal to cat lovers, seasoned artists, and doodling enthusiasts of all skill levels and ages. Filled with hundreds of cute drawings and fun facts about felines, it will also keep artists entertained from cover to cover. The art style is whimsical, fun and easy to follow.



## SEW CUTE! LET'S SEW A TINY FARM

*Kristen Balouch*

Learn to sew cute farm-themed projects - without a sewing machine!

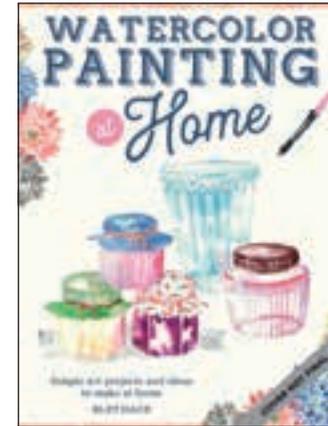
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*Beth Hoyes*

A step-by-step guide to stitching colourful, realistic birds from around the world using the popular "thread painting" technique.

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## WATERCOLOR PAINTING AT HOME

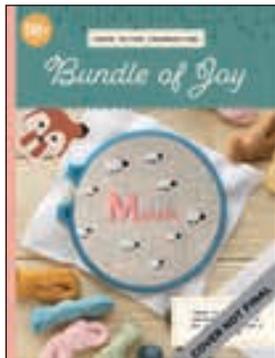
SIMPLE ART PROJECTS AND IDEAS TO MAKE AT HOME

*Bley Hack*

Find creative inspiration at home and learn to paint with watercolour!

*Watercolor Painting at Home* features tips and ideas for finding painting inspiration at home and outside so that artists can safely pursue their hobbies and find new ones. With step-by-step painting projects, beautiful art, and easy painting techniques, this book is a must-have item for artists of all skill levels, as well as DIYers, crafters, and more.

**APRIL 2022**  
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Art/Techniques/Watercolour Painting



## CROSS STITCH CELEBRATIONS: BUNDLE OF JOY!

*Walter Foster Creative Team*

For crafters of all skill levels, a step-by-step guide to creating a personalized cross stitch baby birth announcement.

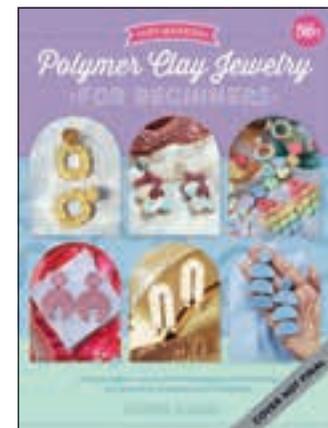
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96pp | 279 x 216mm | TPB  
150+ images  
Rights: World  
Crafts & Hobbies/Needlework/Cross-Stitch

## THE HAPPIEST BOOK OF LITTLE GIFTS TO MAKE

*Sarah Hand*

Keep your hands busy and your heart full as you make gifts for all your favourite people!

**MAY 2022**  
9780760374627  
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Crafts & Hobbies/Miniatures



## ART MAKERS: POLYMER CLAY JEWELRY FOR BEGINNERS

LEARN TO MAKE A VARIETY OF COLORFUL PIECES - FROM EARRINGS AND PENDANTS TO BRACELETS AND NECKLACES

*Ishita Singh*

A new take on a perennial craft combines bright colours and modern design to create fresh, fun jewellery.

A new generation of crafters has breathed fresh life into polymer clay jewellery. Today's geometric statement necklaces and earrings lend themselves perfectly to polymer clay art. Polymer clay is lightweight, inexpensive, and infinitely customizable. Whether a beginning or experienced crafter, anyone can make unique and professional-looking earrings and necklaces.

**JUNE 2022**  
9780760375402  
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144pp | 296 x 222mm | TPB  
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Crafts & Hobbies/Polymer Clay



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Proudly independent, **Exisle Publishing** has been publishing non-fiction books with passion and purpose for 22 years. Our authors are, of course, all completely different, but what they have in common is authenticity, genuine knowledge and vivid enthusiasm, enriching their readers' lives with unique, individual stories and ideas. With a strong presence in the UK, Canada, the USA, and key people in Australia and New Zealand, Exisle's books are often translated into myriad languages and sold throughout the world.



## PAVILION

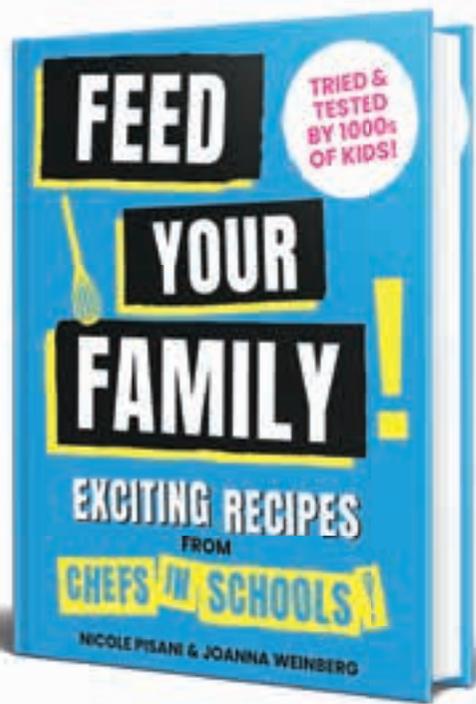
The Spring 2022 list reflects some of the biggest trends to come out of our changed lifestyles, with forward-thinking titles from bestselling authors and debut voices, all packaged with a characteristic **Pavilion** eye for design.

So, whether you were a lockdown baker or trying to find inspiration for home cooking, you'll find delicious, resourceful recipes for leftover bread in *Every Last Crumb* and exciting, nutritious meals for all ages in *Feed Your Family*. Big Has of the hugely popular YouTube series Sunday Sessions brings you the tastiest BBQ recipes around to cook for friends. And *The Vegan Baking Bible* is set to become a classic for all cake lovers!

Whilst the pandemic caused a resurgence in former pastimes, it also made us re-examine the way we live. If it's escapism you are longing for, look no further than *The Van Life Cookbook* and for tips on sustainable travel *The Green Traveller* contains expert advice on how to have a genuinely eco-adventure. *A Considered Home* offers ideas on how to decorate your home and live more sustainably and *50 Things to Do in the Urban Wild* and *From Coast & Cove* inspire you to connect with nature on a deeper level.

*Sophie Allen*

Editorial Director, Pavilion



**FEBRUARY 2022**  
 9781911663874  
 £14.99  
 160pp | 193 x 235mm | HB  
 60 colour photographs  
 Rights: World exc US, Canada, ANZ  
 Food & Drink

**FEED YOUR FAMILY**  
 EXCITING RECIPES FROM CHEFS IN SCHOOLS  
 Nicole Pisani and Joanna Weinberg

**Recipes tried and tested by thousands of children!**

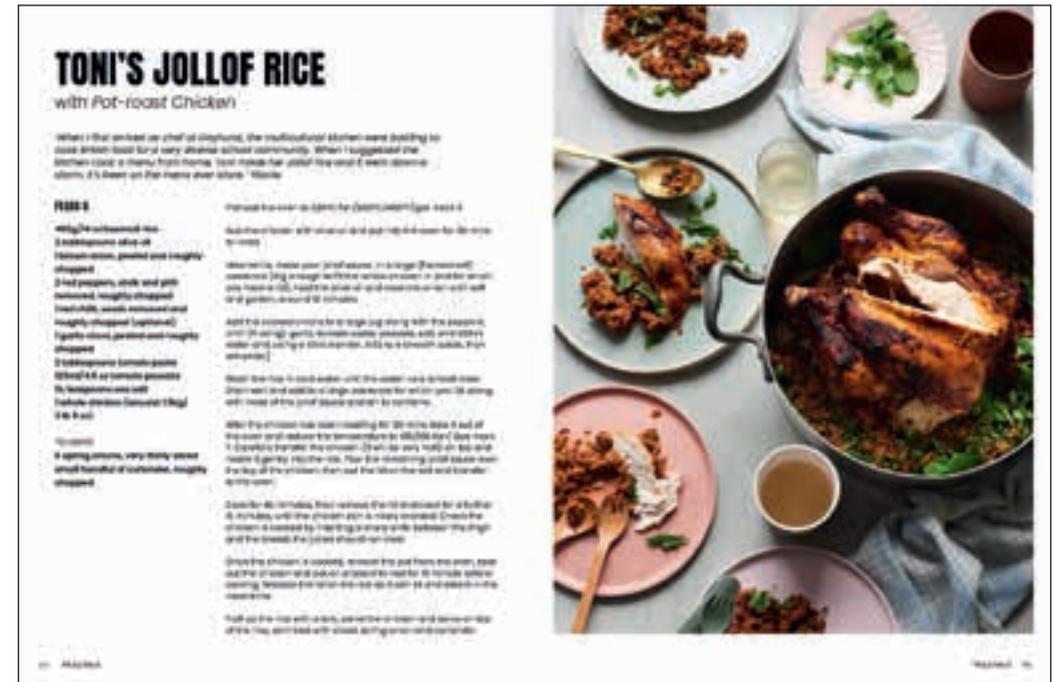
Cooking for kids can be tricky. One day they'll eat a whole cucumber, the next it's a slimy snozzcumber... Whether time or cash-strapped, it's tempting to turn to fish fingers, bangers and mash and other kids' classics. If you're looking to feed kids really well on a budget, inspire them to try different food, and make it easy on the cook and easy on the pocket, Chefs in Schools are here to help.

- Childhood obesity is a growing issue. Poverty is intrinsically linked to health so offering filling and

nourishing food on a budget is more important than ever.

- Recipes and advice so that children can get involved as well, which has been proved to make a positive change to their view of food.
- Information on store-cupboard essentials, wholesome swaps, cutting down on meat, budgeting and eco-conscious cooking.
- Chefs in Schools is a charity that operates in over 80 schools, putting chefs in place to cook, educate and rejuvenate school menus. Royalties from the book will go to support their work.

**NICOLE PISANI** is the former head chef at Nopi, and co-founder and executive chef and curriculum director of Chefs in Schools. **JOANNA WEINBERG** has been an author, cookery writer and teacher for over 15 years. She co-founded Kitchen Table Cookery school, is the food columnist for Conde Nast Traveller and writes for *The Times* and *Red*. She is a patron of Chefs in Schools.





COVER NOT FINAL

**JUNE 2022**  
9781911682356  
£14.99  
160pp | 193 x 235mm | HB  
Approx 90 photographs  
Rights: World exc US, Canada, ANZ  
Cookery/Food & Drink

## **BIG HAS** RECIPES AND STORIES FRESH FROM THE FLAMES

*Hasan Semay*

**A debut cookbook from one of the most exciting new voices on the UK cookery scene.**

Grounded and honest, Hasan Semay (a.k.a. Big Has) is a bright and talented North-London based chef. Having dropped out of school and tried his hand at odd jobs from plumbing to security, Has enrolled at Jamie's 15 in 2011 and discovered a true love for cooking.

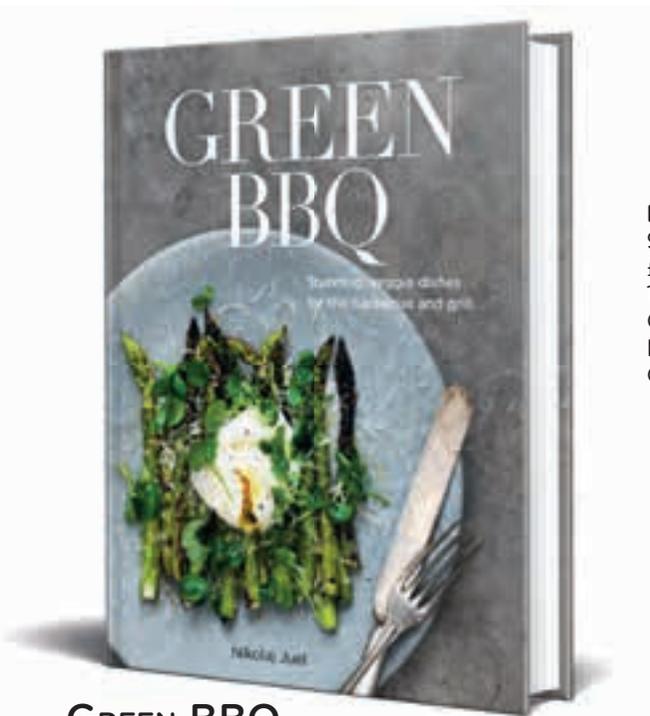
He makes food which is beautiful, robust and delicious with influences from his Cypriot heritage as well as from his time working in professional

kitchens. Has is on a mission to demystify cooking and bring it to the masses. His Sunday Session series epitomises the kind of food that brings people together from steak and salsa verde, to flame-grilled buttermilk chicken and tangles of sweet crab tagliatelle.

- The author hosts a YouTube series (launched January 2021) called Big Has Sunday Sessions and is a regular contributor to *Pitt Magazine*, a food magazine dedicated to grilling and BBQ.

**HASAN SEMAY** is half-Turkish Cypriot and half-British, as well as a self-confessed "proper North Londoner". Hasan graduated from Jamie Oliver's 15 programme and spent the next 10 years in kitchens including Palatino, Sardine and Craft London. Hasan spent lockdown sharing recipes on Instagram and partnering with Passo To Go, making pasta kits for restaurant goers to eat restaurant quality food, in the comfort of their own home.





**MAY 2022**  
9781911682226  
£16.99  
176pp | 170 x 230mm | HB  
Colour photography throughout  
Rights: UK & Commonwealth exc ANZ  
Cookery

## GREEN BBQ

VIBRANT VEGGIE RECIPES FOR THE BARBECUE AND GRILL

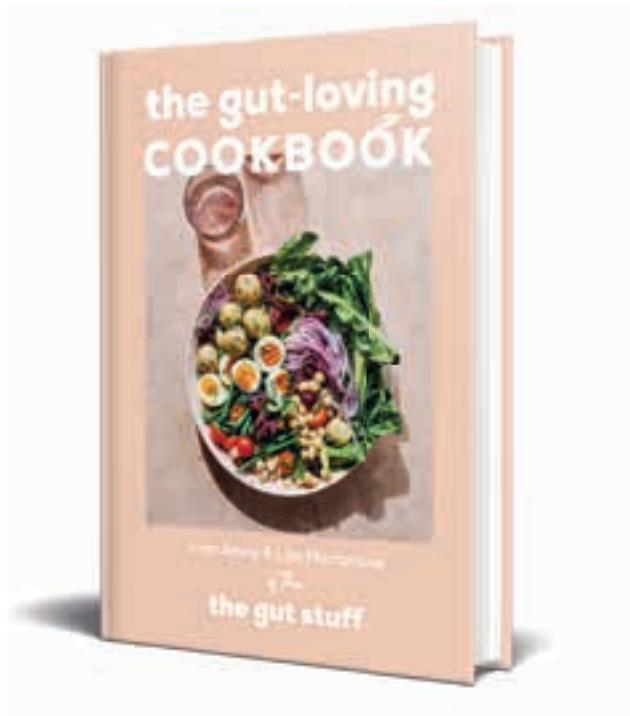
*Nikolaj Juel and Columbus Leth*

**A stunning approach to cooking veg to bring out their flavour and celebrate their versatility.**

Hosting a BBQ doesn't have to be about burnt meat and a few limp salads. With salads and dips and whole veg on the grill, pizzas and burgers, this is an inspirational selection of easy, yet nutritious recipes. From grilled cauliflower salad with salted lemons and mint to almond croquettes, this book will make you see vegetables very much as the star of the BBQ show.

- We are cooking much more outdoors – whether it's camping, on our small barbecue packs or investing in pizza ovens, large barbecues or even outdoor kitchens. And this trend doesn't just last for the summer months.
- As we all embrace eating vegetables as a significant part of our diet, this book gives inspiration for creating dishes that intensify the flavour of veg.
- Beautiful photography of each dish.

**NIKOLAJ JUEL** has worked with Jamie Oliver at 15 and been head chef at Arstiderne, the leading farm for organic produce in Denmark. **COLUMBUS LETH** is a leading food photographer in Denmark, and has won many awards for his beautiful cookbooks.



**JANUARY 2022**  
9781911682141  
£16.99  
176pp | 156 x 221mm | HB  
Approx 70 photographs and 70  
infographics  
Rights: World exc US, Canada, ANZ  
Food/Health

## THE GUT-LOVING COOKBOOK

OVER 60 DELICIOUSLY SIMPLE RECIPES FROM THE GUT STUFF

*Alana and Lisa Macfarlane*

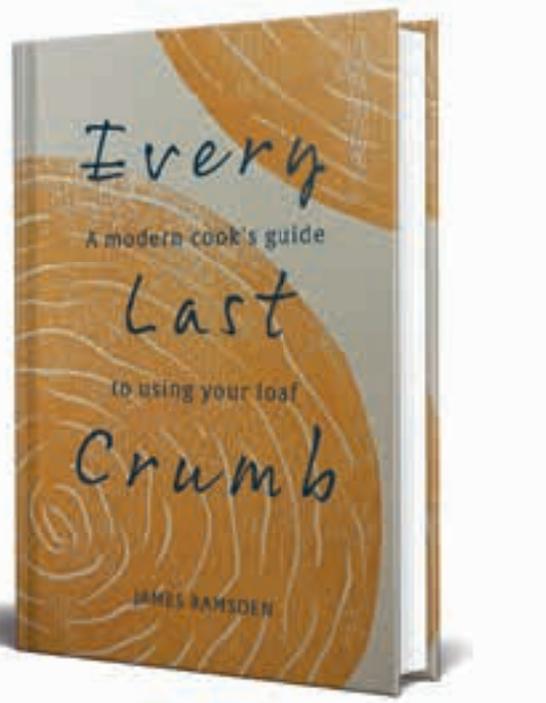
**All the recipes you need for a healthy, happy gut.**

The microbes in the gut help to control blood sugar, manage cholesterol, communicate with the nervous system and brain, and much more. The food we eat can have a huge impact on the microbes living in the gut and it's important that we treat them right. This is an accessible, easy-to-follow cookbook featuring recipes which have been carefully constructed to include the top three most important elements for a healthy digestive system – variety, fibre and ferments.

Gut-friendly food doesn't have to be boring or restrictive and this book features generous food that is familiar, friendly, and most importantly delicious – expect to find recipes for everything from Sourdough Pizzas and Shepherd's Pie to beautifully filling salads and cheeky Kombucha Mocktails.

- *The Gut Stuff* has over 100,000 engaged followers across social media.
- *The Gut Stuff* reached no. 1 in Hot New Releases after it was announced on Instagram.

**ALANA** and **LISA MACFARLANE** (The Mac Twins) created The Gut Stuff in 2017. They made it their mission to bring the exciting information they were learning to the masses (not just the “wellbeing aware” middle classes) and have since made [www.thegutstuff.com](http://www.thegutstuff.com) a global millennial thought leader.



**APRIL 2022**  
 9781911663997  
 £12.99  
 128pp | 156 x 221mm | HB  
 Approx 90 illustrations  
 Rights: World exc US, Canada, ANZ  
 Food & Drink

**EVERY LAST CRUMB**  
 A MODERN COOK'S GUIDE TO USING YOUR LOAF

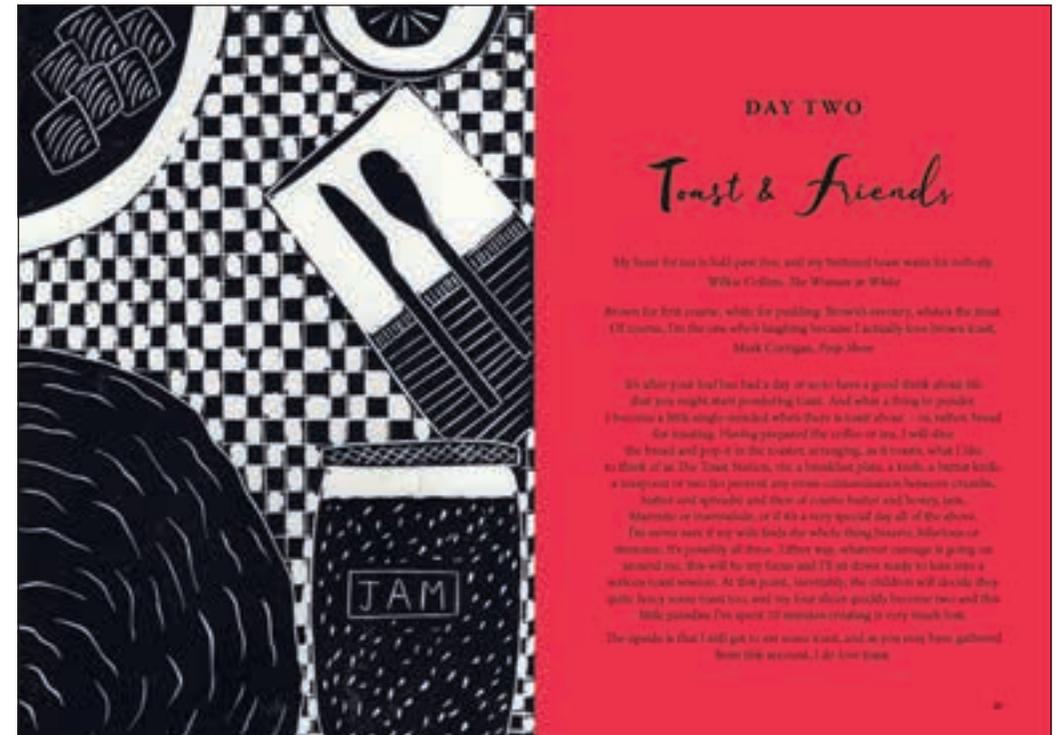
James Ramsden

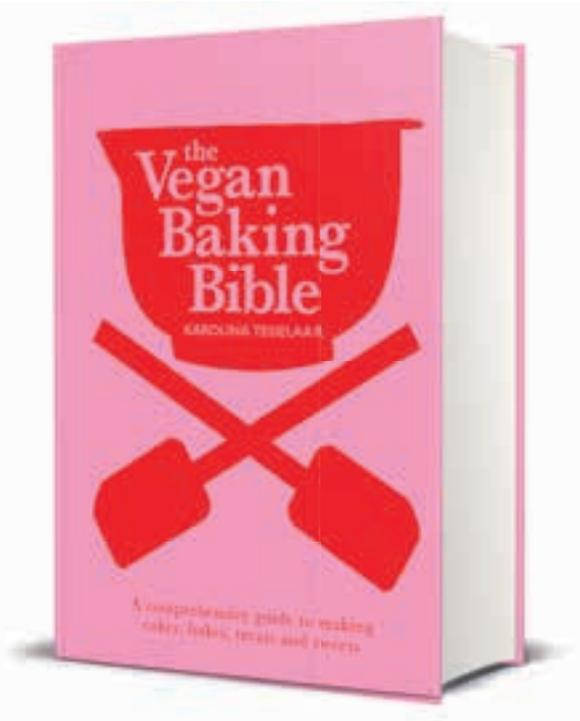
Thrifty, delicious dishes designed to make the most of your bread, minimise food waste and inspire creativity.

Broken down into the five-day lifecycle of a loaf, James Ramsden offers new and exciting ways to use your bread, from classic sandwiches, to brown bread ice cream and fermented rye bread beer. *Every Last Crumb* fuses old fashioned culinarily resourcefulness with a modern palette, putting a zero-waste mentality at its core. This inventive cookbook offers a retro feel with a broad appeal, in particular for those who consider themselves foodies.

- Love Food, Hate Waste projected that every day in the UK 20 million slices of bread are thrown away – mostly because they are not used in time.
- According to the Office for National Statistics, British grocers saw a 92% increase in purchasing of flour in the four weeks to 22 March 2020. That's an extra 2.1 million people who bought flour in those four weeks compared with the year before.
- There has been a surge in demand for baking ingredients overall with sales of suet up by 115%.

**JAMES RAMSDEN's** restaurant Pidgin won a Michelin star and was *Observer Food Monthly's* Best Restaurant in 2017. He also hosts the cult food podcast, *The Kitchen Is On Fire*, chatting to weekly guests including Dolly Alderton, James Norton and Fergus Henderson.





**MARCH 2022**  
9781911682493  
£26.00  
448pp | 170 x 230mm | HB  
Colour photography throughout  
Rights: World exc US, Canada, ANZ  
Food & Drink

## THE VEGAN BAKING BIBLE

*Karolina Tegelaar*

**The ultimate bible to help the novice vegan baker.**

Karolina states that you shouldn't have to compromise on flavour, texture and the look of your cake just because it's vegan. Having become vegan over 10 years ago, she spent the following years perfecting her recipes so that all the old baking favourites - from carrot cake and chocolate cookies to madeleines and muffins - have been modernised and veganised, together with new, exciting baking recipes you'd never guess were vegan.

- 582,000 people signed up to Veganuary in 2021, over 180,000 more than 2020. Interest in veganism and baking keeps on rising.
- The only comprehensive vegan baking bible on the market; this cookbook is stylish, contemporary and has a photograph of every recipe.
- Karolina's aquafaba discoveries, which she has worked on since 2014, culminated in her developing several unique and fool-proof techniques that are now used worldwide.

**KAROLINA TEGELAAR** has 15 vegan books to her name and has collated all her favourite recipes into this bible, which won a prize for the Best Baking Cookbook of 2020 in Sweden (chosen by the gastronomic academy at the University of Karlstad).





**FEBRUARY 2022**  
 9781911663904  
 £18.99  
 160pp | 195 x 260mm | HB  
 65 colour photographs, 45 black & white diagrams  
 Rights: UK & Commonwealth exc ANZ  
 Woodworking

## HAMMER & NAIL

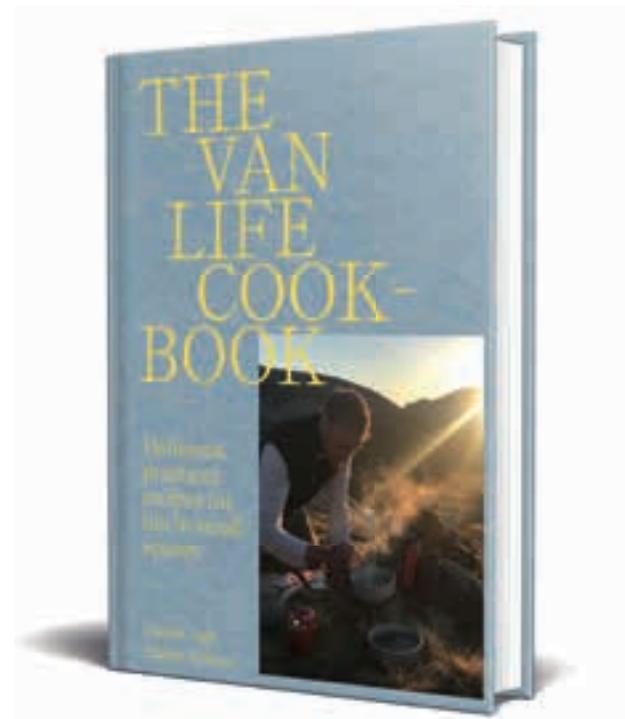
MAKING AND ASSEMBLING FURNITURE DESIGNS INSPIRED BY ENZO MARI  
 Erik Eje Almqvist

**Influenced by radical Italian designer Enzo Mari, this book pays tribute to the ideas that challenged the furniture industry's consumerism.**

Taking Enzo Mari and his book as his inspiration, Erik Eje Almqvist unpacks the *Autoprogettazione* theory, offering simple designs for handbuilt, beautiful furniture. Using minimal equipment and tools, *Hammer & Nail* arms the reader with skills and inspiration for life. There are basic methods for making furniture joints, making clean cuts with a saw, and ideas on surface treatments.

- Enzo Mari was a world-renowned designer, artist, critic and theorist, particularly well-known for his Arts & Crafts-inspired furniture design and the beloved "16 Anamali" puzzle made for Danese. Since his death in 2020 his work is having a resurgence in being celebrated with exhibitions and retrospectives. His iconic designs continue to sell around the world.
- Mari was egalitarian in his beliefs, providing a free manual for his designs in 1974 which was hugely successful. *Hammer & Nail* brings Enzo Mari's popular designs to a new audience.

**ERIK EJE ALMQVIST** is the co-founder and editor-in-chief of *Filter Magazine*. He studied a course in cabinet making at the Technical School of Copenhagen and has published *Copenhagen for Foodies* at Natur & Kultur.



**APRIL 2022**  
 9781911682189  
 £14.99  
 144pp | 156 x 221mm | HB  
 Approx 75 images  
 Rights: World exc US, Canada, ANZ  
 Food & Drink/Travel

## THE VAN LIFE COOKBOOK

DELICIOUS, PRACTICAL RECIPES FOR LIFE IN SMALL SPACES  
 Danny Jack and Hailee Kukura

**Go beyond the two-ring gas hob in search of culinary adventure!**

When chef Danny's work dried up in the kitchen, his self-built campervan provided an essential space for an escape into nature. He and his wife, Hailee, share the tips and tricks they learnt along the way as well as their beautifully accessible recipes. The inventive preparation of food here feeds creativity, autonomy and nourishes a conscious style in the kitchen. Most of all it's fun!

*The Van Life Cookbook* gives an approach to cooking and eating that

saves money, time, is good for your health and finds the best from the immediate environment.

- #vanlife has been used on Instagram over 10 million times.
- The staycation boom has led to there being over 1 million leisure vans in the UK and over twice that many people take holidays in them. Sales of motorhomes went up 200% in 2020. 38% of these are millennials who are pushing this industry to record highs.

Chef **DANNY JACK** trained at the iconic Edinburgh restaurant, The Dogs. His cooking sees him placing seasonality, locality and provenance at the forefront of his food. **HAILEE KUKURA** is originally from the San Juan islands and currently works as a project manager for the V&A Museum.

## Huevos 'Van'cheros: Scrambled eggs w/corn tortillas, rice, black beans and all the fixings

Huevos rancheros (or ranch-style eggs as they are known throughout Mexico and the US Southwest) was one of the first meals Hailee made for me and I've been in love ever since. This is our shared method for the road, using scrambled instead of fried eggs. The Pico de Gallo (see page XX) is optional here, store-bought salsa will work just as well instead. Just make sure you don't forget the hot sauce.

Serves 4

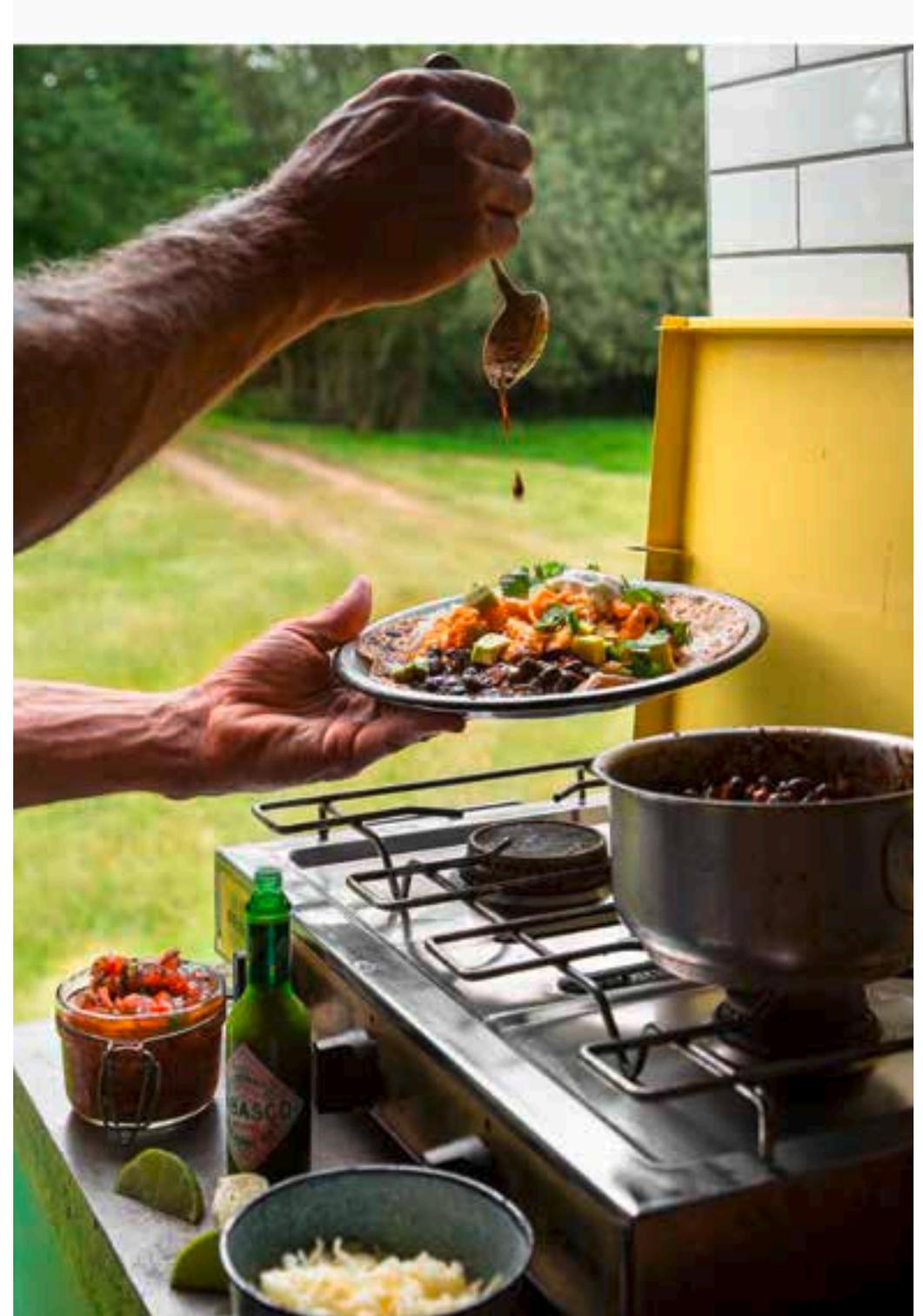
200g/7oz raw rice (any type)

### For the beans

1/2 red onion, diced  
4 garlic cloves, sliced  
1 tbsp olive oil  
1/2 small bunch of coriander, stalks finely diced, leaves saved for garnish  
1 tomato, chopped  
2 tbsp ground cumin  
2 x 400g/14oz cans black beans, drained and rinsed  
salt and freshly ground black pepper

### For the rest

4 large corn tortillas (1 per person)  
a knob of butter  
8 eggs, whisked together with a fork and a little salt  
200g/7oz mature Cheddar cheese, grated  
Pico de Gallo (see page XX) or store-bought salsa, to taste  
1 lime, cut into quarters  
Tabasco sauce or similar hot sauce, to taste  
4 dollops of soured cream or Greek-style yogurt (optional)





**MARCH 2022**

9781911682110

£14.99

144pp | 164 x 218mm | PB

120 colour illustrations

Rights: UK & Commonwealth exc ANZ

Interiors/Environment

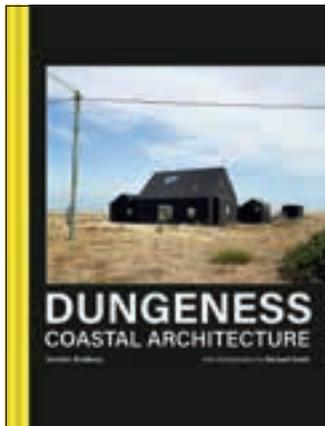
## A CONSIDERED HOME

SUSTAINABLE LIVING WITH NATURE IN MIND

*Ida Magntorn*

**Interiors with a focus on sustainability and wellbeing and creating a home with the environment in mind.**

*A Considered Home* is filled with handy and inspirational tips and lists – you'll reduce plastic consumption, clean with eco-friendly products and work with the seasons, bringing the outdoors inside. Ida Magntorn discusses improving your sleep, buying multi-functional furniture that's beneficial for the environment, what plants are good for you and the environment and how to propagate them, and choosing natural paint colours and lighting to save energy and boost your mood.



**APRIL 2022**

9781911663737

£25.00

208pp | 189 x 246mm | HB

130 colour photographs

Rights: World exc US, Canada, ANZ

Architecture

## DUNGENESS

COASTAL ARCHITECTURE

*Dominic Bradbury. Photographs by Rachael Smith*

**A guide to the unique environment of Dungeness, from shingle beaches to black houses.**

Dungeness is a crucible for exciting architecture: the local vernacular includes fishermen's cottages, lighthouses and ex-industrial structures. This mix has attracted leading architects including Rodic Davidson, Fiona Naylor and Brian Johnson, Simon Conder, Guy Holloway and others to complete projects in the area. The book includes sixteen case studies stunning case studies of homes, both converted from non-domestic buildings and exciting new builds.

## 50 THINGS TO DO...

Pocket-sized manuals to get you outdoors and to increase your appreciation of the natural world.

**MARCH 2022**

£9.99

144pp | 135 x 185mm | HB | 200 illustrations

Rights: World exc US, Canada, ANZ

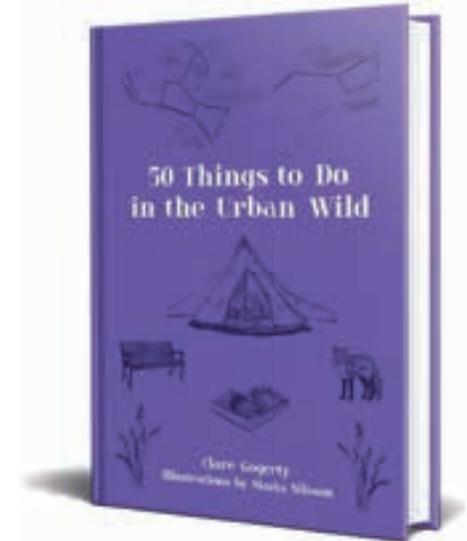
Lifestyle

## 50 THINGS TO DO IN THE URBAN WILD

*Clare Gogerty. Illustrated by Maria Nilsson*

9781911663898

Green refuges and outdoor spaces are more important now than ever – a break from our stressful, tech-consumed lives. It is well researched that being in nature radically improves our mental health, just minutes from your doorstep. Nature is waiting for us to discover it, even in the most urban environment. Go on a night safari, make a worm farm or create a one-pot allotment. With 200 smart illustrations, this practical and accessible guide will expand your horizons and increase your appreciation of wild spaces, whether on the street, in the park, or in nearby nature reserves.



**50 THINGS TO DO BY THE SEA**

*Easkey Britton and Maria Nilsson*

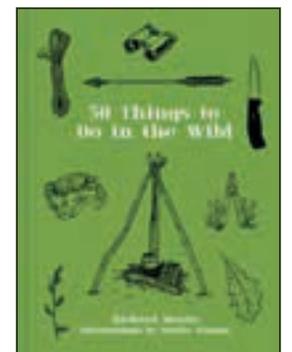
9781911663539



**50 THINGS TO DO WITH A PENKNIFE**

*Matt Collins*

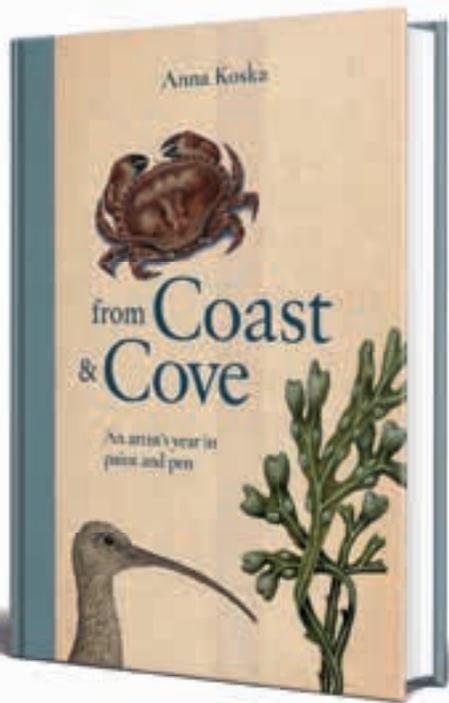
9781911216865



**50 THINGS TO DO IN THE WILD**

*Richard Skrein and Maria Nilsson*

9781911641216



**APRIL 2022**  
 9781911682127  
 £14.99  
 144pp | 156 x 221mm | HB  
 Over 50 illustrations  
 Rights: World exc US, Canada, ANZ  
 Natural History/Art

**FROM COAST & COVE**  
 AN ARTIST'S YEAR IN PAINT AND PEN  
 Anna Koska

**Walking through the four seasons on the Devon coast.**

Beautifully observed, contemplative and deeply personal, Anna combines emotive and evocative tales of life beside the sea with her exquisitely detailed and intricate illustrations of the plants, birds and wildlife found in the water and along the coastline. A love letter to the natural world captured in materials ranging from pencil and pen and ink to watercolour and egg tempera, *From Coast & Cove* details an artist's year spent beside the sea.

- An inspirational artistic journal by celebrated illustrator Anna Koska.

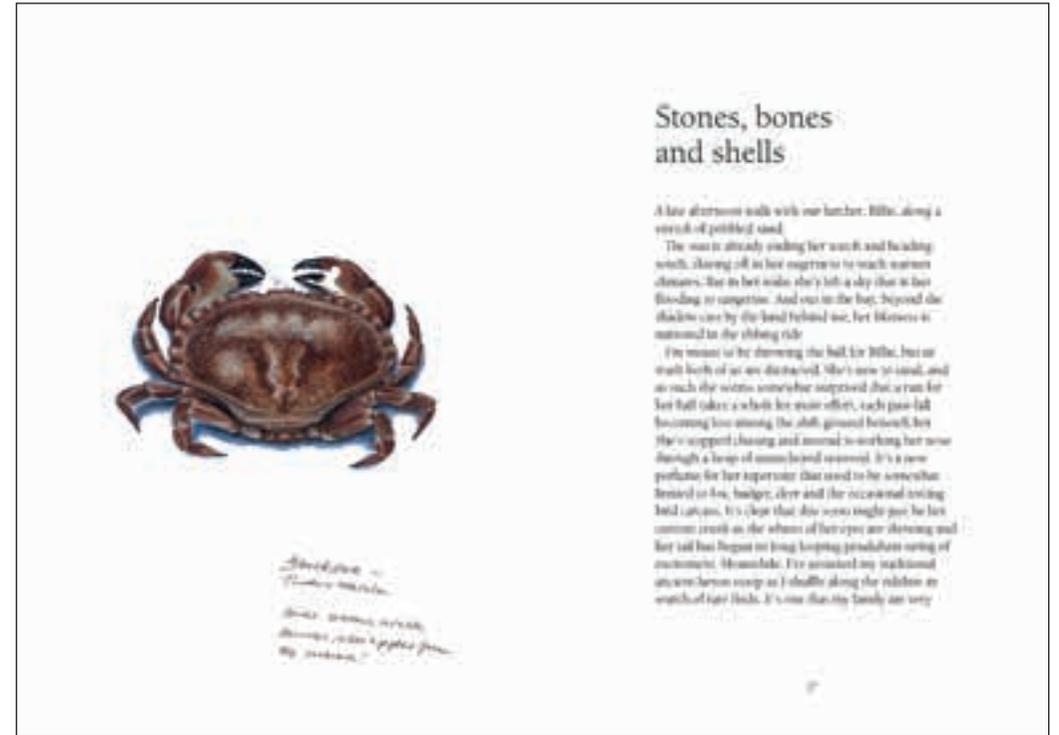
- With over 50 exquisite illustrations, this book will appeal to both food lovers and those interested in nature and art.
- Anna Koska has a wide and varied Instagram following (@gremkoska) and is well connected with many influential figures from the world of food, writing, natural history and media.

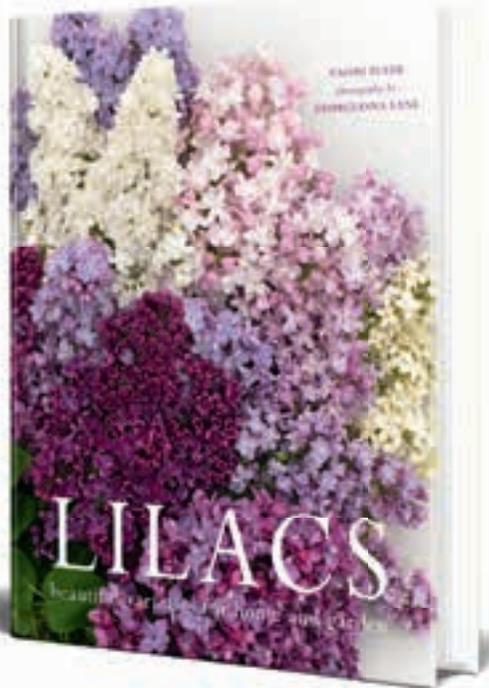
**Also available:**

**From Field & Forest**  
 9781911641766 | £14.99 | HB



**ANNA KOSKA** is a freelance illustrator specialising in fruit, vegetables and the natural world. As well as book illustration, Anna regularly receives commissions from chefs, authors and restaurateurs for food and botanical art.





**APRIL 2022**  
 9781911663966  
 £25.00  
 240pp | 189 x 246mm | HB  
 150 photographs and illustrations  
 Rights: World exc US, Canada, ANZ  
 Gardening

**LILACS**  
 BEAUTIFUL VARIETIES FOR HOME AND GARDEN  
*Naomi Slade. Photographs by Georgianna Lane*

**Advice on care and propagation, and practical tips for how to get the most glorious blooms.**

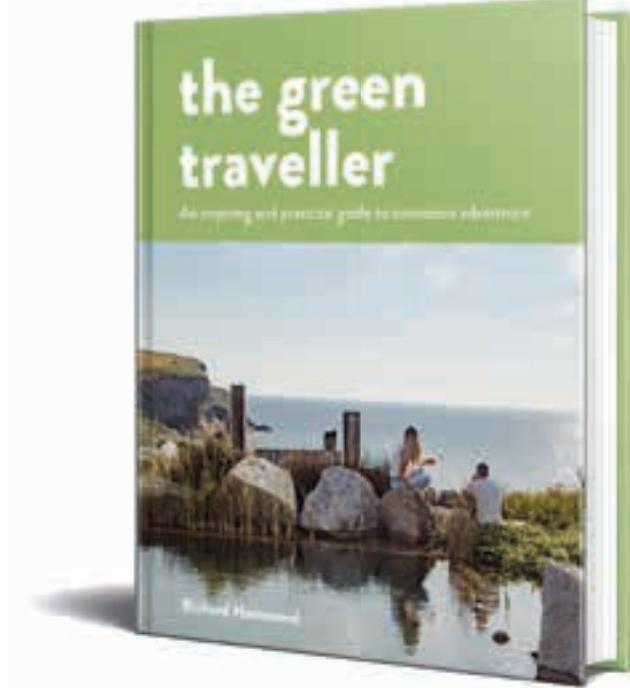
Announcing the changing of the seasons and the coming of summer, lilacs are ubiquitous both within gardens and as a wild flower. As a garden flower they became a popular choice in the eighteenth century, particularly across North America, and lingering shrubs and blooms in the wild are a telltale indication of where earlier dwellings might have been.

Naomi Slade explores varieties of lilacs from pink to burgundy and white to yellow. Together Naomi

Slade and Georgianna Lane present the seventh book in Pavilion's flower series – which includes titles that have been nominated for the Garden Writer's Guild Award.

- Lilacs are abundant across Europe and North America with Lilac festivals taking place annually in May and June.
- With an informative analysis of over 60 varieties there's engaging and inspirational commentary with no-fuss gardening notes to prove that anyone can grow and enjoy Lilacs in their own garden, container or pot.

**NAOMI SLADE** writes and broadcasts about horticulture, design, environment and lifestyle for the *Telegraph*, *The English Garden* and *House and Garden*.  
**GEORGIANNA LANE** is a leading floral, garden and travel photographer with over 100,000 Instagram followers.



**APRIL 2022**  
 9781911682219  
 £18.99  
 176pp | 193 x 235mm | HB  
 Colour photography throughout  
 Rights: World exc US, Canada, ANZ  
 Sustainable Living/Travel

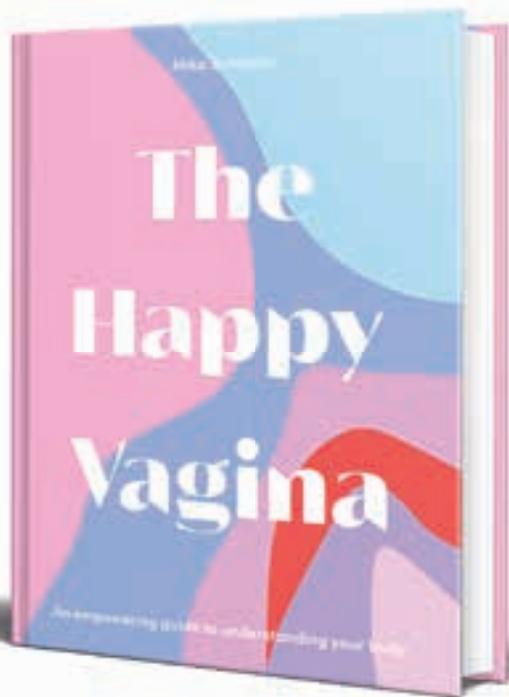
**THE GREEN TRAVELLER**  
 AN INSPIRING AND PRACTICAL GUIDE TO CONSCIOUS ADVENTURE  
*Richard Hammond*

**The expert guide to sustainable travel.**

A cultural shift towards living more consciously and responsibly means reassessing our travel priorities. New, faster and more comfortable rail and ferry services are making cross-continental travel easy and enjoyable, while many hotels and tour operators are improving their credentials and actively facilitating local conservation and community projects. This expert guide will lead you through the issues, help you avoid the greenwashing and inspire you with practical ideas and itineraries.

- A clear and comprehensive jargon-free overview of sustainable travel issues and how to navigate them.
- Inspiring but practical travel ideas, which don't feel compromised or worthy.
- "The leading British website for eco-travel – great for news, green travel tips and inspiration for a low-impact holiday." *The Times* on greentraveller.co.uk.

**RICHARD HAMMOND** is a writer, filmmaker and founder of the award-winning travel website greentraveller.co.uk. He was the *Guardian's* eco-travel correspondent, editor of *Green Hotelier* and travel editor of *National Geographic GREEN*. He has written about sustainable tourism for *BBC Wildlife*, *National Geographic Traveller*, *Sunday Times Travel Magazine* and *Wanderlust*.



**MAY 2022**  
9781911663850  
£14.99  
128pp | 156 x 221mm | HB  
15 colour illustrations and incidentals  
Rights: World exc US, Canada, ANZ  
Self-Help/Health

## THE HAPPY VAGINA

AN EMPOWERING GUIDE TO UNDERSTANDING YOUR BODY

*Mika Simmons*

**It's time to shine a light on the unique and sometimes awkward facts about all things gynaecological...**

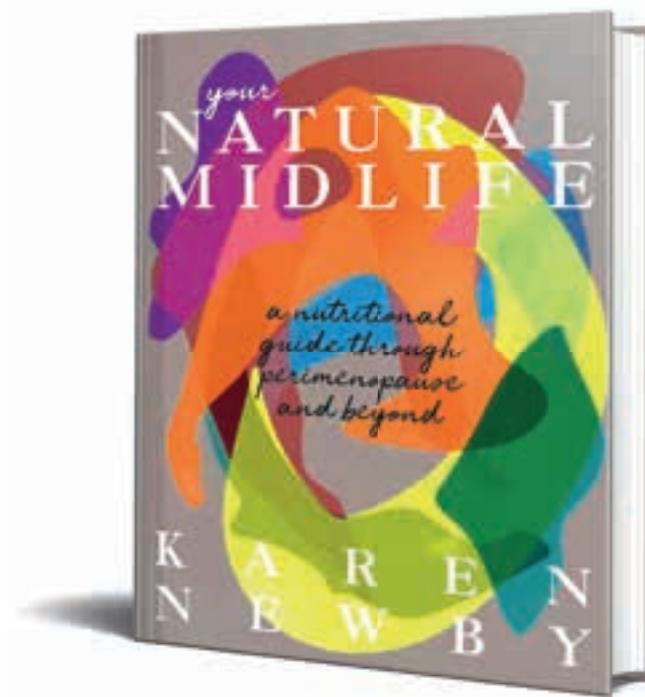
This book explores the cultural, societal and scientific taboos surrounding the vagina right through history – from the hysterics of the Victorian era, where semen was thought to have healing properties for women of a nervous disposition, to 21st-century steam “facials”.

Covering topics from masturbation, pubic hair, orgasms, contraception, body positivity and period poverty this book covers everything you want to know and might be too afraid to ask.

Packed with tips from experts and relatable celebrity voices, as well as quirky, entertaining facts, this is a witty look at everything “down there”.

- The approachable and witty text accompanied by punchy, colourful illustrations, make this the perfect book to empower anyone with a vagina.
- In a recent YouGov survey, half of Britons could not identify or describe the function of the urethra, labia or vagina, and women were almost as unaware as men about what's going on down below.

Author **MIKA SIMMONS** is a feminist campaigner and activist, co-creator of cancer charity The Lady Garden Foundation. She advises the UK government on closing the gender health gap and discusses women's sexual health and experiences with gusto on her podcast The Happy Vagina.



**MAY 2022**  
9781911682233  
£14.99  
160pp | 165 x 221mm | HB  
Approx 40 illustrations  
Rights: World exc US, Canada, ANZ  
Self-Help/Health

## YOUR NATURAL MIDLIFE

A NUTRITIONAL GUIDE THROUGH PERIMENOPAUSE AND BEYOND

*Karen Newby*

**Everything you need to know about harnessing the power of your hormones and celebrating your midlife.**

A complete one-stop guide to the perimenopause and menopause, from recognising symptoms to managing relationships and understanding which treatments really work. Covering everything from HRT, to nutrition, as well as self-help and lifestyle tips, this is a holistic approach to midlife's biological and social challenges.

Nutritional therapist Karen's friendly, practical advice, with easily-integrated guidance on sleep, stress,

energy, brain fog and hormone balance, will be your companion through the perimenopause and beyond.

- Karen Newby has over 10 years' experience coaching female clients on the empowering changes of midlife.
- Few books offer both a scientific and personal approach to the perimenopause and beyond.
- Approximately 13 million women are experiencing the perimenopause/menopause in the UK at any given time.

**KAREN NEWBY** BSc Nutritional Medicine, BANT, CNHC is a registered nutritional therapist. Her particular interest is in female health, especially menopause nutrition. She also advises companies on how they can support their workforce through nutrition.



**MAY 2022**  
 9781911663812  
 £18.99  
 192pp | 193 x 235mm | HB  
 150 colour photographs  
 Rights: World exc US, Canada, ANZ  
 Health & Fitness/Sustainable Living

## NATURAL SKINCARE FOR ALL SEASONS

A MODERN GUIDE TO GROWING AND MAKING PLANT-BASED PRODUCTS

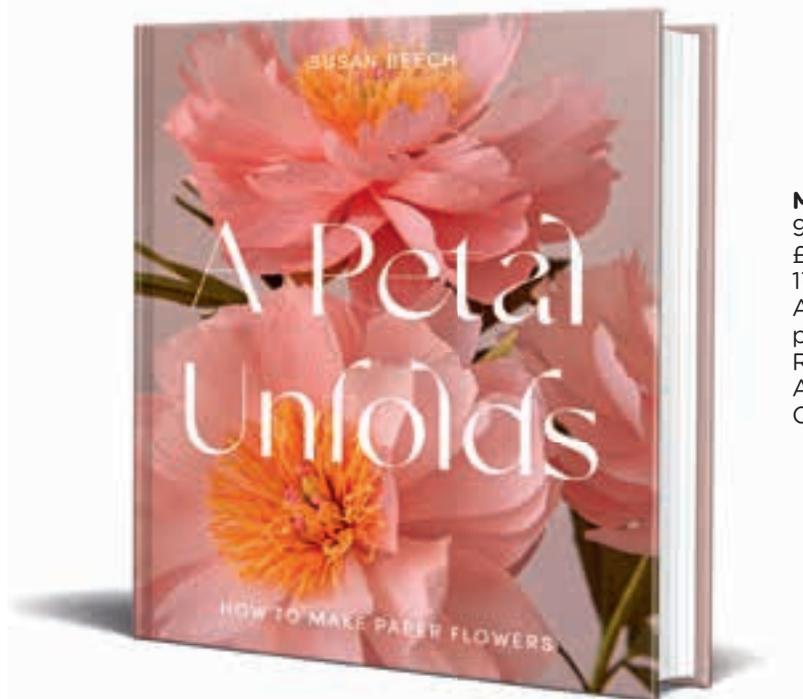
*Silvana de Soissons*

**A modern, practical guide on how to grow and make your own skincare products, no matter how big your garden.**

This handbook enables you to switch from toxic to nourishing skincare products that are better for both you and the environment. Harness the therapeutic power of plants and natural ingredients to look after your skin – the body’s largest organ – simply, gently and effectively. Silvana de Soissons guides you from planting the seed to growing, harvesting, storing, creating and bottling your home-made herbal skincare.

- Natural, simple, home-grown and handmade skincare toiletries are better for your health, your wellbeing and your wallet.
- The natural skincare market is the fastest growing sector of the global beauty industry.
- The skincare market is unregulated and lacks transparency, yet what goes on the skin is often absorbed into the epidermis and into the blood.
- The vegan cosmetics industry is expected to reach \$20 billion globally by 2025, with a surge of 275% in the last five years alone.

**SILVANA DE SOISSONS** worked in Culpeper’s Herbalist and learned how to create bespoke botanical solutions as healing remedies, sparking a lifelong passion and research of the power of herbs. She works in food and lifestyle retail and as the kitchen garden/food writer for *The English Garden Magazine*.



**MARCH 2022**  
 9781911663720  
 £18.99  
 176pp | 193 x 236mm | HB  
 Approx 150 colour  
 photographs  
 Rights: World exc US, Canada,  
 ANZ  
 Crafts

## A PETAL UNFOLDS

*Susan Beech*

**A guide to making a variety of beautiful paper flowers.**

*A Petal Unfolds* is brimming with easy-to-make DIY paper flowers to bring beauty and style to your home. Susan gives you step-by-step advice to create something just as stunning as the real thing. She discusses materials, tools and techniques, as well as tips on flower parts, colouring and painting, before guiding you through the flower tutorials. From peonies to poppies, dahlias to sweet peas, there are flowers and foliage for every aesthetic.

- Mindful crafts, like making paper flowers, are enjoying a renaissance as people prioritise learning new skills and taking time to do something calming and good for their mental health.
- There are 25 stunning projects, which you can master for less than the cost of a bunch of fresh flowers. Susan has a modern approach and the flowers are amazingly realistic.
- Susan has 50,000 followers on Instagram. She holds workshops with brands like the V&A and Cath Kidston.

**SUSAN BEECH** is a leading UK paper flower artist and founder of *A Petal Unfolds*. Her commercial clients include Liberty London, the *Financial Times*, Jo Malone London, Martha Stewart Living, The White Company and Tatty Devine.

## EDWARD'S MENAGERIE

Bring your favourite creatures to life through crochet with Edward's adorable Menagerie!

**MARCH 2022**

£16.99

176pp | 216 x 276mm | PB

100 photographs

Rights: World exc US, Canada, ANZ

Knitting & Crochet

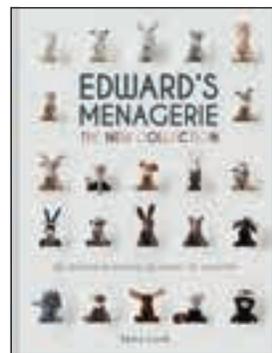
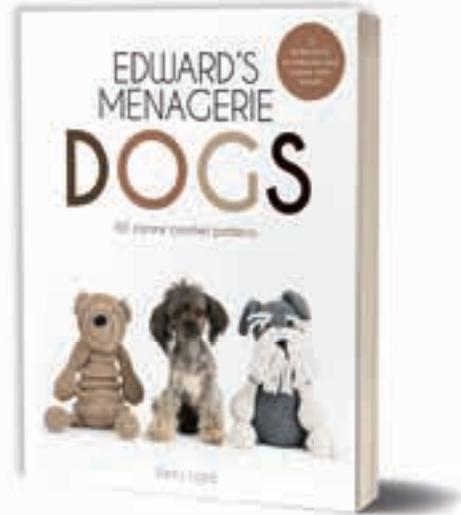
### DOGS: 65 CANINE CROCHET PATTERNS BEGINNER-FRIENDLY PATTERNS FOR CROCHETING ADORABLE PUPS

*Kerry Lord*

9781911682523

**An exciting new edition with a bonus 15 extra projects, including all your favourite cross breeds!**

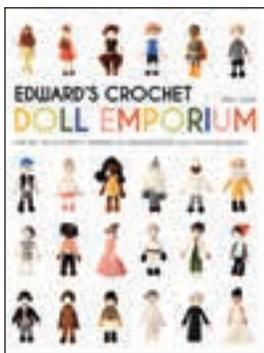
Bring your four-legged friends to life with these 65 crochet patterns for everything from elegant Afghan hounds to oh-so-cute schnauzers and on trend cross breeds, like the puggle and cockapoo. They're so easy to make with step-by-step instructions and charming full-colour photography that showcases the completed crocheted projects. In addition, author Kerry Lord shows you how to customize each pattern so that you can capture your own beloved canine companion - whatever breed or crossbreed it is.



**EDWARD'S MENAGERIE  
THE NEW COLLECTION**

*Kerry Lord*

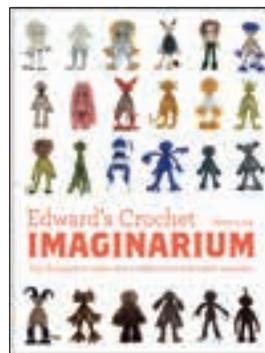
9781911624905



**EDWARD'S CROCHET  
DOLL EMPORIUM**

*Kerry Lord*

9781911595052



**EDWARD'S CROCHET  
IMAGINARIUM**

*Kerry Lord*

9781910904589



**APRIL 2022**

9781911682103

£16.99

160pp | 156 x 221mm | PB

100 colour photographs

Rights: World exc US, Canada,

ANZ

Spirituality & Divination



**JANUARY 2022**

9781911682073

£12.99

128pp | 156 x 221mm | PB

Rights: World exc US, Canada,

ANZ

Stationery/Gift

## GENTLE SPELLS & KIND MAGIC

*Sam McKechnie*

**A unique way of looking at the magical effect of colour.**

Magic can take many forms, whether it be a desire, a wish, or a spell. Thoughtfulness is key and this book has kindness at the heart of its magic to create a more forgiving, considerate community. Curated into colour chapters, Sam looks at each colour and what it represents. The book is brimming with magical spells, poems, charms, rituals, recipes, makes and wishes to create a helpful guide.

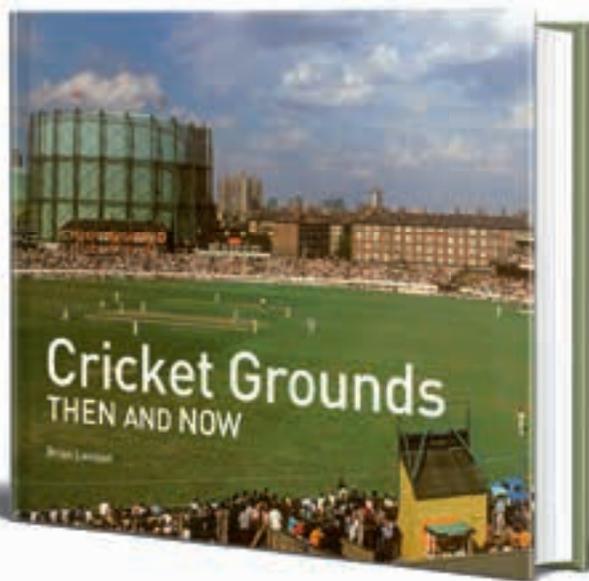
## GOODBYE 30s, HELLO 40s

**A REFLECTIVE JOURNAL**

*Project Love*

**Prompts, exercises and inspirational quotes to help you reflect meaningfully as you step from one decade into the next.**

Part journal, part scrapbook, this book takes you on a reflective journey as you bid farewell to a decade of your life, helping you to create a beautiful and lasting record of it, through memories, lessons learned, milestones achieved and blank pages where you can add photos and notes from each year. By the end, you will have created a bespoke book celebrating and documenting a decade of your life.



**MAY 2022**  
 9781911682097  
 £17.99  
 160pp | 279 x 224mm | HB  
 225 colour photographs  
 Rights: World exc US, Canada,  
 ANZ  
 Sports/Photography

## CRICKET GROUNDS THEN AND NOW

Brian Levison

**A history of world-famous cricketing venues, told through the format of Then and Now photographs.**

A glorious collection of vintage photos of cricket from the 1890s to the 1970s, paired with the same view today, featuring all the major Test venues in England and Australia, plus cricket venues from around the world, interesting county grounds and village green gems. Written by cricket author Brian Levison, whose *Remarkable Cricket Grounds* was shortlisted in the sports book awards.

- Classic photos from the days of W. G. Grace to Tony Greig and Colin Cowdrey, matched with a modern viewpoint.
- Features the great Test venues in England and Australia, plus the Ageas Bowl when it was just a field outside Southampton.
- Author Brian Levison wrote the bestseller *Remarkable Cricket Grounds* and *Remarkable Village Cricket Grounds*.

**BRIAN LEVISON's** books include the highly acclaimed cricket anthology, *All in a Day's Play* (Constable, 2012). He was one of six writers and commentators selected for the MCC's "Cricket's Crown Jewels" exhibition in the Lord's Museum celebrating 150 years of the Wisden Cricketers' Almanack in 2014.



**APRIL 2022**  
 9781911682486  
 £17.99  
 128pp | 229 x 254mm | PB  
 60 colour illustrations  
 Rights: United Kingdom  
 Painting & Paintings/Popular  
 Culture

## HARRY POTTER WATERCOLOUR MAGIC

FLORA AND FAUNA OF THE WIZARDING WORLD

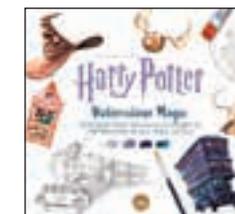
**Bring more of your favourite scenes from the Harry Potter films to life with the second official *Wizarding World* watercolour book.**

Includes even more easy-to-complete watercolour projects featuring fan-favourite characters, creatures, places and icons from the films. Each project features a light sketch of the image to get you started plus a list of supplies needed and colours, followed by clear instructions to help you recreate the image in minutes. The book is printed on high-quality watercolour paper that you can put paint straight on, and the pages are easy to remove

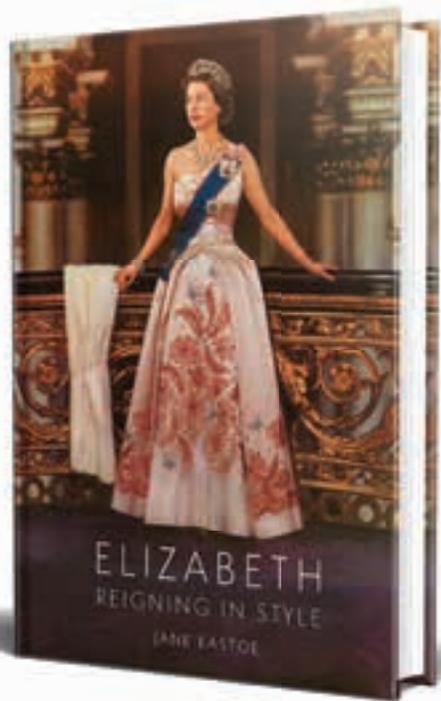
for framing or display. *Harry Potter Watercolour Magic: Flora and Fauna of the Wizarding World* is perfect for artists of every skill level looking for a fun, easy art project.

**Also available:**

**Harry Potter Watercolour Magic**  
 9781911682479 | £17.99 | PB



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**MAY 2022**  
9781911682547  
£9.99  
128pp | 156 x 221mm | HB  
Colour and black & white photographs  
Rights: World exc US, Canada, ANZ  
Fashion/History & Heritage/Popular Culture

## ELIZABETH: REIGNING IN STYLE

Jane Eastoe

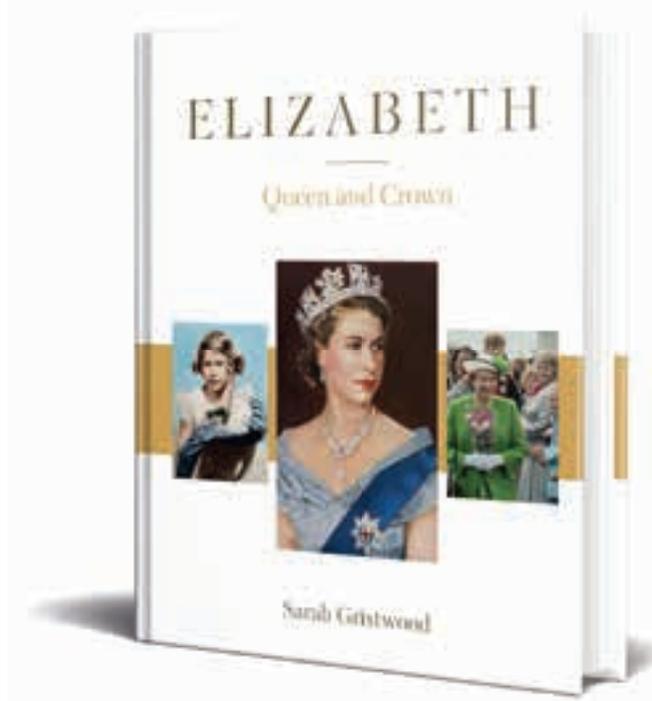
Published to coincide with her Platinum Jubilee year, this remarkable book takes a fond look at the days when Her Majesty led the way in terms of fashion, showcasing the best of the world's designers.

Her Majesty the Queen remains the most high-profile monarch in the world. This sartorial biography charts a woman's move from wasp-waisted princess to stately national icon and is a must-buy both for the vintage clothes enthusiast and dedicated followers of Her Majesty the Queen. Her fabulous wardrobe tells us much about the times she has lived in, as well as a glimpse into the

complexities of dressing for the world stage. As she approaches her Platinum Jubilee, she still commands our attention and remains immaculately turned out.

- Updated and expanded for the Queen's Platinum Jubilee in 2022 when there will be year-long celebrations throughout the United Kingdom, the Commonwealth and around the world as communities come together to celebrate The Queen's historic reign.
- A detailed sartorial portrait, featuring beautiful photographs and sketches.

**JANE EASTOE** has been a journalist and author for 35 years. Working for the fashion business press, she regularly covered the international collections and interviewed designers from Gaultier to Galliano. She is the co-author of *Fabulous Frocks*, now in its third edition, also published by Pavilion.



**MAY 2022**  
9781911682554  
£16.99  
160pp | 193 x 235mm | HB  
Photographs throughout  
Rights: World exc US, Canada, ANZ  
History & Heritage/Popular Culture/  
Biography

## ELIZABETH: QUEEN AND CROWN

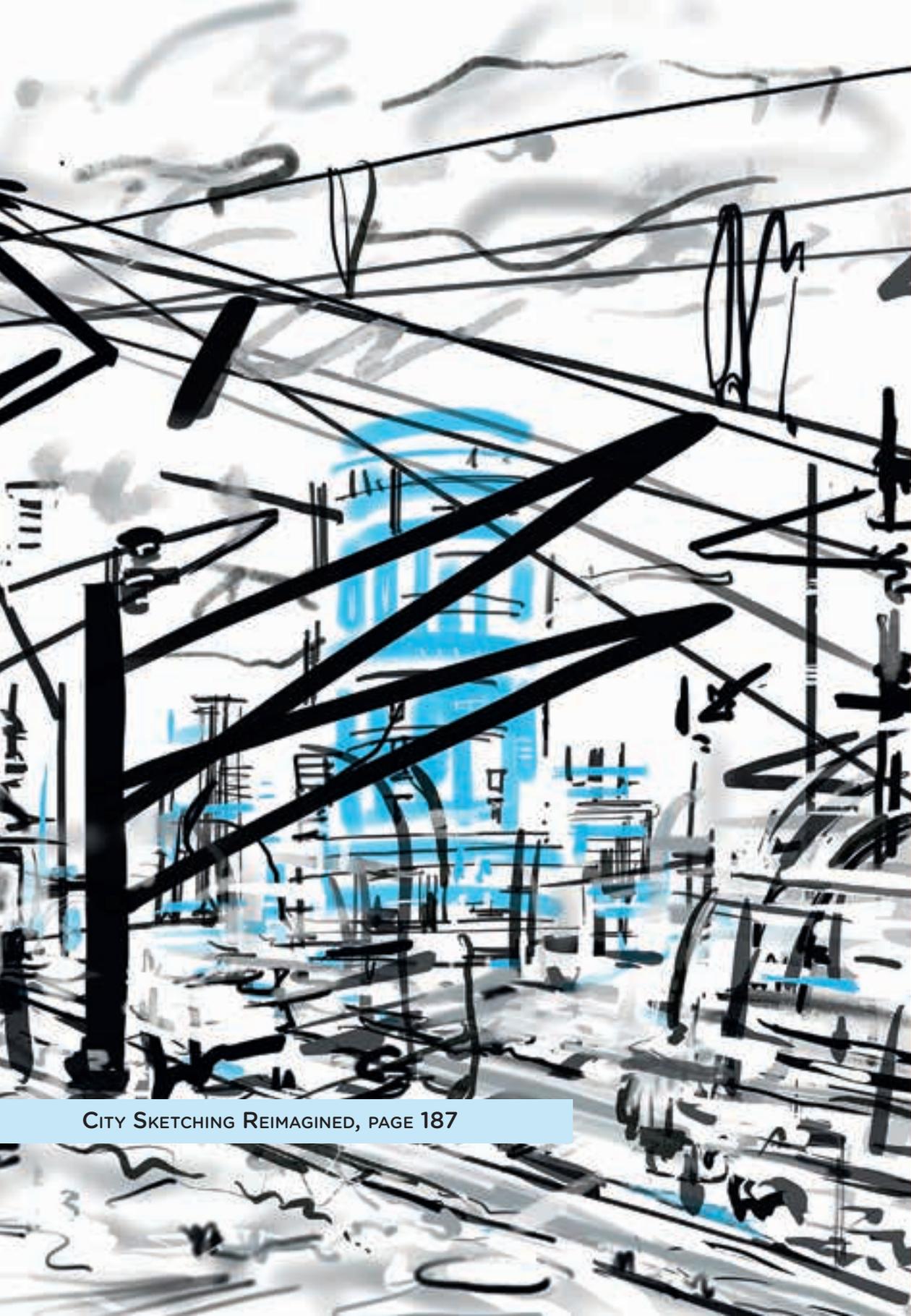
Sarah Gristwood

Spanning from 1926 to the present day, this book reveals the story behind Britain's longest-reigning monarch's extraordinary life.

Sarah Gristwood follows the twists and turns of Her Majesty's life and its key turning points - including her teenage years during World War II, meeting and marrying Prince Philip of Greece, later the Duke of Edinburgh, and her accession to the throne in 1952. Split into chapters covering different periods of her life, the book charts the extraordinary events in the Queen's life alongside the everyday duties of her role as monarch.

- This book captures the growing interest in the Queen as shown by the viewing figures for the Netflix original, *The Crown* - nearly 29 million people worldwide were reported to have tuned in to watch the royal drama in the first week.
- Originally published in 2017, this book has been updated for the Platinum Jubilee in 2022, illustrated with historic photography that makes it as beautiful to own as enjoyable to read.

**SARAH GRISTWOOD** is a bestselling biographer and commentator on royal affairs. She regularly contributes to documentary series, as well as appearing on international news channels from CNN to Sky News, and BBC World to CBC. A former film journalist, she has also authored books on the history of royal weddings, along with biographies of Beatrix Potter, Winston Churchill, and Virginia Woolf and Vita Sackville-West.



CITY SKETCHING REIMAGINED, PAGE 187

**BATSFORD**

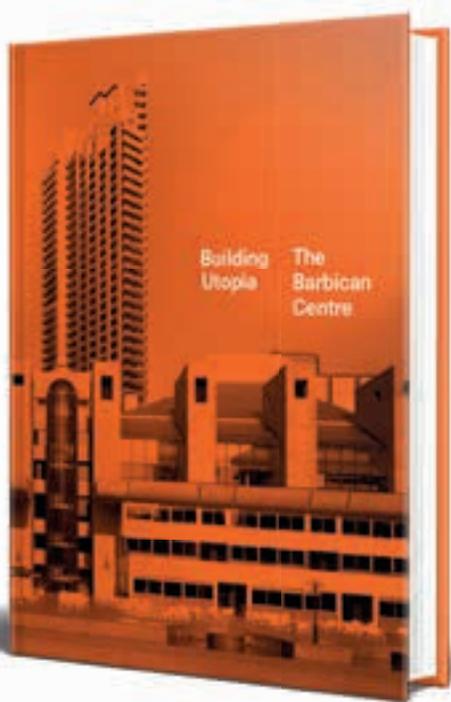
During an unsettling year for us all, I am pleased that **Batsford's** books - on a range of niche subjects - have provided a welcome balm for many. Whether it's a colouring book from *Sunday Times* bestseller Millie Marotta for mindful therapy, a poetry anthology to inspire, or a chess guide for the millions of new chess players, our books have helped fill our year with useful activity. And I'm delighted to introduce this year's spring list.

Our *New Ideas in Botanical Illustration* takes the beautiful art to a new level and has innovation at its heart, and *City Sketching Reimagined* is written by one of the country's best urban artists, Jeanette Barnes. Passionate and of its time, *Such a Sweet Singing* is a short but striking illustrated anthology of women's poetry that appeals to the new generation of poetry-lovers. *Building Utopia: The Barbican Centre* is a case study in beautiful book-making, as you would expect of a book that celebrates one of Britain's finest buildings.

Whatever the coming year brings, we hope our books will inform, teach and inspire.

*Tina Persaud*

Publisher, Batsford



**FEBRUARY 2022**  
 9781849946810  
 £40.00 | \$60.00 US | \$80.00 CAN  
 288pp | 210 x 280mm | HB  
 Over 150 photographs  
 Rights: World exc ANZ  
 Architecture/The Arts

## BUILDING UTOPIA: THE BARBICAN CENTRE

Nicholas Kenyon

A beautifully designed celebration of the 40th birthday of the Barbican Arts Centre, in the heart of the City of London.

This sumptuous book is an invaluable companion to the largest multi-arts centre in Europe. Compiled by the Barbican's managing director, Sir Nicholas Kenyon, it is an in-depth exploration of the centre, drawing on the vast array of material available in its archives, much of which has never been seen before. With listings of Barbican events from 1982 to the present day, plus snippets of oral history from some of the many people associated with the centre

over the years, *Building Utopia* is the essential guide to one of the world's most important cultural spaces.

- Published as part of the celebrations for the 40th anniversary of the Barbican Arts Centre, which falls in March 2022.
- Contains essays by many distinguished contributors including Robert Hewison, Elain Harwood, Sukhdev Sandhu and Fiona Shaw.

**SIR NICHOLAS KENYON** is the managing director of the Barbican Arts Centre. He is a former Controller of BBC Radio 3 and Director of the BBC Proms, and has been a music critic for *The New Yorker*, *The Times* and *The Observer*.



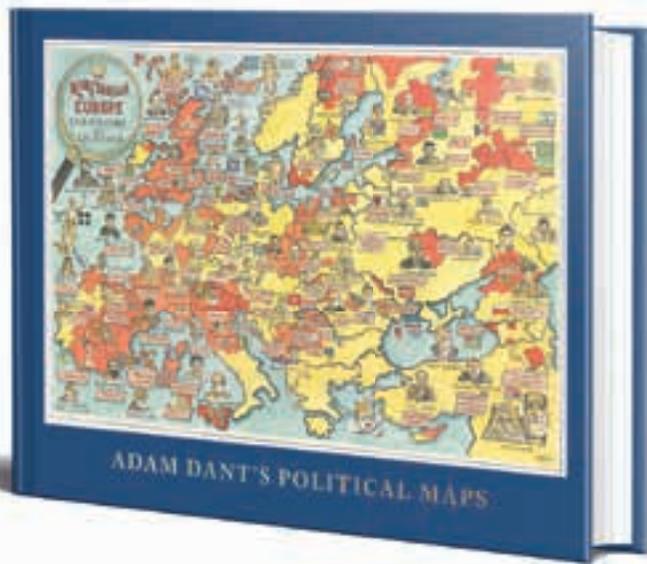
Also available:

**Barbican Estate**  
 9781849944571 | £40.00 | HB

**Golden Lane Estate**  
 9781849945943 | £25.00 | HB

**Isokon and the Bauhaus in Britain**  
 9781849944915 | £25.00 | HB





**APRIL 2022**  
 9781849946919  
 £30.00 | \$43.99 US |  
 \$56.99 CAN  
 112pp | 400 x 305mm | HB  
 50 colour illustrations  
 Rights: World exc ANZ  
 Quirky Reference/Art

## ADAM DANT'S POLITICAL MAPS

*Adam Dant*

**Witty and whimsical, acerbic and intelligent, this unique collection will delight history enthusiasts, art lovers and politics buffs.**

An all-new collection of this highly regarded artist's intricate, absorbing and beautiful maps, this time focused on the world of politics. Informed by his experiences as the official artist of the UK general election in 2015, themes range across the spectrum of British and global politics past and present, bringing in recent political upheavals ("Stop That Brexit"), current issues such as the controversy

around certain statues and, of course, the pandemic ("Viral London").

- A timely collection of political maps, showcasing Adam Dant's unique viewpoint on British and global politics.
- Oversized format allows the artworks' glorious detail and lush beauty to be seen clearly.
- Draws on the author's experience in the heart of Westminster as official UK election artist.

**ADAM DANT** creates dense, elaborate narrative maps that examine and depict public contemporary life, space, mythologies and histories. These works are thoroughly researched, with the artist drawing on a deep well of historical and visual sources to create his wittily perceptive, detailed drawings.

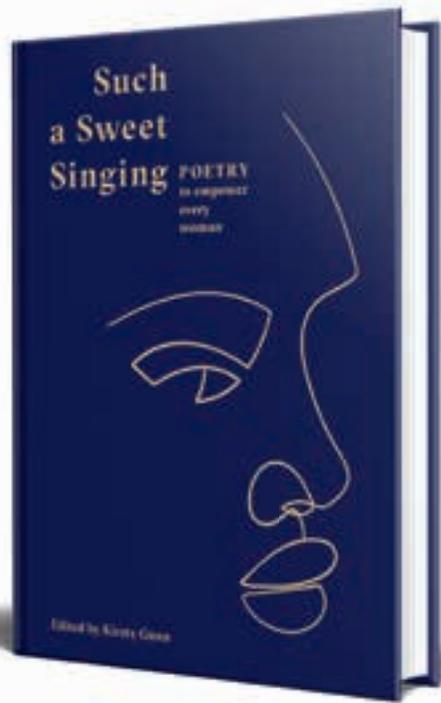


**Also available:**

**Adam Dant's Maps of London and Beyond**  
 9781849944649 | £30.00 | HB

**Atlas of Imagined Places**  
 9781849946414 | £25.00 | HB





**APRIL 2022**  
9781849947152  
£12.99 | \$17.99 US | \$24.99 CAN  
96pp | 136 x 192mm | HB  
Rights: World exc ANZ  
Fiction & Poetry

## SUCH A SWEET SINGING POETRY TO EMPOWER EVERY WOMAN

*Edited by Kirsty Gunn*

**A beautiful and thought-provoking collection of poetry from the world's most inspiring female writers.**

From the vivid, contemporary voices of Fiona Benson and Sapphire to the evocative imagery of George Eliot, Christina Rossetti and Emily Brontë – even the haunting voices of Deborah and Venmaniputti still speak to us from across the centuries. Their words reflect and play on the themes that engage and inspire women today, whether empowering us with courage and love, firing creativity and imagination or simply meditating on family, home and life.

- Beautifully illustrated poems from Fiona Benson, Sapphire, Rita Dove, Lavinia Greenlaw, Gertrude Stein, Katherine Mansfield, Emily Dickinson, Christina Rossetti, Sappho and many more.

### Also available:

**Poetry Rebellion**  
9781849946384 |  
£12.99 | HB



**KIRSTY GUNN** is a novelist and writer of short stories. Her novel *The Boy and the Sea* won the Scottish Arts Council Book of the Year award in 2007 and her 2012 novel *The Big Music* won the Book of the Year in the 2013 New Zealand Post Book Awards. She is professor of writing practice at the University of Dundee.



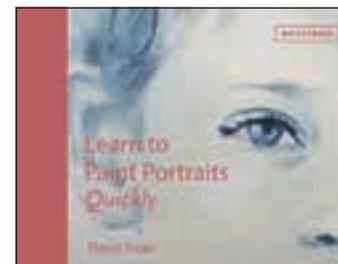
**APRIL 2022**  
9781849946902  
£16.99 | \$23.99 US | \$31.99 CAN  
272pp | 189 x 246mm | PB  
Illustrations throughout  
Rights: World exc ANZ  
Practical Art

## CITY SKETCHING REIMAGINED IDEAS, EXERCISES, INSPIRATION

*Jeanette Barnes and Paul Brandford*

**Sketching for town and city dwellers everywhere, from architecture to accidental paintings, cocktails to clouds, smudges to skyscrapers.**

From capturing reflections to drawing cranes and from using compressed charcoal or glue sticks to sketching on an iPad – whether you're an experienced sketcher or new to the art, there is so much to enjoy and learn. The book is fantastically illustrated by one of the world's best urban sketchers, Jeanette Barnes.



**FEBRUARY 2022**  
9781849946698  
£9.99 | \$14.95 US | \$19.95 CAN  
112pp | 196 x 150mm | HB  
Colour illustrations throughout  
Rights: World exc ANZ  
Practical Art

## LEARN TO PAINT PORTRAITS QUICKLY

*Hazel Soan*

**A concise, approachable guide to portrait painting, with simple exercises and step-by-step demonstrations.**

Whether you are using watercolour, oils or acrylic, *Learn to Paint Portraits Quickly* explains the key elements of catching a likeness in portrait painting in a mixture of mediums. This practical book is filled with easy-to-follow instructions and step-by-step exercises, and written in an accessible way for all artists to learn about portraiture – quickly!

The latest addition to the bestselling *Learn ... Quickly* practical art series.



**MARCH 2022**  
9781849946629  
£19.99 | \$27.99 US | \$37.99 CAN  
128pp | 226 x 254mm | HB  
Colour illustrations throughout  
Rights: World exc ANZ  
Practical Art

## NEW IDEAS IN BOTANICAL PAINTING

COMPOSITION AND COLOUR

*Carolyn Jenkins and Helen Birch*

**Take a new, modern look at the art of botanical painting.**

Instagram star Carolyn Jenkins's particular way of composing her work is often very different from traditional botanical painting. She works more regularly from photographs than real life, and the emphasis of this book is on using the computer to help with composition or cutting up photos of the plant,

together with painting "larger than life" to give more impact. The book also includes step-by-step demonstrations.

- Award-winning artist and Instagram doyenne Carolyn Jenkins demonstrates everything you need to create vibrant and dynamic paintings that leap from the page.

**CAROLYN JENKINS** is a professional gardener and renowned botanical artist whose vivid plant portraits have gained an enthusiastic following on Instagram. She has won two RHS medals for her botanical paintings and she has illustrated for *The Sunday Times Magazine* and many other publications.

**HELEN BIRCH** is an art tutor and blogger and has been an art lecturer at several institutions across the UK. She is the author of the highly popular drawdrawdraw blog.



**MAY 2022**  
9781849947169  
£14.99  
160pp | 189 x 246mm | HB  
Colour illustrations throughout and 20 photographs  
Rights: World exc ANZ  
Crafts

## FOREVER FLOWERS

GROWING AND ARRANGING DRIED FLOWERS

*Ann Lindsay*

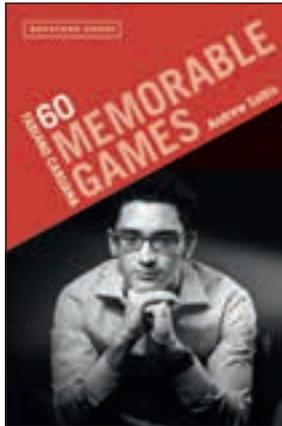
**Learn how to grow and dry flowers, plants and herbs to create stunning dried floral arrangements.**

Covering an encyclopaedic list of flowers and foliage, with specific information on how to grow, cut and dry them to best effect, *Forever Flowers* is suitable for experienced professionals and newcomers to the art of drying flowers. From coffee table posies and large arrangements to hand-tied gift bunches and

wedding bouquets, beautiful photography accompanies guidance to creating arrangements with your newly dried flowers, which you can cherish for years to come.

- An invaluable resource for both experienced professionals and hopeful newcomers to the art of drying flowers.

**ANN LINDSAY** worked for Royal Couturier Hardy Amies, before side-stepping into a life-long career in journalism. Her great love of flowers and plants has encompassed both biographies on 19th century plant hunters to researching the successful methods of growing, collecting and drying plants for everlasting displays.



**MARCH 2022**

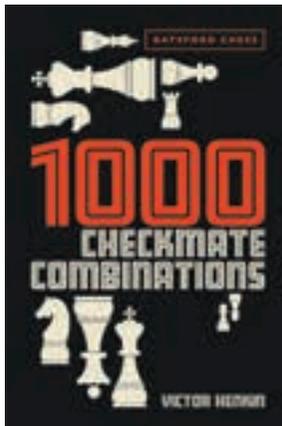
9781849947213  
£16.99 | \$24.99 US | \$33.99 CAN  
384pp | 156 x 234mm | PB  
Black & white diagrams  
Rights: World exc ANZ  
Chess

## FABIANO CARUANA: 60 MEMORABLE GAMES

*Andrew Soltis*

**Celebrated chess writer Andrew Soltis on Fabiano Caruana – the Grandmaster set to rival current world champion Magnus Carlsen.**

Charting the remarkable rise from chess prodigy to one of the world’s best chess players, Andrew Soltis explores how Caruana acquired the skills of 21st century grandmaster chess over such a short period. Soltis dives into how he wins by analysing 60 of the games that made him who he is, describing the intricacies behind his and his opponent’s strategies, and each one’s psychological battle.



**FEBRUARY 2022**

9781849947251  
£15.99 | \$24.99 US | \$33.99 CAN  
352pp | 156 x 234mm | PB  
Black & white diagrams  
Rights: World exc ANZ  
Chess

## 1000 CHECKMATE COMBINATIONS

*Victor Henkin*

**Expert tactics on how to deliver checkmate, from a Grandmaster.**

*1000 Checkmate Combinations* contains a wealth of elegant and sophisticated chess tactics, as well as systematic and effective instruction. Each chapter covers a different piece or combination of pieces that is able to deliver checkmate, and provides illustrative templates for just about every mating formation. By working through the book, readers will develop their ability to recognise the potential for checkmate, as well as the know-how to execute one.



## LOCKDOWN SECRETS

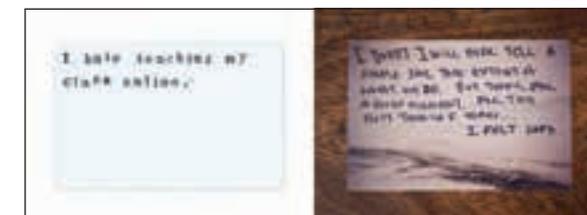
*Eleanor Tattersfield*

**ALREADY PUBLISHED**  
9781849947282  
£12.99 | \$17.99 US | \$24.99 CAN  
192pp | 185 x 135mm | HB  
Rights: World exc ANZ  
Humour/Gift Books

**A compelling collection of anonymous postcards sent during lockdown, revealing hilarious, salacious, relatable and sometimes heartbreaking secret confessions.**

In the thick of the 2021 coronavirus lockdown, designer and shopowner Eleanor Tattersfield put out a call on Instagram: “I’ll send you a postcard, you send me a secret”. *Lockdown Secrets* is an astonishing record of what happened next.

Postcards poured in, some beautifully decorated, some simply handwritten, but each one anonymously sharing a very personal confession. They came from people of all ages and all walks of life, including some celebrities. We’ve all been through the lockdown experience, and every reader will find something to relate to in this fascinating collection, a perfect snapshot of an extraordinary time.



**ELEANOR TATTERSFIELD** is a rising star whose lockdown postcard project is receiving media attention from across the world.



THE MAGIC OF CRYSTALS, PAGE 194

## COLLINS & BROWN

**Collins & Brown** publish a wide range of titles in the fields of craft, health, wellbeing and reference.

This spring, Collins & Brown embrace the journey of self-discovery with *The Magic of Crystals*. People are looking for alternative ways to find meaning and unlocking the power of crystals has become a mindful way to enhance and rebalance every aspect of your life. The book covers home, health and happiness so you can take holistic and positive steps to heal and support your inner self.

And as the burgeoning market of modern gardeners grows, there is a need for thrifty tips and ideas to create a garden that's budget-friendly as well as eco-friendly. *Plants for Free* is a practical look at designing and maintaining a garden, including a comprehensive directory of 80 plants, that will guide and inspire novice and experienced gardeners alike.

*Sophie Allen*

Editorial Director, Pavilion



**FEBRUARY 2022**  
9781911163879  
£9.99 | \$14.95 US | \$19.95 CAN  
96pp | 129 x 195mm | HB  
15 illustrations  
Rights: World exc ANZ  
Mind, Body, Spirit

**THE MAGIC OF CRYSTALS**  
FOR HEALTH, HOME AND HAPPINESS  
*Ken and Joules Taylor*

**Journey on the path of self-discovery through the magic of crystals.**

Whether you need the power to help you with your home, health or happiness, this book contains the guidance, advice and rituals you need to be in sync with your spirituality. The beauty and uniqueness of crystals and other stones have long been recognized for their mystic influence in our day-to-day lives. They are the product of natural energy derived from cosmic and geological forces including stars, the sun and intense heat and pressure from the Earth, so it makes sense to recycle this potential.

This book explores how to unlock this potent vitality with practical advice on what crystals enhance particular characteristics in your home, how to combine their energy with feng shui to create happiness and harmony, how to relieve spiritual blockages in your chakras and how to solve common problems.

- Progressive millennials have appropriated the rhetoric, imagery, and rituals of what was once called the “New Age” – from astrology to witchcraft – as both a political and spiritual statement of identity.” [www.the-american-interest.com](http://www.the-american-interest.com), June 2019.

**KEN AND JOULES TAYLOR** are experienced astrologers and journalists. They have a particular interest in crystals and gemstones and have amassed a wide collection of these precious and semi-precious stones.



**MARCH 2022**  
9781911163916  
£9.99 | \$14.95 US | \$19.95 CAN  
144pp | 135 x 185mm | HB  
100 colour illustrations  
Rights: World exc ANZ  
Gardening

**PLANTS FOR FREE**  
HOW TO CREATE A GARDEN FOR NEXT TO NOTHING  
*Sharon Amos*

**A budget-friendly guide to creating your perfect garden – the cost? Nothing!**

Sharon Amos explains how to design and create a beautiful garden for little or no money, offering tips on bartering for clippings or adapting wild species and controlling them in a garden environment. A comprehensive directory of over 80 plants includes detailed advice on where and how to grow a wide variety of garden favourites, from snowdrops to poppies.

- TV shows like *The Great Gardening Challenge* (shown in July 2019) brought a greater profile to budget gardens. The show saw horticultural professionals transforming neglected spaces into gorgeous gardens on a budget.
- A recent survey found that 81% of millennial gardeners grow produce to cook themselves.

**SHARON AMOS** has written about gardening for *Saga Magazine*, *Country Homes & Interiors*, *Period Living* and the *Guardian*. She is also the author of *Great Plants for Tough Places* and *Create a Wildlife-friendly Garden*.



THE NATURE LOVER'S BUCKET LIST, PAGE 198



National  
Trust

Welcome back to **National Trust Books**. The National Trust has nearly six million members today, supporting its mission to look after Britain's heritage and countryside. Our titles are aimed not only at them, but everyone who loves nature, history, beauty and good food.

Among our highlights this spring we have sequels to two of our most successful books. *The Nature Lover's Bucket List* is an inspiring and informative guide to 60 must-see things in Britain's wildlife, both great and small. And *National Trust Favourite Recipes* has 80 much-loved dishes served in the Trust's 350 cafes. These are tasty, crowd-pleasing meals, with advice on eating seasonally and avoiding food waste too.

Lockdown has made all of us realize we can get more from less. *Simple Pleasures* is a warm and witty gift book that celebrates 100 little things that make life worth living, from the feel of fresh sheets to the first mince pie of the year.

Lastly, if you want to know how the National Trust preserves Britain's historic smells, which of its places has the most UFOs, or just what the difference between a gargoyle and a hunkypunk is, *A National Trust Miscellany* is here to help. Silly, strange and staggering by turns, it's a trivia treasure chest.

*Peter Taylor*

Editorial Director, National Trust Books



**MARCH 2022**  
 9781911657392  
 £12.99  
 208pp | 189 x 211mm | HB  
 140 photographs  
 Rights: World exc US, Canada, ANZ  
 Wildlife/Travel

**THE NATURE LOVER'S BUCKET LIST**  
 BRITAIN'S UNMISSABLE WILDLIFE  
*Richard Madden*

60 of Britain's must-see wildlife wonders - from once in a lifetime to once every lunchtime and everything in-between.

A sequel to the very successful *Great British Bucket List*, this book shows you 60 of Britain's unmissable, world-class wonders of nature - covering birds, animals, flowers, trees and even fungi - and tells you how and where you can find them. From starling murmurations in Somerset to otters in Shetland, from glowworms in Dorset to golden

eagles in the Cairngorms. Along the way you'll also discover natural wonders that are right under your nose in your garden or even in the centre of a town - like hearing the dawn chorus and glimpsing a charm of goldfinches.

- 60 of Britain's must-see wildlife wonders. Beautiful and inspiring birds, animals, flowers, trees, fungi.
- Includes information on how and where to see the species.

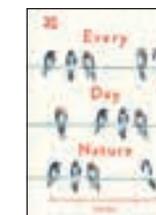
**RICHARD MADDEN** has been a writer specialising in adventure travel and all things wild for more than 25 years. He has visited all seven continents and crossed the Andes on horseback. He is also author of the highly successful *The Great British Bucket List*.

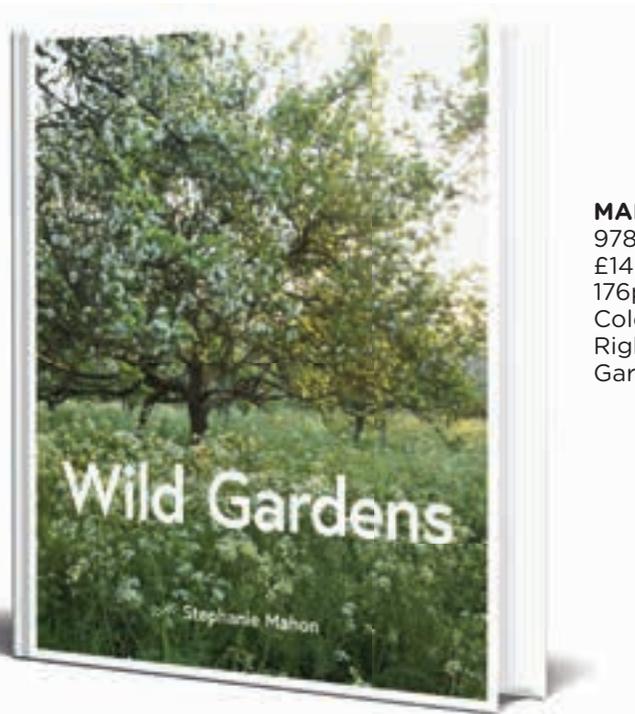


Also available:

**The Great British Bucket List**  
 9781911358732 | £12.99 | HB

**Every Day Nature**  
 9781911657095 | £12.99 | HB





**MARCH 2022**  
9781911657033  
£14.99  
176pp | 205 x 235mm | HB  
Colour photography throughout  
Rights: World exc US, Canada, ANZ  
Gardening

## WILD GARDENS

Stephanie Mahon

**A celebration of Britain's most beautiful and important wild gardens with tips for creating your own.**

A wild, natural look has long been a feature of British gardens, from the astounding feats of 18th- and 19th-century landscaping (including artificial mountains and lakes) to today's concerns for sustainability and native planting. Exploring wildflower meadows and woodland gardens, prairies, bogs and near jungles, there is plenty of practical advice on bringing these elements into your own garden, including

key techniques for rewilding, in this companion for all garden enthusiasts.

- Rewilding our gardens has never been so popular nor so important.
- Showcasing the best wild gardens, from wildflower meadows to near jungles.
- Includes techniques for going wild in your own garden.
- Beautifully illustrated with the original wild landscape gardens of the 18th century to today's sustainable gardens.

**STEPHANIE MAHON** is a highly regarded editor, presently of *Garden Design Journal*, previously of *The English Garden*. She is also an award-winning writer for the *Telegraph*, *Guardian*, *The Sunday Times*, *Homes & Gardens* and *Country Living*.



**MARCH 2022**  
9781911657149  
£12.99  
240pp | 136 x 192mm | HB  
40 colour illustrations  
Rights: World exc US, Canada, ANZ  
Wildlife/Birds & Birdwatching

## BRITAIN'S BIRDS

A TREASURY OF FACTS, FICTION AND FOLKLORE

Jo Woolf

**A fascinating and charming guide packed with natural history facts, folklore and literary appearances for more than 70 of Britain's birds.**

A companion to the successful *Britain's Wildflowers* and *Britain's Trees*, this beautifully illustrated book would make a perfect gift for anyone who loves birds and natural Britain. Did you know that according to legend blackbirds were originally white? Or that the number of times you hear a cuckoo determines how many children you'll have? Or that woodpeckers have special shock absorbers built into their beaks? Or that in 1958 a puffin was blown

inland and knocked a man off his bicycle near Bromley?

The elegant and entertaining writing about over 70 of Britain's birds covering natural history, history, folklore and fiction is accompanied by 40 beautiful custom illustrations, useful for beginners wishing to identify the birds.

- Will appeal to fans of British folklore and history as well as nature.
- Sequel to the successful *Britain's Wildflowers* and *Britain's Trees*.

**JO WOOLF** was born in Shropshire, and now lives with her husband in Argyll. She has always had a passion for writing, along with a lively fascination for history and the natural world. In 2016 she was invited to become Writer in Residence at the Royal Scottish Geographical Society.



**APRIL 2022**  
 9781911657446  
 £14.99  
 160pp | 193 x 235mm | HB  
 45 colour photographs  
 Rights: World exc US, Canada, ANZ  
 Food & Drink

## NATIONAL TRUST FAVOURITE RECIPES

80 DELICIOUS CLASSICS FROM OUR CAFÉS

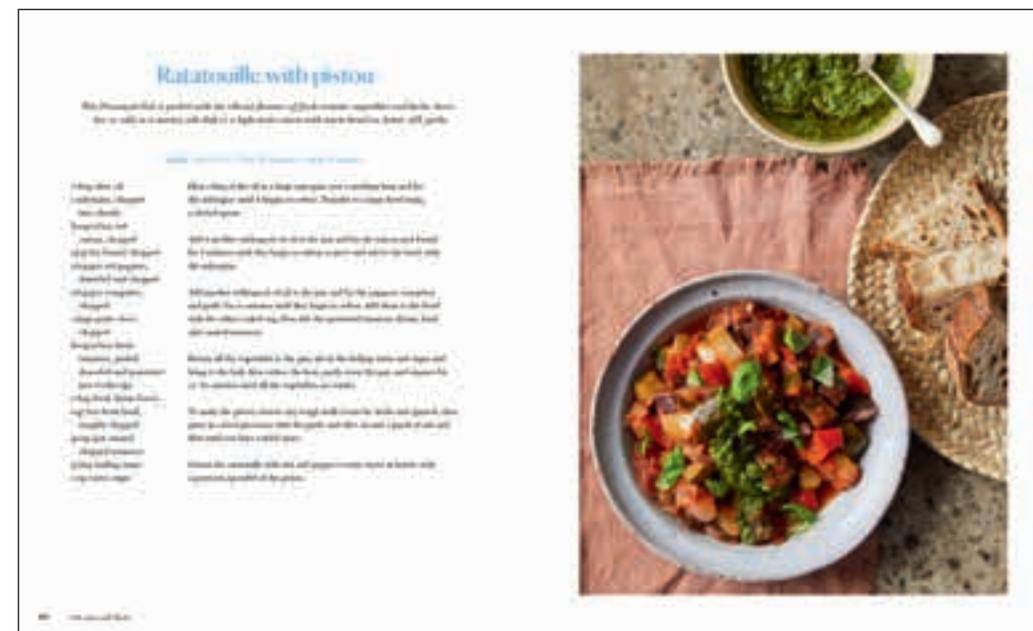
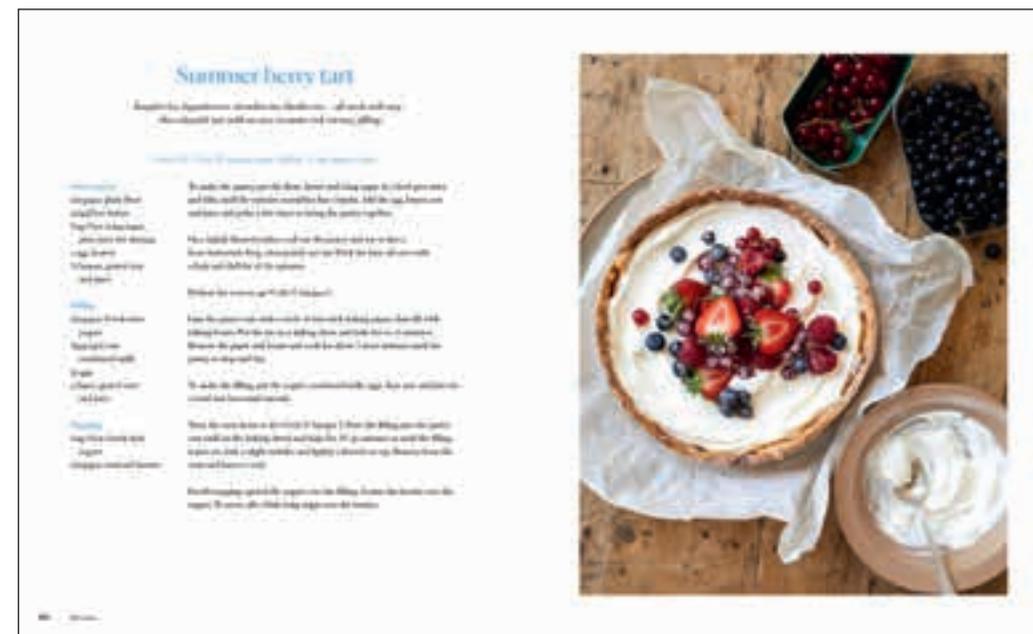
Clive Goudercourt and Rebecca Janaway

**Meals that make your day: the best recipes from the National Trust's cafés.**

A British institution, the National Trust's cafés are loved by the millions who visit its historic houses every year. For some, the café is a bonus; for others, it's the whole point of going. Either way, the delicious, hearty food feels like the best home cooking. From chicken, leek and tarragon pie to rhubarb and ginger cheesecake, plus veggie and vegan options, there's also a focus on seasonality and sustainability.

- 80 recipes for hearty, healthy food that's simple to prepare and big on taste.
- These are guaranteed crowd-pleasers from the cafés of the National Trust, which serve millions of visitors a year.
- At least half are vegetarian or vegan.
- Recipes are fuss-free and no-fail, tested to destruction by the NT's chefs.

**CLIVE GOUDERCOURT** and **REBECCA JANAWAY** are the chefs in charge of developing recipes for the National Trust's renowned 350 cafés.

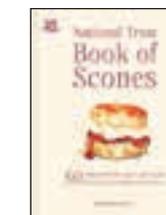


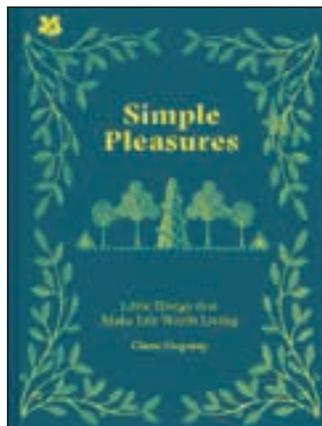
Also available:

**Roasting Pan Suppers**  
 9781911358855 | £14.99 | HB

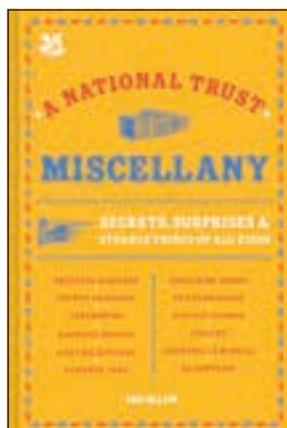
**Eat More Veg**  
 9781911358879 | £14.99 | HB

**National Trust Book of Scones**  
 9781909881938 | £9.99 | HB





**APRIL 2022**  
9781911657422  
£8.99  
128pp | 112 x 165mm | HB  
20 drawings  
Rights: World exc US, Canada,  
ANZ  
Self-Help



**MAY 2022**  
9781911657439  
£8.99  
128pp | 120 x 180mm | HB  
40 black & white line illustrations  
Rights: World exc US, Canada,  
ANZ  
History & Heritage

## **SIMPLE PLEASURES** LITTLE THINGS THAT MAKE LIFE WORTH LIVING *Clare Gogerty*

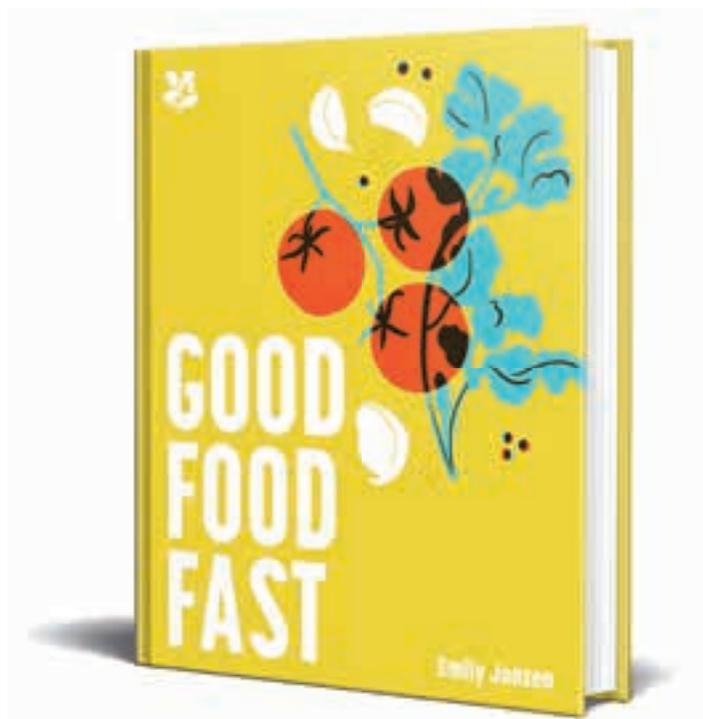
**From seeing spring's first blossom to the anticipatory pleasure of planting a seed - find happiness in the smallest things.**

A balm for the soul in our increasingly screen-based, disconnected world and a theme that has been supercharged by the experience of lockdown, here are one hundred simple pleasures to gladden the heart. From climbing a hill, to the smell of autumn leaves, fresh sheets, to relishing the sun on your back, or holding hands, daydreaming and writing a letter.

## **A NATIONAL TRUST MISCELLANY** SECRETS, SURPRISES AND STRANGE THINGS OF ALL KINDS *Ian Allen*

**Staggering statistics, strange facts and surprising stuff from the National Trust's historic houses.**

Britain's National Trust looks after hundreds of historic houses, so find out about secret passages and hidden rooms, intriguing items (a cucumber straightener), bizarre buildings (a revolving shed; a 16-sided house), odd jobs ("Squirrel Ranger") and eccentric characters such as the aristocrat who converted his car to spray perfume from its exhaust. Whether you're a lover of the strange-but-true side of history or a collector of impressive trivia, it's all here.



## **GOOD FOOD FAST** DELICIOUS, HEALTHY MEALS IN 30 MINUTES *Emily Jonzen*

**Convenience and simplicity without compromising on taste or nutrition - from page to plate in 30 minutes.**

Need fast food that's also super-healthy? *Good Food Fast* has soups, salads and mains, plus mouthwatering desserts. The recipes include one-pots and traybakes for ultimate effort-saving. Over half the recipes are vegetarian or vegan and they keep in mind seasonality and minimising waste for a clean conscience as well as a clean plate!

**MARCH 2022**  
9781911657415  
£14.99  
148pp | 193 x 235mm HB  
45 colour photographs  
Rights: World exc US, Canada, ANZ  
Food & Drink

- 80 delicious recipes ready in 30 minutes or so.
- Perfect for mid-week lunches and suppers.
- Includes one-pots and roasting pan recipes and traybakes for ultimate fuss-free convenience.
- Designed to help you eat seasonally and avoid waste.

**EMILY JONZEN** is a food writer based in London. She graduated from the renowned Leiths School of Food and Wine in 2008 and developed a career working for high-profile magazines, publishers and advertising agencies. She has had two previous books published by Kyle Books and has written for Waitrose Food, *Sainsbury's Magazine*, *Fabulous Magazine* and the *Co-Operative Food Magazine*.



**PITKIN**

**Pitkin** is synonymous with beautifully illustrated guidebooks at value-for-money prices, aimed at visitors to heritage attractions. Pitkin's first publication – a pictorial souvenir guidebook to The Queen's wedding in 1947 – heralded a rich legacy of accessible history publications, popular biographies, guides to leading cities, as well as royal titles.

From iconic cathedrals and formidable castles to famous people and bespoke museums, Pitkin offers a range of collectable publications to enhance every visitor experience. *Cathedrals of Britain*, *English Castles*, *Britain's Kings and Queens*, *Alan Turing* and *The War Poets* are just a few of the titles to delight and inform.

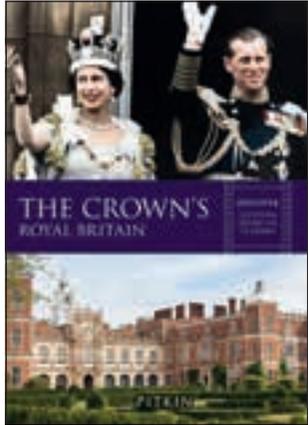
Due to popular demand, we are delighted to build on our Pitkin TV location series. From the wilds of Scotland, featured in our intrepid *Outlanders Guide to Scotland* to the elegance of Georgian Britain in *Bridgerton's England*, we have something to inspire.

Look out for our new titles in this series including the ever-intriguing *Midsomer Murders* and the sumptuous and compelling *The Crown's Royal Britain*, where you can follow in the footsteps of the royal family over the decades.

We also publish guidebooks for visitor attractions. Please let us know if we can help you create a unique and winning offering.

*Susan Swalwell*

Publisher, Pitkin Guides



**MARCH 2022**

9781841659374

£7.99

64pp | 172 x 240mm | PB

Colour photographs throughout

Rights: World exc US, Canada,

ANZ

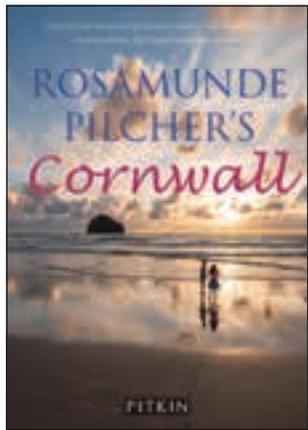
Popular Culture/Travel

## THE CROWN'S ROYAL BRITAIN

Gill Knappett

Join us on a behind-the-scenes tour of the filming locations for the award-winning Netflix series *The Crown*.

The series recreates the romance and intrigue at the heart of the royal family and within these pages we seek out the settings so integral to the story, linking each “fictional” site to its real-life counterpart. Covering the first four series, this is the perfect opportunity for every fan of *The Crown* to go on a royal tour of Britain and the venues that were an inspiration for this special drama.



**FEBRUARY 2022**

9781841659008

£6.00

32pp | 172 x 240mm | PB

Colour photography throughout

Rights: World exc US, Canada,

ANZ

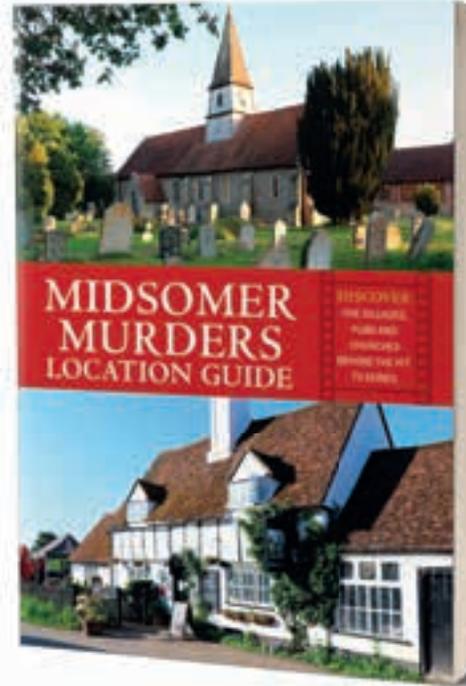
Travel/Literature

## ROSAMUNDE PILCHER'S CORNWALL

Gill Knappett

From the elegance of Prideaux Place in Padstow to Cornwall's wild coastline, Rosamunde Pilcher captured Cornwall's diverse beauty and charm.

Rosamunde Pilcher grew up near St Ives, and Cornwall remained her inspiration and the setting for most of her novels. This Pitkin guidebook takes you on a tour of the key areas and places that inspired her, from the steep Bedruthan Steps to St Michael's Mount and the waves battering the coastline at Land's End. All these sites and more informed Rosamunde Pilcher's writing, making her novels and short stories popular and cherished worldwide.



**MARCH 2022**

9781841659336

£6.99

44pp | 172 x 240mm | PB

85 photographs

Rights: World exc US, Canada, ANZ

Travel/Television

## MIDSOMER MURDERS LOCATION GUIDE

Frank Hopkinson

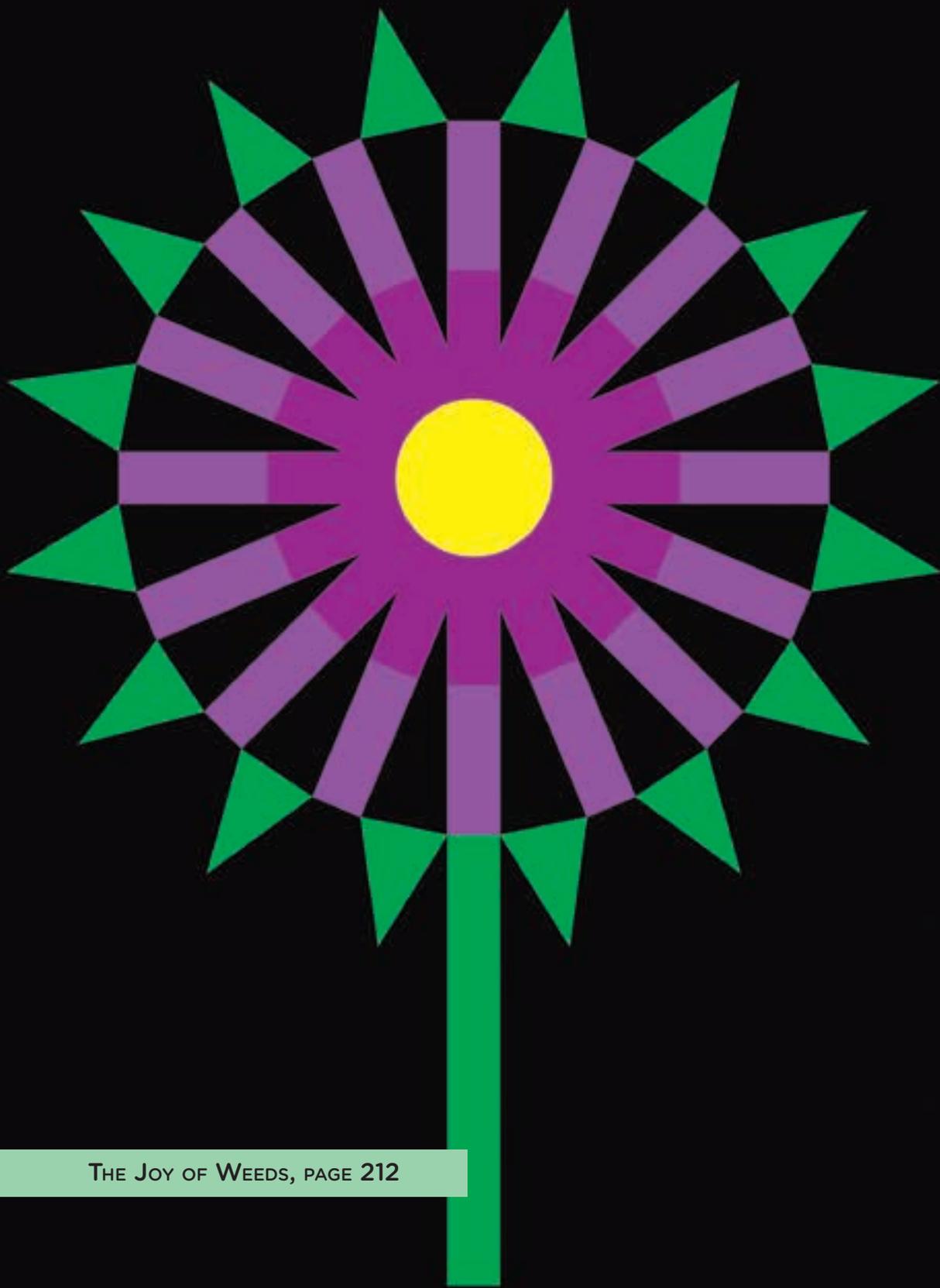
Celebrating 25 years of the hugely popular ITV show *Midsomer Murders* with a guide that pinpoints the most popular locations used for filming the series.

The first episode of *Midsomer Murders*, *The Killing at Badger's Drift*, was an immediate ratings success in 1997 and today the series continues to be sold around the world. This location guide highlights some of the familiar pubs, churches, villages and countryside that can be visited. The Lions at Bledlow has been five different pubs in its Midsomer lifetime, while The Crown

in Sydenham can claim at least three. Villages clustered around the Oxfordshire/Buckinghamshire border – Turville, Hambledon, Fingest, Haddenham and Long Crendon – are favourite backdrops. While many of the grand country houses are private residences, a few, such as Mapledurham and Greys Court, are open to the public.

With all 128 episodes available on BritBox, fans can watch with the *Midsomer Murders Location Guide* in hand and spot exactly where Inspector Barnaby brings the villains to book.

**FRANK HOPKINSON** is the author of *The Joy of Pubs*, the National Trust's book on beekeeping and photographed *Remarkable Village Cricket Grounds*, three subjects that regularly occur in *Midsomer Murders*.



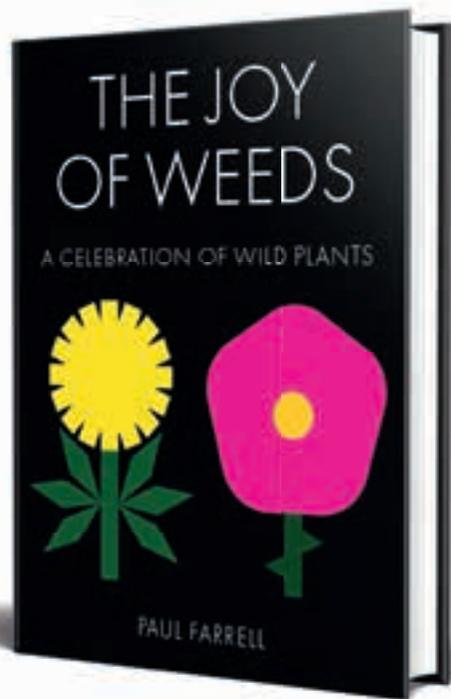
## PORTICO

**Portico** books are designed to be inspiring, humorous and even perspective-changing as well as being the perfect gift.

*The Joy of Weeds* is a refreshing and joyful look at the way we garden today. As more and more people take to the garden for its mental and physical health benefits, the modern gardener also thinks about the environment. It's not about perfect lawns and structured design, achieved with pesticides and herbicides, but about a green space that can be enjoyed by nature as well as humans. Accompanied by bold, graphic illustrations, low-maintenance gardening, permaculture and rewilding are all embraced in this stunning book celebrating 50 weeds, their beauty and their uses.

*Sophie Allen*

Editorial Director, Pavilion



**MARCH 2022**  
 9781911622635  
 £9.99  
 128pp | 135 x 185mm | HB  
 50 colour illustrations  
 Rights: World exc US, Canada, ANZ  
 Gardening

## THE JOY OF WEEDS

A CELEBRATION OF WILD PLANTS

Paul Farrell

**A colourful, illustrated celebration of wild plants around the world, and why we should love, not loathe them.**

To call a plant a weed is doing it a real injustice. It's simply a wild plant that is not deliberately cultivated, growing where it is not wanted. By this definition, virtually any plant outside a carefully tended garden is a weed.

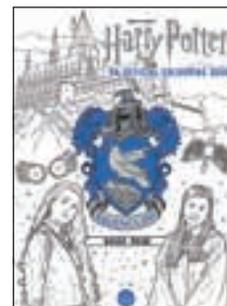
The intolerance of weeds is a mark of how we have turned our backs on nature and urbanized our land and lives. In this enlightening survey, illustrator Paul Farrell uncovers the wild beauty in weeds and explains the benefits of rewilding ourselves a little. Weeds can be medicine, food, and an

important aid for wildlife. One person's weed is another's wild beauty.

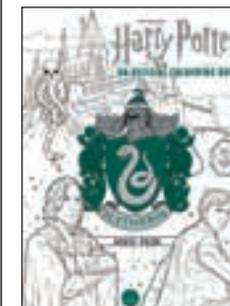
- Young people are taking up gardening like never before. Paul Farrell's graphic approach is a refreshing alternative to traditional horticulture manuals.
- Ditch the weedkiller for nature-friendly, low-maintenance plants and a touch of rewilding in your yard.
- Foraging and growing your own food is a huge trend. Why not make the most of the plants that grow without any help at all?

**PAUL FARRELL** is a graphic artist, illustrator and printmaker. His bold, colourful style is inspired by shape and colour and an interest in graphic arts and nature. He is the author of *Great Britain in Colour* and *Build A Castle* and *Build A Skyscraper* (Pavilion Children's).

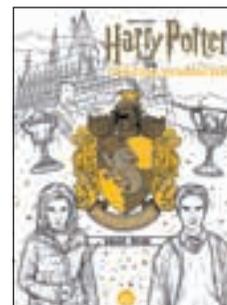
## BACKLIST HIGHLIGHTS



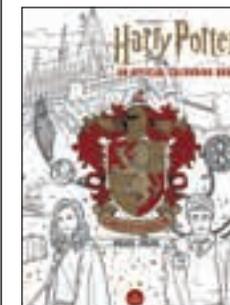
**HARRY POTTER: RAVENCLAW HOUSE PRIDE**  
 THE OFFICIAL COLOURING BOOK  
**SEPTEMBER 2021**  
 9781849947473  
 £8.99 | 64pp | 215 x 279mm | PB  
 Rights: United Kingdom  
 Colouring & Painting/  
 Popular Culture



**HARRY POTTER: SLYTHERIN HOUSE PRIDE**  
 THE OFFICIAL COLOURING BOOK  
**SEPTEMBER 2021**  
 9781849947497  
 £8.99 | 64pp | 215 x 279mm | PB  
 Rights: United Kingdom  
 Colouring & Painting/  
 Popular Culture



**HARRY POTTER: HUFFLEPUFF HOUSE PRIDE**  
 THE OFFICIAL COLOURING BOOK  
**SEPTEMBER 2021**  
 9781849947480  
 £8.99 | 64pp | 215 x 279mm | PB  
 Rights: United Kingdom  
 Colouring & Painting/  
 Popular Culture



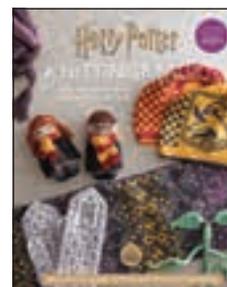
**HARRY POTTER: GRYFFINDOR HOUSE PRIDE**  
 THE OFFICIAL COLOURING BOOK  
**SEPTEMBER 2021**  
 9781849947503  
 £8.99 | 64pp | 215 x 279mm | PB  
 Rights: United Kingdom  
 Colouring & Painting/  
 Popular Culture



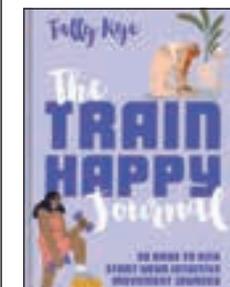
**HARRY POTTER CROCHET WIZARDRY**  
 THE OFFICIAL HARRY POTTER CROCHET PATTERN BOOK  
*Lee Sartori*  
**AUGUST 2021**  
 9781911663638  
 £19.95 | 176pp | 200 x 253mm | HB  
 Rights: UK & Commonwealth exc ANZ  
 Knitting & Crochet/  
 Popular Culture



**THE STORY OF BEATRIX POTTER**  
 HER ENCHANTING WORK AND SURPRISING LIFE  
*Sarah Gristwood*  
**NOVEMBER 2021**  
 9781911657408  
 £12.99 | 160pp | 170 x 221mm | HB  
 Rights: World exc US, Can, ANZ  
 Biography/Literature



**HARRY POTTER KNITTING MAGIC**  
 MORE PATTERNS FROM HOGWARTS AND BEYOND  
*Tanis Gray*  
**SEPTEMBER 2021**  
 9781911682462  
 £22.95 | 208pp | 200 x 253mm | HB  
 Rights: UK & Commonwealth exc ANZ  
 Knitting & Crochet/  
 Popular Culture



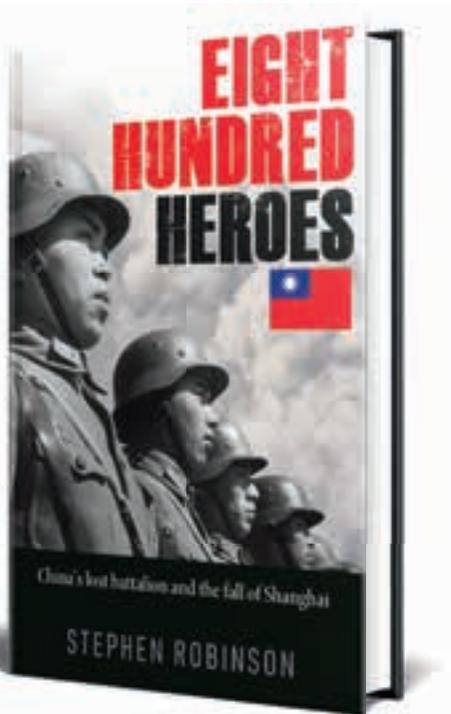
**THE TRAIN HAPPY JOURNAL**  
 30 DAYS TO KICK START YOUR INTUITIVE MOVEMENT JOURNEY  
*Tally Rye*  
**DECEMBER 2021**  
 9781911682257  
 £11.99 | 112pp | 156 x 221mm | PB  
 Rights: World exc US, Can, ANZ  
 Sports Training & Coaching/Journal



Fiercely independent for over 30 years, **Exisle Publishing** produces the kind of books that the biggest publishers do not. From recipes to relieve eczema to searing takes on US military policy, from gorgeous photography to whimsical gift books, our eclectic list is designed to stay in print for years, delivering reliable returns to our partners and distributors. Our partially distributed team includes offices in Australia and New Zealand and key people in Europe, the United States, and the United Kingdom. We seek and publish books that will have a global impact, and serve both broad and niche communities others overlook.

*Gareth St John Thomas*

CEO and Publisher, Exisle Publishing



**JUNE 2022**  
9781922539205  
£25.99 | \$35.99 US | \$39.99 CAN  
256pp | 151 x 234mm | HB  
Rights: World exc AU, NZ  
History/Military/Wars & Conflicts  
(Other)

**EIGHT HUNDRED HEROES**  
CHINA'S LOST BATTALION AND THE FALL OF SHANGHAI  
*Stephen Robison*

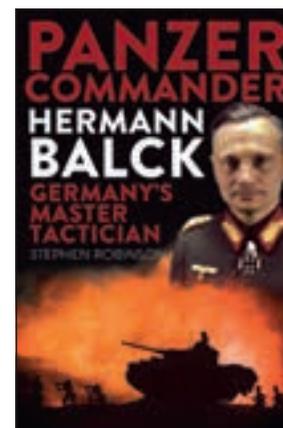
The astounding last stand of the Chinese nationalist battalion that defended the Sihang Warehouse during the Battle of Shanghai.

Bringing together Chinese and western accounts for the first time, this is a thorough analysis of both a heroic battle and the legend it became in international military history. From 26th October to 1st November 1937, the '800 Heroes' defended Sihang Warehouse from Japanese assaults. Even more astonishingly, Colonel Xie Jinyan's

battalion was actually only 423 men strong, but was reported to number 800 in order to trick the Japanese.

- Will appeal to Chinese readers already familiar with the story as well as westerners learning about the battle for the first time.
- From the acclaimed author of other military history titles such as *The Blind Strategist: John Boyd and the American Art of War* and *False Flags: Disguised German Raiders of World War II*.

**STEPHEN ROBINSON** studied Asian history and politics at the University of Western Sydney, has graduated from Australian Command and Staff College, worked as an officer in the Australian Army Reserve and has served as an instructor at the Royal Military College.

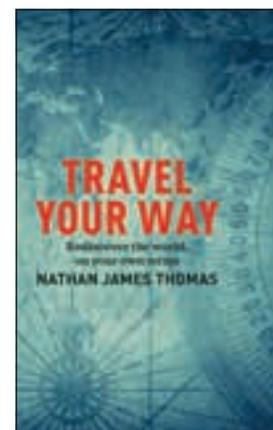


**APRIL 2022**  
9781922539113  
£12.99 | \$22.99 US | \$29.99 CAN  
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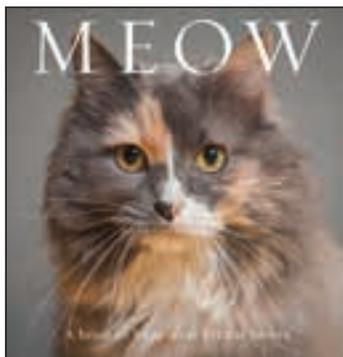


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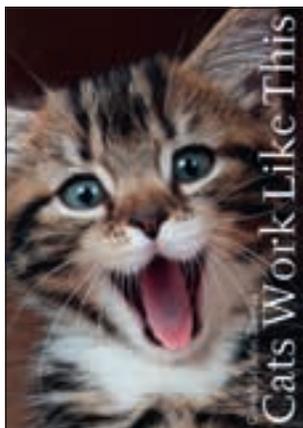
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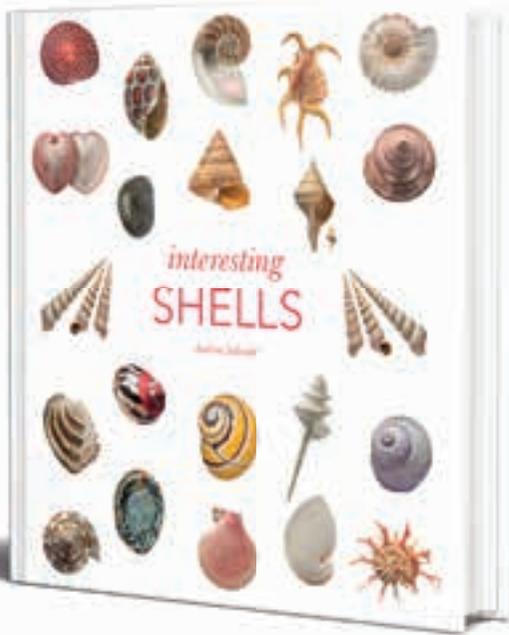
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**ANDREIA SALVADOR** is senior curator of Marine Mollusca at the Natural History Museum, London. She is responsible for the curation of the Museum's marine gastropods collections, which is one of the largest resources of its kind in the world. Her research interests also include the history of collecting, voyages and expeditions in malacology, mostly from the 18th and 19th centuries.



### Sunburst star turban

*Strombus arborvitae*

The sunburst star turban was one of the most attractive shells brought to Europe by the officers and crew who sailed around the world with Captain Cook. They were the first Europeans to see these shells when they landed in New Zealand during Cook's voyages to the South Sea. James Cook (1728-1779) was a British explorer and captain at the first voyage. In 1769 he was commissioned to complete a scientific voyage to the Pacific Ocean. From 1769-1771 he led his first voyage to the South Sea and in 1771-1775 Cook's second voyage (1771-1775) took him to Australia and many Pacific islands and his third and last, in 1776, led to the exploration of the Arctic coast and discovery of the Franklin Islands.

**Publication**  
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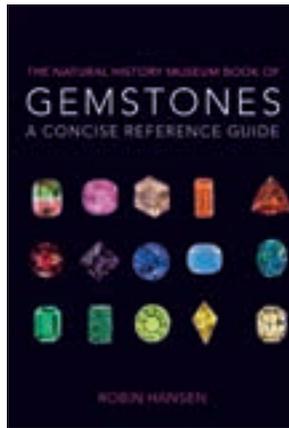


### Marbled cone

*Conus marmoratus*

One hundred years before being described by Carl Linnaeus, the marbled cone was already known, when it was etched by the famous Dutch painter Rembrandt van Rijn (1606-1689) in 1652 in his work. The artist, however, had a small natural history collection, including the marbled cone shell, representing it in size matching the shape and pattern of the shell. However the shell appears in reverse in the print, showing it as left-handed or sinistral. Small shells of this kind, seen from below, always curl in a clockwise direction. The shell depicted by the brandt, in the print, displays an oblique base line, which does not occur in nature.

**Publication**  
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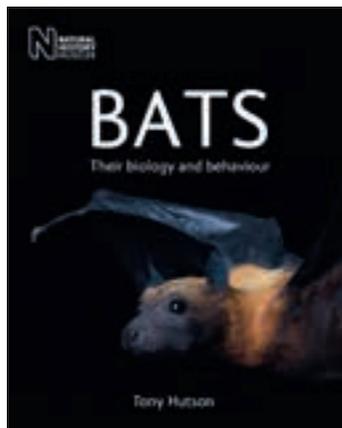
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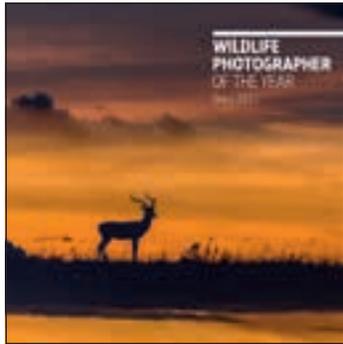
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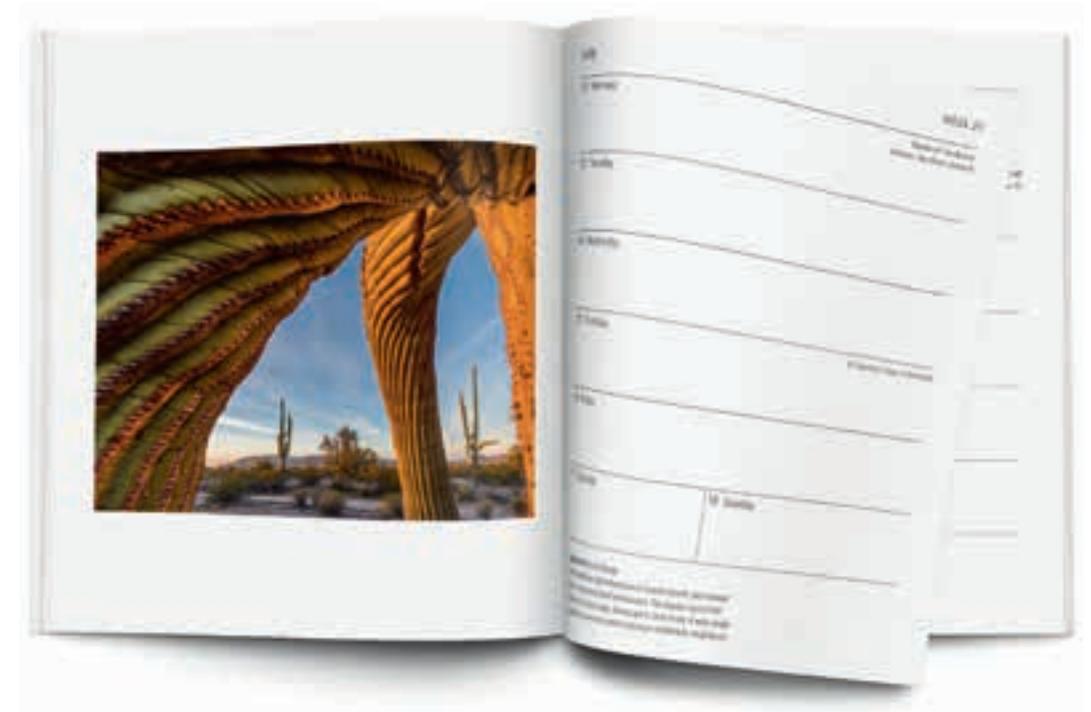
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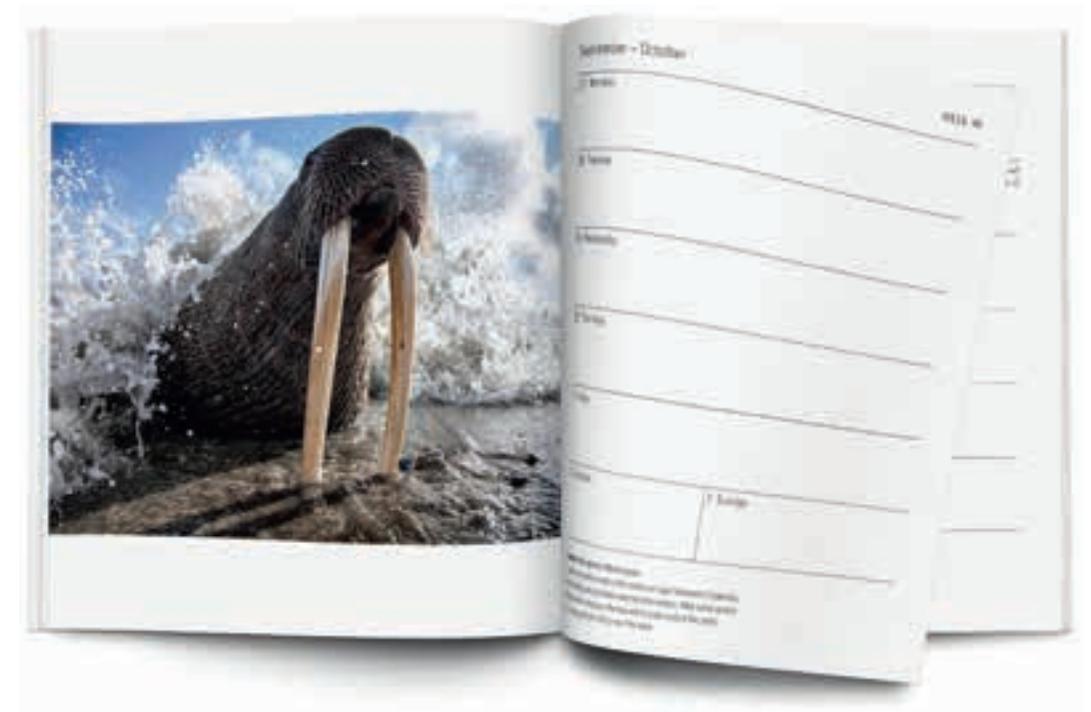
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# Notes

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